15th Anniversary Issue

Once in a LIFETIME

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Student Life
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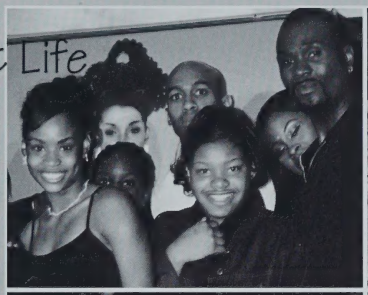

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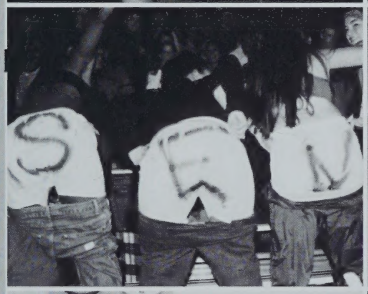

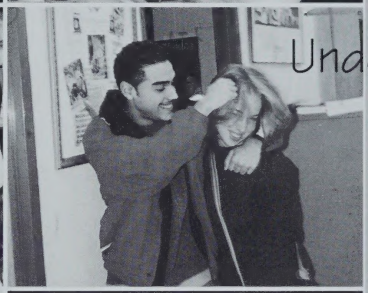

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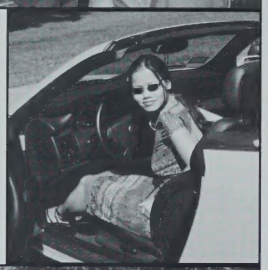
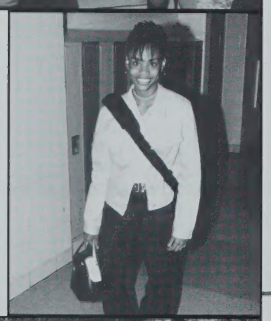




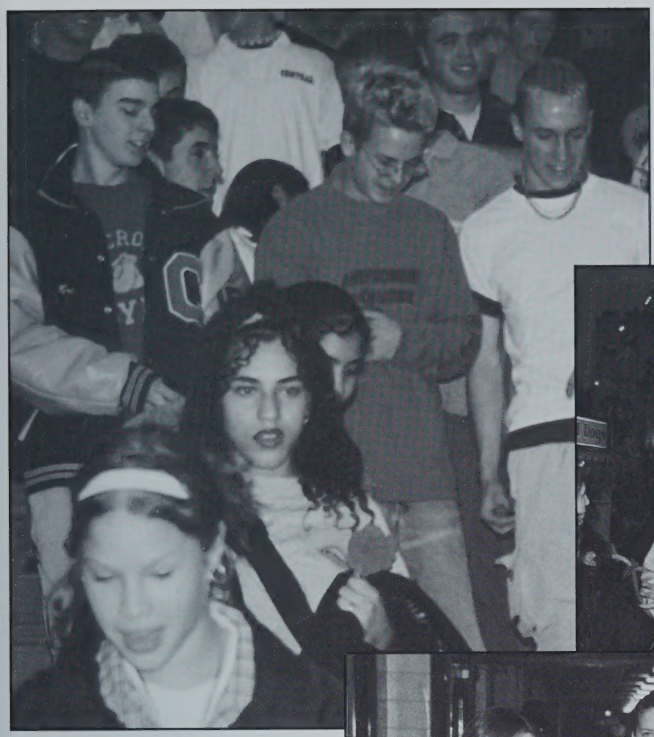
LETTER *from the* Editor

Once in a Lifetime

It is always said that a picture is worth a thousand words. The pictures that were inscribed in our minds from our high school experiences couldn't be expressed by words, only by the smiles and tears they brought to our eyes. At different points in our young adult lives we were perceived differently than at other times. Each point in our lives forever shaped our memory and our minds. Those experiences forever reflected who we had become and forever would be. Whether it were watching Destiny's Child and Mandy Moore at the Big E, selling 15,000 roses for Cystic Fibrosis with the Key Club, or performing in Shakepeare's *A Comedy of Errors*, our moment to shine was forever frozen in time. We only had one lifetime, and we made the most of it.

Editor in Chief,

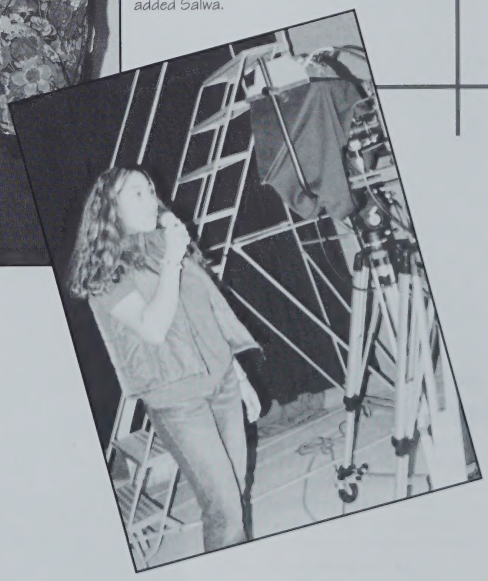
Anna Baboval



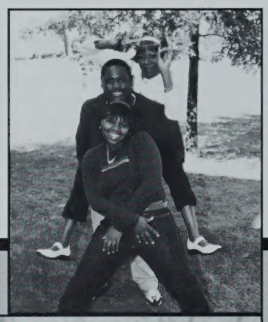
Left: Spirited Fans- During the fall pep rally, seniors Brian Ward, John Pinsonnault, and Brian Moran put their hands together for all of their favorite athletes. "I enjoyed the cheers I received when it was my turn in the pep rally, so afterwards I tried to show my support for all the teams by cheering for them," said Brian. The pep rally was a great way for students to entertain themselves and show, their school spirit at the same time.
Below: Big Fun at the Big E! Students attended the Big E for a variety of reasons, but whatever the reason, they all enjoyed themselves. "The Big E is fun! It's a place where you can meet up with old friends. I love the food and I really enjoy playing the games and going on the rides," said senior Vanessa Aviles.

Right: Over the Limit- The overcrowding of both classrooms and hallways was a consistent problem for students such as Wendy Kelliher and Angela Scarfe. "It is stressful to walk through the hallways, and dangerous on the stairs," stated senior Angela Scarfe. **Below: Candid Camera-** While on vacation in New York City, seniors Susie Ruff and Nina Vanderidan take the time to snap a few photos. "We went to New York to celebrate my 17th birthday, so I wanted to take a lot of pictures that I could save as mementos from the trip," explained Susie.

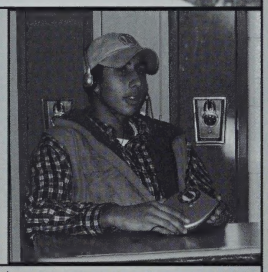
Below: On Camera- After her appearance on MTV's Total Request Live (TRL), Salwa Abdoo takes an interview in the TV studio. "I was really lucky to get on, I was just walking by and I got picked to go inside," said Salwa. In addition to being on national television, Salwa was also able to come in close contact with some of the music industry's biggest stars. "I was excited to see Carson Daly, and also Eminem appeared on the show that day," added Salwa.



Tommy Girl- Fashion many times consisted of brandnames and sometimes students made their own clothes. Ayana Downes, Jonathan Jamison, and Shakeyva Wilson chill outside displaying their fashion sense. "I like dressing in designer clothes because it gives me a sense of uniqueness," Ayana said. *Photo by The Greniers.*

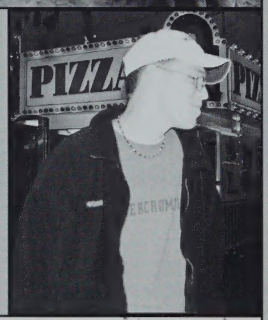


Big Air- Wilson Boone takes off during a trip to the slopes. "I love snowboarding, it's so thrilling. There is nothing like it," Wilson exclaimed. Among his favorite tricks were going off jumps, and sliding down railings. *Photo given by Wilson Boone.*

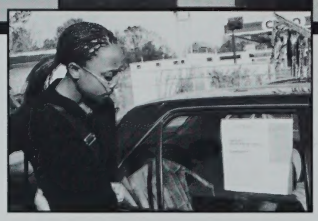


Jam Session- Phil Platt relaxes as he listens to his discman, " I listen to all types of music. I especially like Punk bands like MXPX and MOFX, " said Phil. Some people listened to music more than others, " I listen to music the entire time I am home. I sit in my room and listen while I do everything," said Phil. *Photo by Nina Vanderlinden.*

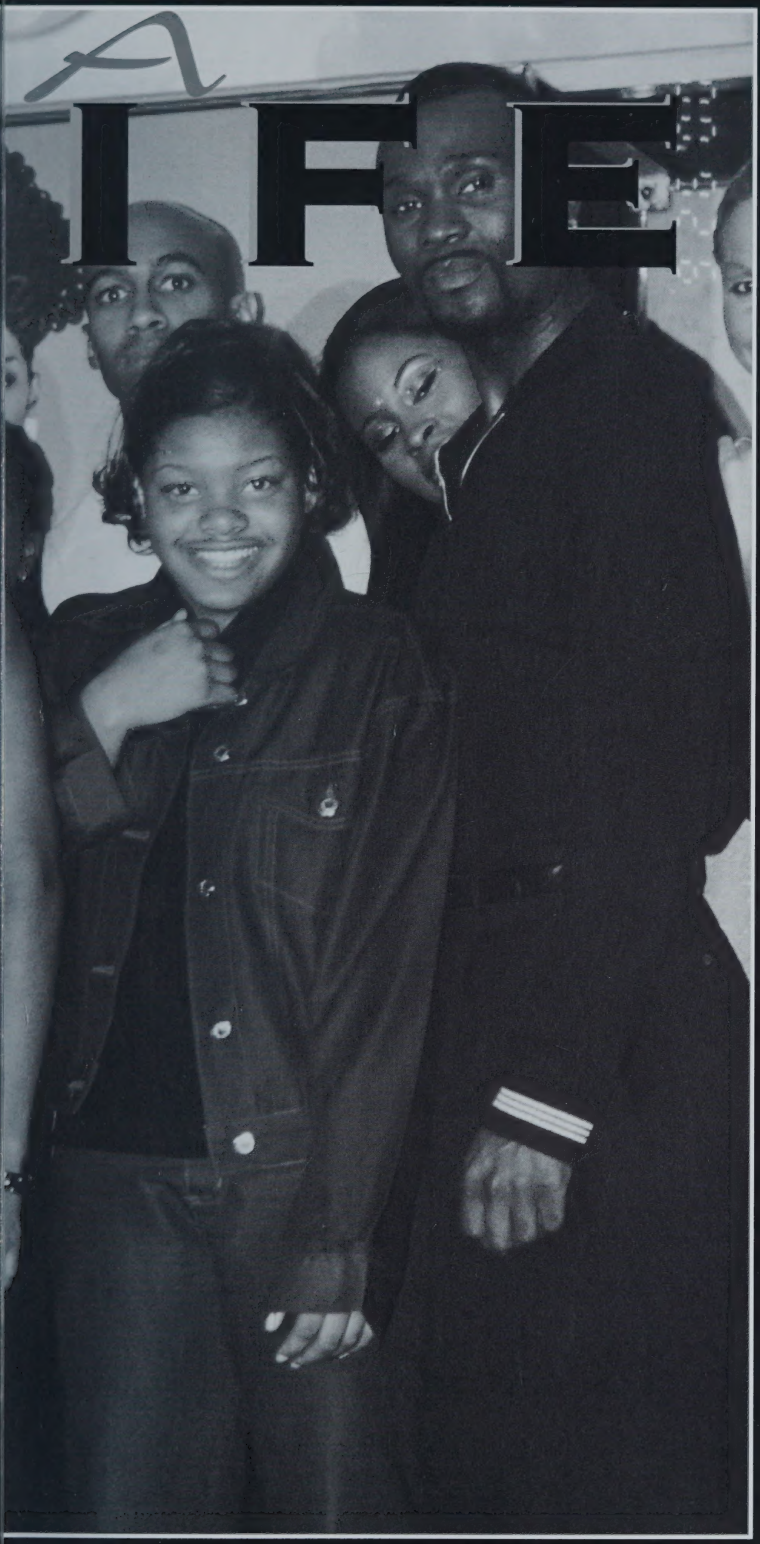
Leaning Tower of Pisa- A day trip to the Misquamicut Beach was the perfect thing to set the mood for the following summer vacation. Members of the Key Club and their friends enjoyed a day away from Springfield, relaxing and exploring the area. Front- Elizabeth Ouimette. Second Row- Johannah McCarthy, Nora Clark, Shannon McKellick, Elizabeth Roy, Kate Kogut. Back- Dan Montagna, Max Benjamin, Andrew Mankus, Mario Manzi, James Hutchinson, Alex Dobecki. *Photo given by Rachel Radner.*



Stress Reliever- Judd Allen enjoys his night out at the Big E. "The best part was hanging out with my girlfriend, friends- and the food!" he explained. Students enjoyed many activities such as these outside of school and found them to be greatly needed relief from everyday stress. *Photo by Nina Vanderlinden.*



Decisions, Decisions- Searching for a new car was on the minds of many students during school. Karina Cole thinks ahead by researching cars before hand. "Driving gives people a lot of independence because it helps not having to wait around for people." *Photo by Nina Vanderlinden.*



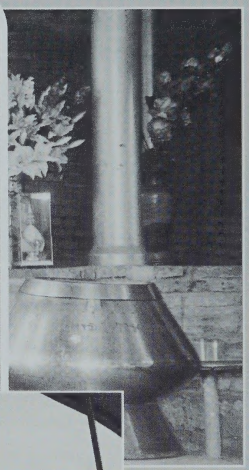
Nagilia Greaves and Michelle Hall

Student Life

When all was said and done, and the year had come to an end, students remembered what it was to be a high school student. It wasn't only their grades, but it was more how they lived. Students broke from the group and showed their individuality through fashion and music. They pushed the envelope, experiencing thrilling adventures in extreme sports. The memories of vacations and times in the city stuck with us for life. High school was more about living and experiencing things than sitting in a classroom. These are what shaped and effected us. High school was a once in a lifetime experience, and we made the most of it.

Student Life Editor
Susie Ruff

Maxin' and Relaxin' in



Above- Khanitta Tongpune travels to Thailand to see many beautiful tourist attractions. "Being in Thailand was a very memorable experience and I had the best time of my life. I saw so many incredible places; places I never thought I'd get to see in my lifetime. It was great and I hope to return," she remarked.

Right- While in North Carolina, Jen Balicki practices her driving skills. "It was my third time going to North Carolina, and everytime I seem to have more fun. I liked driving my uncle's boat, however it is nothing like driving a car," Jen commented. She also liked going to the zoo and all of the different malls.

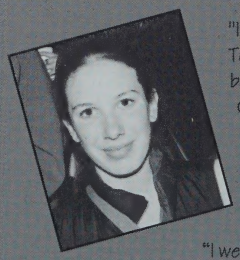
Photos given by Khanitta Tongpune and Jen Ballicki.

KhanittaTongpune

Sarah Klenakis

While on a cruise to Bermuda, senior Sarah Klenakis enjoys the local delicases. She commented, "Bermuda was so beautiful and completely different from the United States. It was so colorful and lively. I would go back in a minute." Many students went to exotic places while vacationing to get a sense of something totally different then the normal. Activities included snorkeling, hikes, and mopeds. *Photo given by Sarah Klenakis.*

WHAT'S YOUR TAKE ON... *Vacation?*



"It was really exciting to go to Toronto on vacation, especially because I got to meet Nomar Garciaparra, a baseball player for the Boston Red Sox."

Marianna Biela

"I went camping this summer. I had a lot of fun hanging around and relaxing. It gave me a chance to appreciate nature."

Miquel Turner

The Sun

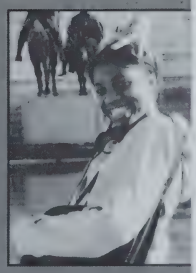
One thing students would always remember about their childhood and their time in high school were the fun experiences that came with the breaks that helped them relax from hectic school days.

Far Right- Senior Andrea Ronghi is delighted by the splashes of the waterfall behind her while on a four day tour on a visit with her family to Vietnam. "The waterfalls were gorgeous. One waterfall we visited was said to have been the passage way angels took to travel from Earth to heaven." Andrea and her family stayed in Vietnam for five and a half weeks during the summer to visit her grandmother. "I really enjoyed seeing the different areas and experiencing life there." While on a day trip to the countryside, Andrea cuddles with a duck. "I wish we had stayed longer, so we could travel to even more cities." Andrea stayed in Saigon, but also enjoyed the sights at Da Lat. Andrea would always remember her visit but admits she was a bit homesick. "Going to Da Lat was my favorite part because it reminded me of a big city and when we went to a techno-club, they played American music."

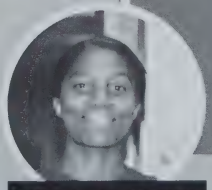
Right- While enjoying the trip in Costa del Sol, Spain, senior Nancy Dixon and junior Greta Torres have a picnic on the beach. "After the picnic I went shopping with my friends. That was the best time I had on the trip," said Greta Torres. Nancy Dixon added, "My favorite part of the trip was exploring the country with my friends and all of the people I met from Spain, Argentina, New Jersey, and New York." *Photos given by Elisabeth Budd and Andrea Ronghi.*

Andrea Ronghi

Above- While in Lake George, New York Katie Favreau and Alecia Supranat hang with the locals. "It's important to go on vacation with parents because they have the money, yet it is more fun to spend quality time with close friends in a different surrounding," said Katie Favreau. **Left-** Senior, Shauna Wilson stands by the statue of a much loved local hero of Jamaica, Bob Marley. "I enjoyed being in Jamiaica with family and my mom's childhood friends. I miss the food and weather. I wanted a picture with the statue because I thought it would be funny," Shauna remarked. *Photos given by Katie Favreau and Shauna Wilson.*



While on a school trip to Spain, junior Elisabeth Budd finds time to pose in front of a scenic monument in Madrid. "I am really glad I went on this trip because it has given me the oppurtunity to see things most people will never see and I had fun while doing it" said Elisabeth. Students appreciated the historical landmarks as well as having had the chance to experience another culture. *Photo given by Elisabeth Budd.*

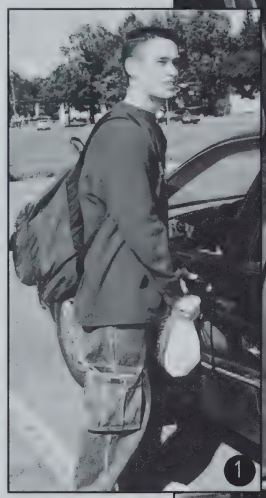


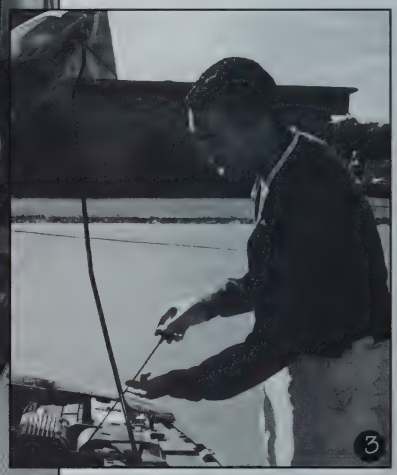
Elisabeth Budd

The Open Road

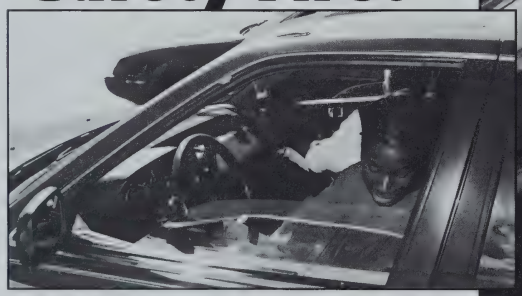
Although driving was not a necessity, it proved to be one of the most sought after luxuries for students.

1. While getting ready to leave school for the day, Joe Kenney opens his door to leave for the weekend. "I like having my own car because I don't have to wait around for the bus. I can also get a headstart on things because I get home quicker," he remarked. **2.**Taking a well needed break for gas, Jackie Tourigny waits while she pumps. "Gas does get very expensive, I drive a lot of my friends around so all of the driving leads up to a lot of money. Some of my friends do help out with the cost," she said. The price of gas did not help the increasing cost of driving for students. **3.** For some, checking the oil was a slight disadvantage of having a car. Hector Zavala expressed, "It's a messy job, but somebody's got to do it." Keeping the engine clean kept the car and the owner happy. **4.** While seeing the damage done to her car, Caitlin Reilly shakes her head in disbelief."I want everyone to know that I didn't do this! My brother backed into a pole before leaving for college!" she exclaimed. *Photos by Nina Vanderlinden.*





Safety First



Above- Thinking about his own life, and the life of others, Rory Hextall buckles up before leaving the parking lot. "I like to drive because it gives me independence and gets me away from my problems. I wear seatbelts all the time because it makes me feel secure," he remarked. **Right-** Before getting out of her car, Frances Rabbitt locks her club into place. "I've used a club since our car got stolen, because when it got stolen, we weren't prepared,"Frances stated. Students soon learned the importance of keeping not only themselves safe, but others students and their cars as well.*Photos by Nina Vanderlinden.*

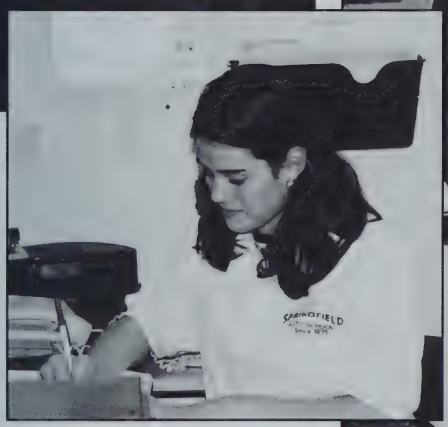
Miss Fix It

After school, junior Elizabeth Roy bends down to check her tire for any possible leaks. By checking tires and maintaining their cars, students made sure that they were safe when driving. Although tasks such as changing oil, and getting cars inspected seemed to be nuisances, they did protect students from possible danger. *Photo by Nina Vanderlinden.*

A Money Pit?

Cars seemed to be one of the most expensive luxuries a students could have had. These were the top ten car expenses:

Cost	Percentage	Average Price
1. Purchasing the car	28%	$3000
2. Insurance	24%	$1500
3. Gas	14%	$1.74/gallon
4. Stereo system	10%	$200
5. Exterior decorating	5%	$150
6. Unexpected repair	5%	ranges
7. Tickets	4%	$10-$50
8. Minor accident repairs	4%	ranges
9. Tires	4%	$150 per tire
10. Interior decorating	2%	$25

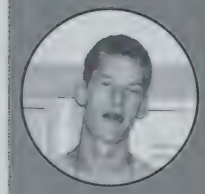


Far Right- Driving with the top down is Lien Nguyen's favorite way of showing off her wheels. "I love riding with the wind blowing through my hair. It's so exhilarating." Lien's car exemplified her great sense of style, it also made many students jealous. **Right-** Driving school was not fun for most, but for people like Tammy McNabb it was real work. As a secretary for Springfield Auto School, Tammy filed papers and dealt with customers, but also managed to dream of driving her own car. "The work is so boring but each day brings me closer to driving," Tammy explained. With the driving laws as they were it was required of students under the age of eighteen to attend driving school. Another law stated that students who held their license for six months could only drive with immediate family members. Once six months passed the only restriction left was a curfew until midnight of students under eighteen. *Photos by Nina Vanderlinden.*

MUSIC TO MY EARS

Students used music to express themselves, destress, have fun with friends, and also as a hobby in school and out of school.

You said it...



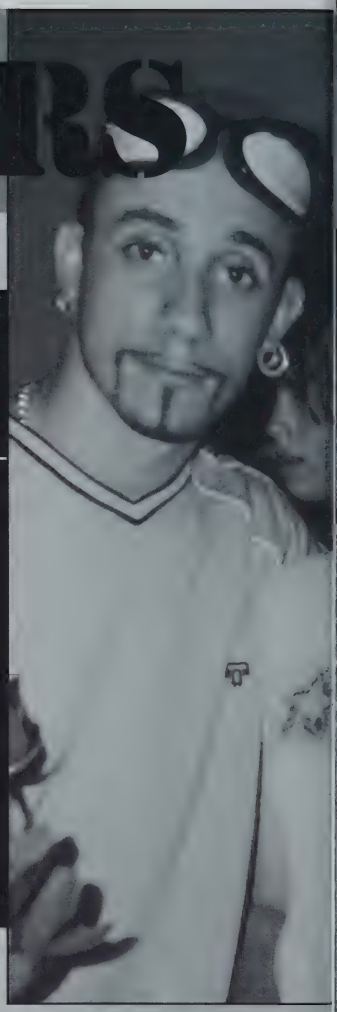
"The Up In Smoke Tour was great. It was cool to spend time with my brother. We both really like Eminem and Dr. Dre." Senior, Jason LaRose

"I got free tickets to Britney Spears from a family friend. The coolest part of the concert was when my friend and I were chosen to go on stage and make fools of ourselves in front of the whole audience.It was for a contest. I had to act like a chicken, but I lost." Junior, Katelyn Bushey

"We waited all day at the Big E for Destiny's Child to perform. I love them so I guess it was worth the wait. But the best part of the show were the dancers that performed while Destiny's Child changed. For a free concert, it was great, I'd go again." Senior, Valencia Swittenburg

Boy Band Craze

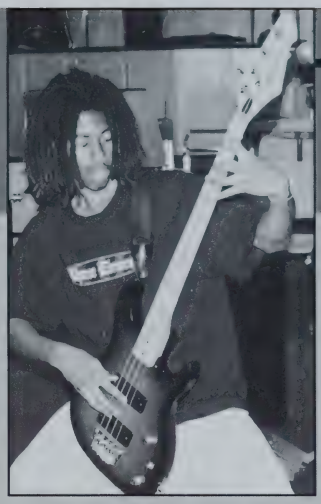
When having the chance to eat dinner with the Backstreet Boys, Katie Brisette feels that she liked it that way. "My friend's mother was their manager, so we got to eat dinner and spend the day with them. It was a lot of fun. I really like the Backstreet Boys, and it was a chance of a lifetime," she remarked. It felt larger than life to spend the day and eat dinner with the Backstreet Boys. *Photo given by Jaime Erickeberg.*



On Broadway

While on Broadway street, senior Julie Mathis dances and gets her groove on. "It was really cool to see a book I read turn into a musical production. The talent was amazing, I really enjoyed it and hope to return someday." expressed Julie. Julie and the other students who went on the trip had an excellent time watching this unforgettable production. English classes spent the day in New York seeing *Jekyll and Hyde, as* a reward for reading the book. *Photo given by Julie Mathis.*

While jamming to tunes, Melissa Petit, Amy Levesque, Alicia Supranaut and Heather Sherman sing and record their own tape at the Big E. *Photo given by Jerald Rosemond.*



Soul Men

Left- Senior Geoff Ford, chooses to spend one block of his schedule practicing his base guitar. "I've been playing bass for three years and I felt taking a music class would give me a good opportunity to improve on my ability. I also perform at some of the school talent shows with my friends." Geoff's commitment to practicing is what made him such a proficient musician. **Below-** Junior Zeke Meginsky shows off his talent while practicing for band. "Drums have always been my favorite instrument. I like to be the one who keeps the beat," said Zeke. Zeke has been playing drums for many years, and wished to continue for years to come. *Photos by Nina Vanderlinden.*

Em-TV Madness

While going to see a Broadway show, Salwa Abdoo got the chance to talk to Carson Daly and Eminem. "I got the chance to ask Carson Daly a question but when I asked, Eminem was a real jerk and made fun of my question. I was really excited before though, I was jumping up and down screaming, but I was disappointed that it wasn't even live and that Eminem was so rude to me." Although there were some disappointments, overall Salwa had a memorable experience. Photos by *Nina Vanderlinden.*

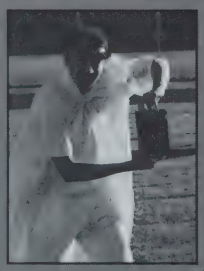
All day long, seniors Miquel Turner and Kara Nelson jam to the music of twenty different bands at OzzFest. "The high point of the concert was when Godsmack came on. They had the biggest crowd at the concert. It was such a rush," commented Miquel. After the show Miquel and Kara got to avoid the traffic by renting a limo with a bunch of friends to go to and from the show. *Photo given by Kara Nelson.*

A Night Out On

Left- After a tiring evening of touring the town, Nina Vanderlinden relaxes and decides what she wants for dinner. "I was so tired from my evening that all I wanted to do was sit down and eat until I could eat no more." Nina later went on to say that she had an awesome time taking in the sights of Springfield and she was thoroughly satisified with her meal choice. Many students found that the city had a lot to offer to those who were looking for fun in the nightlife. **Below-** While hanging out at the Big E on Springfield Day, Shane Close gets some food to end his hunger. "I really liked going to the Big E. I was able to see all of my old friends and just act crazy!" Many students enjoyed the different foods and booths that the Big E had to offer. *Photos by Nina Vanderlinden.*

Shane Close

Holy Cow - *A Special Award*



Brian Ward received the award for most Eagle Burgers consumed in a high school career. "Since freshman year I have eaten an Eagle Burger every day of the school year. If I am absent a day, I eat two burgers the next day," Brian commented. *Photo by Nina Vanderlinden.*

Brian Ward

Above- Living in the city provided students with a unique opportunity to participate in many downtown activities. Seniors Becky Carrasquillo and Alicia Green make it happen on the dance floor at a club downtown. "The biggest reason why I go clubbing is to enjoy myself with my friends and to relieve the stress of going to high school," said Becky. **Right-** Kevin Duquette poses with Vinny Delvalle, who is all dressed up for Halloween, " I thought dressing up as a girl would be funny and it was just something that came into my head the night before." *Photos by Nina Vanderlinden.*

The Town

If there was one thing that students looked forward to, it was the weekends. This is when they could have good times out and about on the town with their friends.

Amber Swittenburg

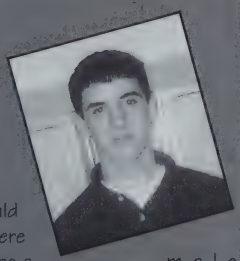
At Massacusetts Career Development Center Institute, UConn basketball player, Kevin Freeman visits with Amber Swittenburg. He talked to Amber and others about the importance of going to college and getting a job. "It was nice having Kevin come talk to us because not a lot of people enjoy speaking to teenagers," Amber remarked. *Photo given by Amber Swittenburg.*

Above- While partying out with her friends, Sarah Klenakis takes some time to enjoy her meal. "One thing about high school that will always stick out in my mind is the good times with my friends. The movies, the meals, the jokes. They will always be remembered." High school proved to be an essential part of every students' life. It was a time to meet life long friends and create everlasting memories. **Left-** Kathryn Rousseau playfully tries on a hat in a shop at Six Flags. "My friends and I were goofing around in the store, and one of my friends wanted a funny picture of me, so I put on the hat, " said Kathryn. Six Flags proved to be a popular hangout for many. *Photo by Nina Vanderlinden and given by Kathryn Rousseau.*

Sarah Klenakis

WHAT'S YOUR TAKE ON... *City Life?*

"I would like to have a skate park because there is nowhere to bike or skate around here without getting in trouble."
Chris Roberts



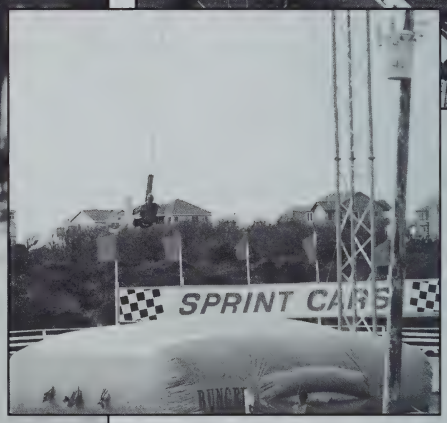
"I would like there to be a male strip club because there are lots of places for guys to have fun. I think that is unfair and that, girls should be able to have fun too."
Yara Gonzalez

The Thrill Factor

What has been your most thrilling experience?

1. Roller Coasters 32%
2. Snowboarding Stunts 14%
3. White Water Rafting 12%
4. Scary Movies 11%
5. The Hellevator 7%
6. Biking Stunts 6%
7. Bungie Jumping 6%
8. Skateboarding Stunts 5%
9. Rollerblading Stunts 4%
10. Mountain Biking 3%

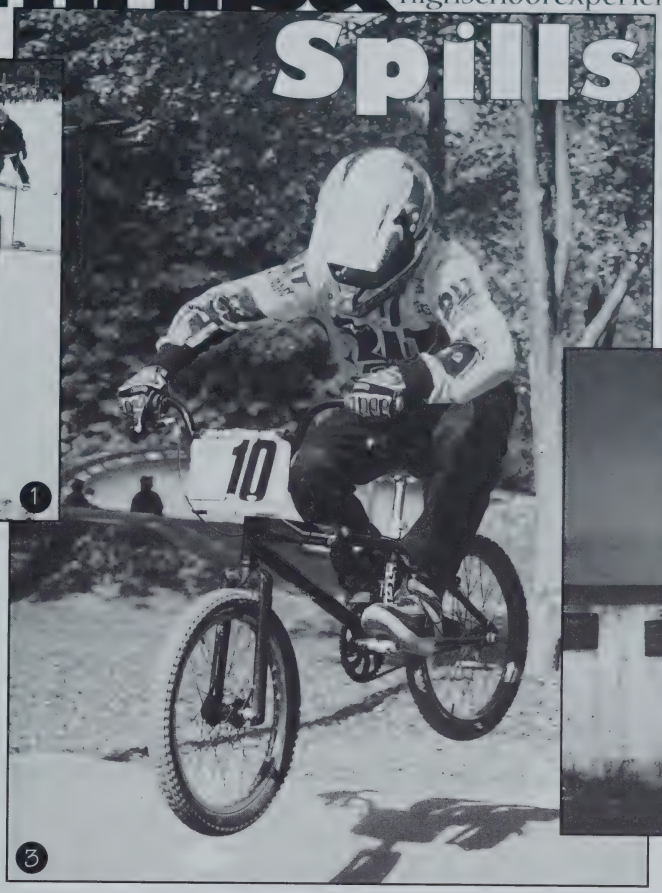
Paul Delude shows some of his skill while perfoming a frame stand. To be able to perform these difficult tricks took lots of talent was required. Paul was very proud of his biking skills and when asked about biking he said, " I have been riding for a very long time and it has been difficult to learn all of the tricks I know, there are still many more tricks that I haven't mastered yet either." *Photo by Nina Vanderlinden.*



Far Left- While flying a slope, Wilson Boone concentrates on his form. Although perfecting a jump was difficult, it was nothing that a little hard work and determination couldn't do. "I love snowboarding so much. I've been boarding for years and every year gets better. I recommend it to anyone who is in search of a good workout and a lot of fun. I must warn those looking to start, the first time out is always painful," Wilson stated. **Left-** Risks and thrills are not a big deal to Mike Scibelli, who always seemed to find something new to experience during his vacations to the Outerbanks. He flys through the air with nothing else to keep him up but one rope. "Bungee jumping was pretty fun, although it was harder than I thought it would be to push off. The first drop was a big rush, I could really fell the andrenaline and it really was a big natural high," Mike remarked. *Photos given by Mike Scibelli and Wilson Boone .*

Thrills & Spills

The risks that students took added to their highschool experience giving them a once in a lifetime experience.



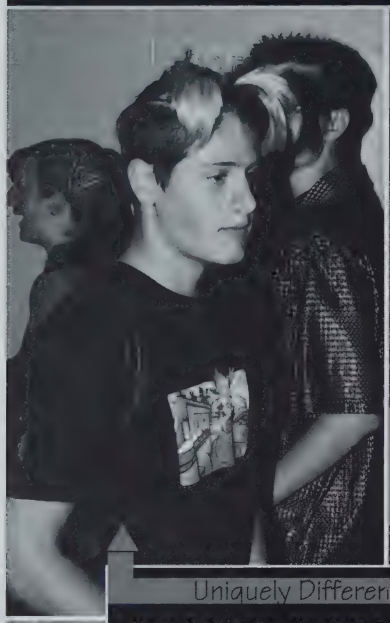
1. Kyle Draper and friends suit up for a day of excitement at the slope. **2.** After managing to exit his tube, Stephen Ruff smiles with a sense of accomplishment. "My uncle took me out on his boat to tube. He purposely went around the curves to try to make me fall off. It was pretty thrilling when I hit waves from other boats," he remarked. **3.** Being the best was not always easy for John Pinsonnault but being ranked number 10 in the country for BMXing certainly had its benefits. "I started BMXing when I was around eight or nine. I basically started racing when my brother began. I like to have fun riding with my friends, but I dislike getting hurt. You always have to take the good with the bad." **4.** Dave Stevenson takes the short yet difficult way off a ledge while riding his bike. "I like biking because of the thrill of doing something that some people may feel is crazy." *Photos given by Kyle Draper ,Stephen Ruff, John Pinsonnault, and Dave Stevenson.*

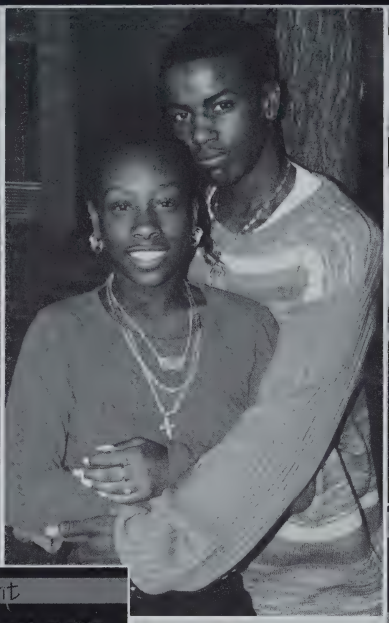
Risky Business

Above- Tim Carey gets an up close and personal view of Senior Brian Moran's tire. Brian biked for a very long time and when he was asked why he enjoyed it so much he said, "Biking has been a part of my life since I was a little kid, I used to go biking with my dad all the time and it has become one of my favorite activities." **Left-** Snowboarding took a lot more skill than it appeared. Not just anyone can strap a board to their feet and go down a mountain. To be able to snowboard students needed lots of practice. Aaron Posner remarks, "I have been practicing for years and it's still difficult to go down a run perfectly. It really takes a lot of concentration." *Photo by Nina Vanderlinden and photo given by Aaron Posner.*

Who, What, When, Wear?

Though there were many important parts of a student's life, it was proved that fashion was a large part of it.





Uniquely Different

Above Left- Danny Gibbs. **Above Right-** Tyron Austin, Tylia Grant. **Below-** James Carrol, Jeff Constantinos, Andrew Wurst, Lisa Pizaurka. *Photos by The Greniers and A.B.*

In Style

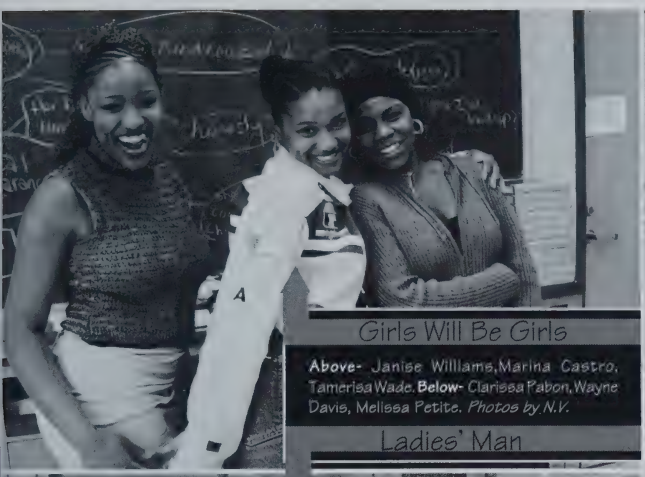
Above- Shakeyva Wilson, Ayana Downes. **Below-** Geoff Ford, Brandon Henry, Salwa Abdoo, Jackie Roberts, Lien Nguyen, Valencia Swittenburg, Kira Ashline, Lenny Underwood. *Photos by The Greniers and N.V.*

Fashion Line-Up

Casually Cool

Fashion Trends

1. Capris
2. 3/4 length sleeve shirts
3. Tie-in-back tank tops
4. Leather pants
5. Messenger Bags
6. Hoodies
7. Animal Prints
8. Flip Flops
9. Trooper pants
10. Bandanas



Girls Will Be Girls

Above- Janise Williams, Marina Castro, Tamerisa Wade. **Below-** Clarissa Pabon, Wayne Davis, Melissa Petite. *Photos by N.V.*

Ladies' Man

Stylin'

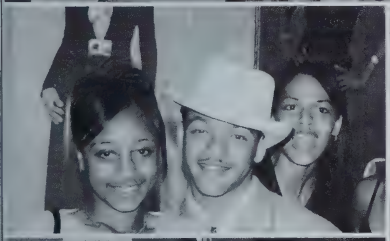
Above- Haniel Cotto, Rob Demarco, Huang Vo. **Below-** Steven Miller, Katherine Scott. *Photos by the Greniers.*

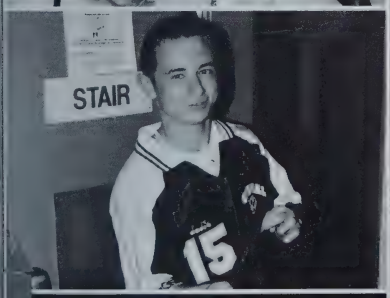
Tres Chic

An Outfit Made of Duct tape?

Left- Elisabeth Budd, Nagilla Greeves. **Right-** Jaqueline Taylor, John Rueli. *Photos by N.V. and Anna Baboval.*

A Formal Affair





The Mad Hatter

Top- Karina Cole, Lonnie Hall. **Above-** Mark Palentino. *Photos by The Greniers and Nina Vanderlinden.*

Soccer Magic

Ballots Ballots Ballots Ballots Part 1

1. Best Dressed

2. Most Popular

3. Most Attractive

4. Class Athlete

5. Nicest Smile

What's in a Name? • *All Photos by Nina Vanderlinden*•

1.Best Dressed- Lien Nguyen and Tim Oyler. *Runner's Up-* Cammie Griffen, Susie Ruff and James Carroll.

2.Most Popular- Alicia Green and James Carroll. *Runner's Up-* Miquel Turner and Jeff Constantinos.

3.Most Attractive- Andrea Ronghi, Nicola Edwards and Tyrone Sanders. *Runner's Up-* Chastelyn Rodriguez and Chris Unglaub.

4.Class Athlete- Christina Huff and Don Jones. *Runner's Up-* Shannon McKellick and Mike McCarthy.

5.Nicest Smile- Nagilia Greeves and Tyrone Sanders. *Runner's Up-* Sparkle Welch and Brandon Watson.

6.Class Couple- Brenda Solivan and James Carroll. *Runner's Up-* LaToya Monroe and Jamal Holmes.

7.Nicest Eyes- Vanessa Martinez and Haniel Cotto *Runner's Up-* Nina Vanderlinden and Tanner Glantz.

8.Best Friends- Nichole Craddock, Ahriel Burstron and Craig Washington, Kyle Suttles. *Runner's Up-* Jen Torres, Christina Huff and Hoang Vo, Rob DeMarco.

9.Most Sophisticated- Susie Ruff and Lenny Underwood. *Runner's Up-* Shalonda Edwards and Shawn Hall.

10.Best Physique- Jennifer Sanchez and Don Jones. *Runner's Up-* Tyrena Moore and John Pineonnault.

11.Class Clown- Jen Torres and Adam Turner. *Runner's Up-* Valencia Swittenburg and Markus Johnson.

12.Party King and Queen- Miquel Turner and Jeff Constantinos. *Runner's Up-* Ambert Beal and James Hutchinson.

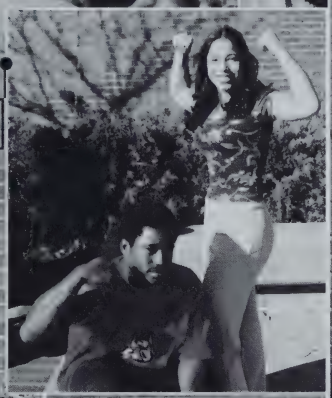
6. Class Couple

7. Nicest Eyes

8. Best Friends

12. Party King and Queen

10. Best Physique



9. Most Sophisticated

1. Class Clown

Once said...

"I feel really good and I didn't expect to win, then everyone said they voted for me."

Alica Green, Most Popular

"I didn't think I would win because I knew there were many more attractive girls in this school."

Andrea Ronghi, Most Attractive

"I try to dress as an individual, not following the crowd. I feel that dressing a certain sophisticated way will get you where you want to go and what you want to pursue in life."

Lenny Underwood, Most Sophisticated

" We have been together for four years. It's good to know there is someone there for you. We share everything because we are also best friends."

Brenda Solivan and James Carroll, Class Couple

"I lift weights everyday to get the way I am. I really like to maintain my body."

Don Jones, Best Physique

"I'm honored to be Best Dressed because I'm glad people like my style."

Lien Nguyen, Best Dressed

1. Class Vocalist

2. Class Artist

3. Class Actor

4. Class Musician

5. Contributed Most To Class

6. Most Spirit

7. Most Unique

What's in a Name?

•All Photos by Nina Vanderlinden•

1.Class Vocalist- Chastelyn Rodriguez and Brian Bailey. *Runner's Up-* Sarah Kleriakis and Aaron Abdelmaseh. **2.Class Artist-** Yaniz Figueroa and Sarath Ton. *Runner's Up-* Julie Mathis and Aaron Abdelmaseh. **3.Class Actor-** Valencia Swittenburg and Aaron Abdelmaseh. *Runner's Up-* Shauna Wilson and Tremaine Blackshear. **4.Class Musician-** Stacey Mimoso and John Rueli. *Runner's Up-* Julie Simon and Markus Johnson. **5.Contributed Most To Class-** Alicia Wallace and William Pearson. *Runner's Up-Alicia Green and Tanner Glantz.* **6.Most School Spirit-** Nagilia Greaves and Marco Maggi. *Runner's Up-* Alicia Green and Tanner Glantz. **7.Most Unique-** Jackie Taylor and Felix Matos. *Runner's Up-* Lien Nguyen and James Hutchinson. **8.Most Intelligent-** Frances Rabbitt and Aaron Abdelmaseh. *Runner's Up-* Lacey Kachanowicz and Mike McCarthy. **9.Most Likely To Succeed-** Sheron Colgram and Mike McCarthy. *Runner's Up-* Frances Rabbitt and Aaron Abdelmaseh. **10.Best Personalilty-** Indera Daniele, Brian O'Conner and James Hutchinson. *Runner's Up-* Miquel Turner and Hector Zavala. **11.Class Gossip-** Erolique Lord, Brandon Watson. *Runner's Up-* Maureen Midgall and Tanner Glantz. **12.Class Flirt-** Tamika Borders and Brandon Watson. *Runner's Up-* Hilda Rivera and Adam Turner.

Ballots Ballots Ballots Ballots

Part 2

8. Most Intelligent

9. Most Likely To Succeed

10. Best Personality

11. Class Gossip

12. Class Flirt

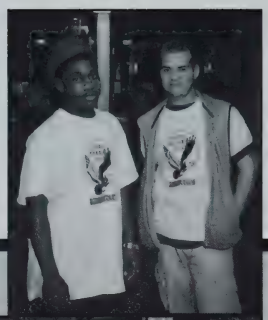
Once said...

"I have been playing for eight years and I love it! This one time at band camp..."
Stacey Mimoso, Class Musician

"I don't mean to be a flirt. It's just being friendly."
Tamika Borders, Class Flirt

Runner Up Group Photo- Front Row- James Carroll, Brandon Watson, Shalonda Edwards. **Row 2-** Markus Johnson, Jen Torres, Christina Huff, Julie Mathis. **Row 3-** Nina Vanderlinden, Lien Nguyen, Alicia Green, Maureen Midgall, Cammie GRiffen, Tyrena Moore, Shauna Wilson. **Row 4-** Adam Turner, John Pinsonnault, Mike McCarthy, Chris Unglaub, Miguel Turner, Susie Ruff, Frances Rabbitt. **Back Row-** James Hutchinson, Shannon McKellick, Hector Zavala, Hilda Rivera, Chastelyn Rodriguez, Shawn Hall, Tanner Glantz, Amberr Beal, Sarah Klemakis, Aaron Abdelmasch, Valencia Swittenburg Shira Simon, Sparkle Welch.

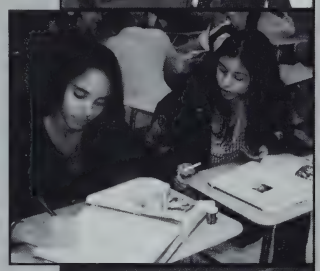
Eagle Honor- After returning from the Renaissance fair, Talon Elmore and Alex Fregeau take a moment to show off their pride in being on the honor roll. "I feel proud of myself, because in modern society there's a lot of distracting. I keep my focus and achieve my goals of being successful in class enough to boost my self-esteem," Talon said.



Stroke of Genius- While many students found electives to be a time to relax, Jon Murray concentrates on his latest work of art. Jon stated, "Art class allows me to express myself in a more profound way." Through his dedication, Jon has found much success in his art classes.

Be All You Can Be-A lot of students were members of ROTC. Students took part in many activities, including making an airplane and marching at the football games. Jonathan Vasquez explained, "I am in a lot of hard classes, but ROTC is my favorite class because it's fun and I like marching in the parades."

Book Smarts- With so many people in the class, Chastelyn Rodriguez and Wendy Rivera found it easier to work in pairs, rather than individually with the teacher. "I dislike the overcrowding because you can't get as much one on one help from the teacher due to all the students in the class," Wendy replied. With so many students, teachers had difficulty assisting them all with their work during class time.



Lights, Camera, Action!- During video production class, junior Larry Archey uses a video camera to tape a show. "I like being in video class because it gives you a chance to learn about many activities that go on around the school when we do stories about them," Larry commented. Larry has been taking this class since freshman year, when first he had to take and pass video introduction.

Never Letting Her Guard Down-During Color Guard practice, Samantha Wescott practices her routine by twirling the flag. "I joined Color Guard because my friend asked me to, but now I like it a lot. It is a lot of fun, and I enjoy being able to catch and twirl the flags," Samantha commented.

IME *aftertime*

Michelle Brown and Sarah Hobalca

Clubs & Classes

At the start of another school year, we had to shift out of our play mode and slip into a mode of study and schoolwork. Regardless of what classes we took, academics were one of the most important things that we were faced with throughout our high school careers. Students were also able to learn outside of the classroom by being a part of the various clubs. The G.I.V.E. Program in its first year was able to help those who were less fortunate. Many other clubs helped raise money for various causes as well. There were different types of clubs and classes that students could be a part of to learn new things and to make new friends. Being involved in these clubs and classes was a good learning experience because we were able to create once in a lifetime memories that would never be forgotten.

Clubs & Classes Editor
Jessica Bobrowski

Bursting at the seams
Overcrowding

Students scramble to get to their final destination in hopes of beating the heavy traffic in the halls.

"Rrriiinnngg," blares, the signal that causes all 1800 students to scramble into the halls. Shoving, pushing, and elbowing were just a few of the activities involved in the frantic rush to get to class or lunch on time. Tom Hallock was one of the 540 new freshmen and he said, "I feel so congested with so many people around, pushing and shoving. It is a big change from the past." Sophomore Candice Brown found the front staircases to be the most challenging part of her daily routine. "There are only four minutes of passing time between classes , but I spend three minutes stopped in the stairways. People are going up and down the wrong way, or are just blocking traffic. It's very frustrated," Candice commented.

Others, such as, Juniors, Nicole Kobjack and Greta Torres, agreed that lunch suffers from overcrowding the most. "Third lunch seems to be overflowing with people. The snack line stretches across the cafeteria, and some people have to eat standing up because they can't find chairs," Nicole commented. Lunches and hallways weren't the only spots on campus that felt the results of the overcrowding. Classroom sizes have also expanded. English teacher, Mrs. Hogan, finds the larger classes very challenging. "Some of my classes are two and a half times larger than last year. It is hard to give the kind of attention students need when the classroom is so full."

Most agreed that the problem was in the classrooms and hallways, but senior Michael Cole, noticed that the parking lot has also experienced a load of people making his commute difficult at times. "The worst is after school, when everyone is in a rush to get home. Cars are stopped and parked with people talking and standing around waiting for rides."

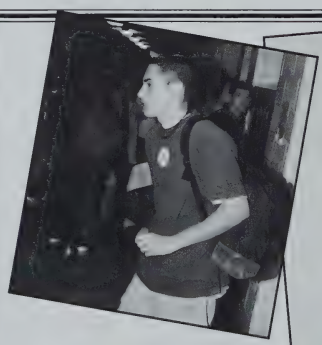
Overcrowding was hard for most to deal with. Many got frustrated with being late for class and lunch. However, one student had something positive to say. Yee Lee Mova commented, "In a school with such a large student body, it was easier to meet new people and make new friends."

- Rachel Radner

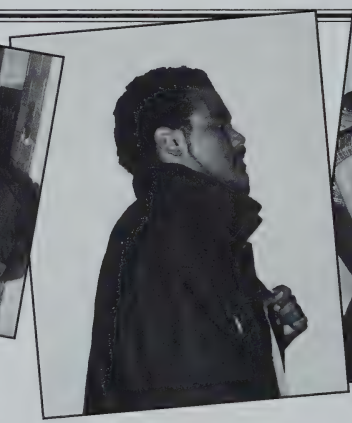
And the survey says...

45%	Cafeteria
40%	Hall
10%	All three
5%	Parking lot

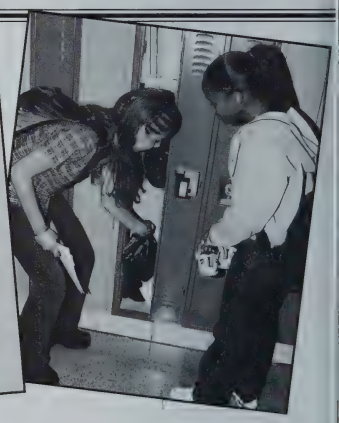
What is affected most as a result of overcrowding?



Hectic hallway- As Joe Bushior leaves class, he enters the extremely crowded hallway. "Four minutes is not enough time to get to a locker or even to talk with your friends before the bell rings," Joe commented. Many students would most likely agree with Joe in regards to the overcrowding in the school.



Eat and run-Lunch time seemed so short for some students. Waiting in line for twenty minutes and have about ten minutes to eat because of the extreme overcrowding in lunch lines was annoying. Garvin Headley anxiously waits in the lunch line to get something to eat. "There's too many people and not enough time to eat," Garvin commented.



Ready to go- Jen Torres and Christina Huff grab their things from their lockers and prepare to make the journey to gym class. Jen says, "I don't like the overcrowding because the hallways are always jammed. Therefore, you don't have any time to go to your locker, and sometimes you are late for class."

Crowding around- Trying to enjoy their lunch, Charlie Bowerman, Amber Beal, Sarah Hobaica, Aaron Abdelmaseh, and Jackie Tourigney sit crowded in, in order for every one to be able to sit together. "I hate how overcrowded the lunch room is. On most days we have to practically sit on people's laps to make room at the table," Sarah said.

Busy stalls- Trying to manage time in the girls bathroom, Myraida Rodriquez hurry because of the long wait and overcrowded bathrooms. "I think we need more time between classes because there is no way we can be expected to use bathroom, go to our locker, get a drink, etc. in four minutes," Myraida said.

What are your thoughts on the over-crowding?

"I think that there should be another school built in order to reduce the overcrowding here at Central."
-Alex Gendreau

"Central should not accept so many new students."

-Dan Sullivan

"It is too crowded because there are too many new freshmen."

-Jason White

"I don't like the overcrowding because it is dangerous when walking through the halls. It's hard to be on time for class because of the 'traffic jams.'"
-Alicia Hernandez

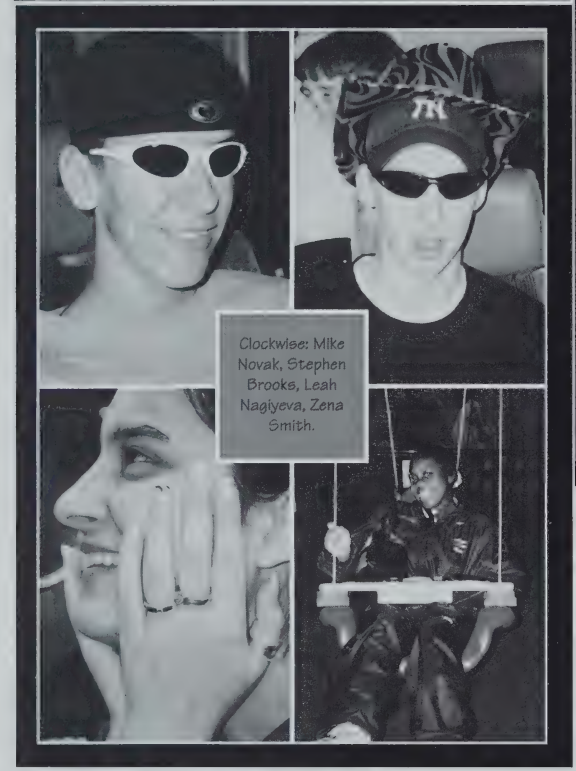
"Overcrowding is not good because freshmen are always being stepped on. We don't mean to, but they're everywhere."
-Lansing Salvas

Pack it up, pack it in- Everyday the halls seemed to be crowded and the students had trouble getting to class. "We need more time to chill in the hallways and take a break from learning," commented senior Rob Demarco.

Packed like sardines- Overcrowding didn't take place only in the hallways and at lunch, it took place in classrooms also. David Deshais tries to focus on his work , but is distracted by all the noise of his fellow students. "It's hard to concentrate because too many students are talking," David commented.

Hurry up-Trying to make it to class on time, Valeska Vasquez and Angelica Rodriguez squeeze through the crowd. "Hallways and lunches are the most crowded because many people are bumping into one another and I can't make it to my locker and to class before the bell," Valeska commented.

Vishay Davis, Tiffany Brown, Latisha Smith, and Shannon McKellick, wait to see *Jekyll and Hyde*.



Clockwise: Mike Novak, Stephen Brooks, Leah Nagiyeva, Zena Smith.

While on the Black College Tour, Shalonda Edwards takes some time to visit her favorite television station, BET.

Q: *What was your favorite field trip?*

A: "The trip to New York was the best trip because we got to go to a museum. After we went to the museum, we got to walk around the streets and go shopping."

- Nisheka Rucker

Jessica Bobrowski plays at the Boston Science Museum.

Nancy Dixon, Jessica Bass, Shawn Greene, Greta Torres, Melanie Armtrong, and Lynette Montanez visit the Royal Palace in Madrid,Spain.

Once upon a time in a far away land...

Students took some time off from a typical school day to enjoy field trips.

Though school was great sometimes, students needed time to get away from the stress of everyday life. This was where field trips came in to play. Many field trips were offered to students throughout the school year.

Students had a variety of trips to choose from . One of these field trips was a trip overseas with the Spanish department. Junior Elisabeth Budd participated on this field trip, and when asked how she liked it said, "I really enjoyed the experience, it was much different than here in America and it made me appreciate what I have after seeing how some people live."

Other trips that were offered included a whale watch to Boston Harbor, a trip to New York City, a trip to Broadway, and a ski trip to Maine. Junior Pat La Fleur participated on the ski trip and he said, "It was a lot of fun even though I had never been skiing before, I wanted to try snowboarding but didn't get the chance, I'll try it next time."

On the trip to Broadway, students got an oppurtunity to see a performance of the play *Jekyll and Hyde.* The New York trip gave students the chance to enjoy the hustle and bustle of Time Square. They even got the chance to stop by MTV studios and see rapper Eminem.

These field trips were great for students and a welcome vacation from everyday schoolwork. When asked what they would change about the field trips there seemed to be a general concensus amongst students that though all of the field trips were great, they would like them to be just a little bit longer.

-David Stevenson

David Rodriguez, Grace O'Strander & Chuck Droppa at the Boston Science Museum.

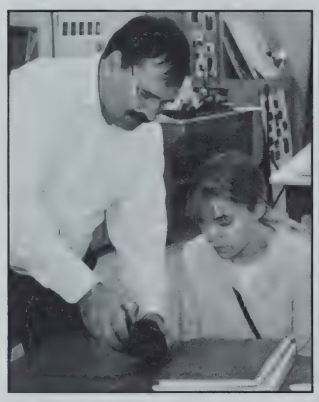
Katrina Shenas poses at the Boston Science Museum.

Tom Dearborn, Jaime Ericksburg, Mel Nacewicz at MFA

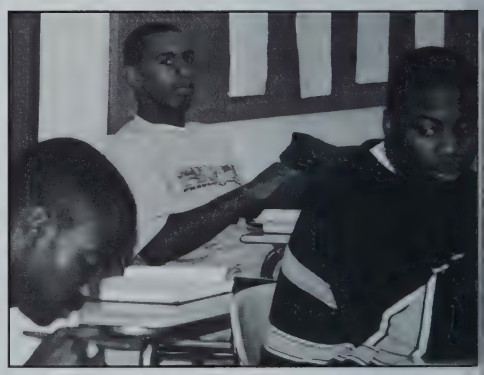
Stacy Mimoso visits UMASS on a college field trip.

Express yourself- Senior Yaniz Figueroa puts her creativity in high gear, while painstakingly making sure that her art project is flawless. " I love art class because you can express yourself through any media. I took art because I thought that I was good at it in middle school and I wanted to learn more about it ," Yaniz commented.

"Photography is an art form, and a way to express yourself. You can capture a moment, and keep it forever."
-Kate Robbins



Finger-Lickin' Good- During their Cooking 2 class, Tamika Borders and Shauna Wilson take some time out to sample the soup that they have prepared. "I decided to take cooking to learn more about cooking and of course to eat," Tamika commented. By pursuing cooking at a higher level, Tamika is thinking ahead, and preparing herself.

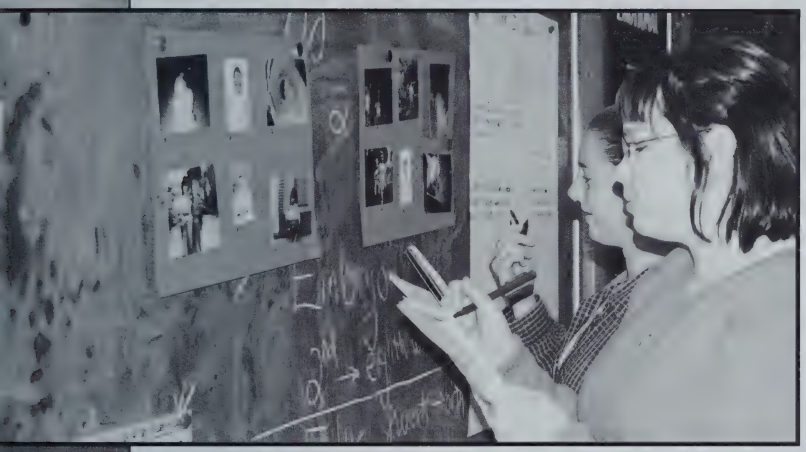


Future plans- While in their Career Development class, Matthew Bowen, Jesse Holmes, and Gregory Lockwood listen while their teacher gives a lecture. Jesse commented, "I like Career Development, because it helps you learn about what kind of career you would like to have."

Choose or Lose

For many students, having electives allowed participation in classes that reflected their own particular interests.

Must've been a beautiful baby- While examining baby photos, senior Maureen Midghall and sophomore Crystal Grillo, try to match up the pictures with their classmates in Ms. Bettis' Child Studies class. " I like the class because it will be useful when I become a parent," Maureen said. Crystal added, "I think it will be helpful in the future too. The only thing I don't like is all of the note taking."



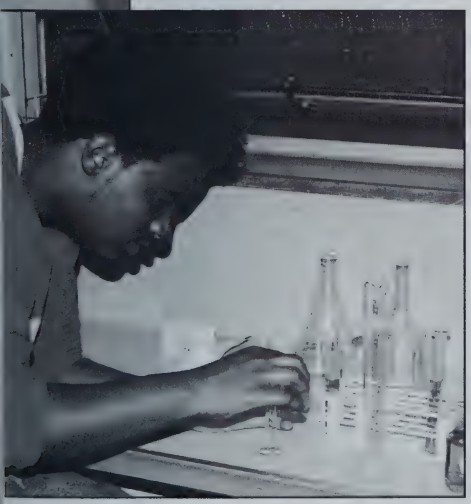
Along with the academic courses students took, many chose to lighten their loads by taking electives. They had many to pick from: art, child studies, computers, and shop. Students took electives for many reasons, ranging from entertainment to practical future applications.

Like most, Lucia Syrek took electives only for fun. "I take food science because I think it's a fun way to spend an hour," she explained. "We get to make food and then eat it." Kierra Pitters said, "Graphic Arts 1 was fun and I got to make a lot of things that people actually wanted, so I went to the next step and now I'm taking Graphic Arts 2."

Others took electives because they were interested in that field. Eric Paul stated, "The reason I took the Networking Class here is because of how much money there is to be made in that line of work." Mario Manzi took Practical Law because, "These days, you need to know about this kind of stuff in case you get in trouble with the law."

Even though students had varying reasons for taking an elective course, the relief that they felt when walking into that room, rather than an academic class, was greatly appreciated.

- Patricia Wancko



Putting a tab on the lab- Freshmen Kenny Medina attempts one of his first labs of his high school career. "I love doing labs because they e fun and a lot better then doing written work," commented Kenny. Participat- g in labs was a different way for students to learn the recent material.

Why do you take electives?

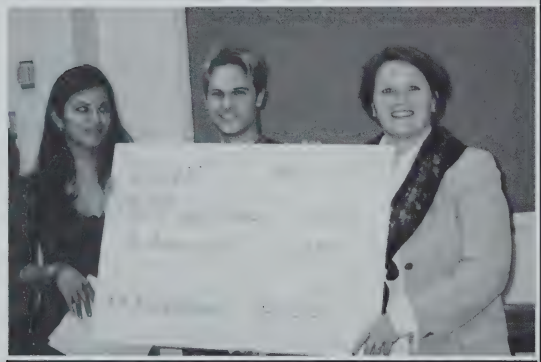
"I take electives because they are required and some are of interest to me. Certain electives, like Journalism look good on college transcripts."

-Shana Stratton

" I think my major in college is going to be Electronic Engineering. Taking Office 2000 is going to help me in the future."

- Vilaingeun Soundara

Latoya Monroe dances at the talent show.



Andrea Ronghi and Andrew Mankis present a check to Cystic Fibrosis.

Fundraising

Rollin' in the Dough

Because money didn't grow on trees, students had to find ways to raise money for their clubs.

Most students who attended high school were asked to participate in some form of fundraising, whether it was car washes to help their class, or selling candy to help out their team, however some were believed to work better than others. Senior Shauna Wilson commented, "The lipsync contests and talent shows are definitely the most popular events, and raise the most money for the classes."

Sports teams did the most fundraising due to the high cost of equipment. The varsity cheerleading squad found other, more fun ways of raising money. "In a car wash over the summer a guy paid Grace [O'Strander] and I fifteen dollars to dump a bucket of soap and water on Marco [Maggi] shead. That was the most fun I've had while trying to earn money for uniforms and warm-ups," said Heather Zguro.

Aside from the traditional gummy worms and other types of candy organizations sold, this year the band tried something new. They painted the faces of local children at a nearby McDonald's. Mike Scibelli commented, "I don't mind selling candy, but it seems that everyone does that now, so I would rather have the band do more things like face painting."

Other groups turned to less conservative ways of rasing funds. During the fall the cast and crew of Shakespeare & Company participated in a "Bowl-A-Thon." "Everyone was encouraged to ask for pledges, and then join together and have an awesome time bowling and pretending to know what they're doing," explained Frances Rabbitt. The money that was raised went towards the following year's production.

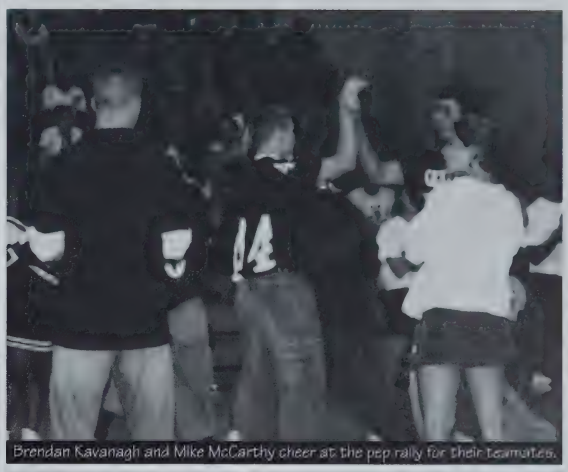
A large part of high school life was raising money for various organizations that were offered. Many teams, squads, and groups would not have survived if not for these fundraisers, making each contrabution count.

-Rachel Radner

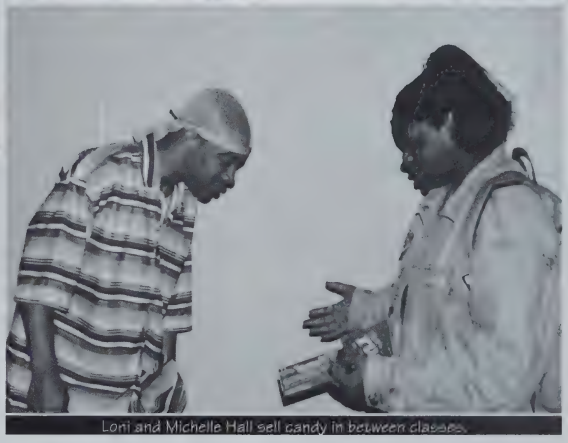
Jim Hutchinson donates money for UNICEF to Brandon Henry.

Laura Cadieux sells roses for Key Club.

Shannon McKellick buys a lolly-pop from Nick Santaniello between classes.



Brendan Kavanagh and Mike McCarthy cheer at the pep rally for their teammates.



Loni and Michelle Hall sell candy in between classes.

nner Glantz sells candy to Latoyia Pitters after class.

Q:

What's the best/worst part about fundraising?

A:

"The best part about fundraising is the end result, spending money on a banquet and flowers for seniors. The worst part of fundraising is trying to get people to buy from us- it takes forever."

-Astaria Martin

Nichole Girard sells a ticket to Christina Grewell.

Generous Acts of Contribution

"How can I help?" This was the one question asked by many students upon entering high school. The opportunities were out there. Everywhere one turned, there was a place where help from outside resources was needed. Through churches, youth groups, and organizations at school, students found that helping with their community was an enjoyable and rewarding experience.

Key Club and G.I.V.E. were two organizations that allowed kids to get a feel for community service while still in high school. Key Club was a popular group whose year was highlighted by the hugely successful annual citywide rose sale. Less advertised were the jobs that members of the Key Club participated in on a weekly basis. Such as helping out Loaves and Fishes, serving Elk's dinners, and having canned good drives. Brandon Henry expressed his feelings on Key Club. "When you're together with your friends and you know that you are helping a good cause, what you are doing doesn't really seem like work at all."

The G.I.VE. program coordinated a "Coats for Kids" drive throughout the school during its first year. Students and teachers alike were encouraged to bring in old coats and jackets that could be donated to keep the less fortunate kids in the area from getting cold. Another major emphasis project of the group was a great effort to clean up around the school, so that we all could have pride in our building. Lauren Rugani enjoyed the clubs activities, "I joined G.I.V.E. to make an impact, and I made some great friends while I was at it."

Teen involvement in their society was a big issue in the country, some areas even required a certain number of service hours in order to graduate. These two programs in school showed that students could do positive things in their community voluntarily if only given the chance.

-Dan Montagna

Most of the fundraising took place in order to raise money for clubs, for specific causes.

Lending a Helping Hand-Before class begins, Senior Astaria Martin takes a donation from Alicia Green for the UNICEF fundraiser, which was held by the Key Club. The money collected was used to raise money third world nations "I'm interested in community service, so I joined the Key Club. I wanted to get involved and help out the school and the community. I like helping people and learning about what goes on around Springfield," Astaria commented.

What Do You Do For Charity?

"I volunteer at a local soup kitchen during Thanksgiving. I like to help out people who don't have as much as I do."

-Chris Roberts

"We have clothing drives for my church, and we send the clothes to people in Africa. I like to feel that I make a difference."

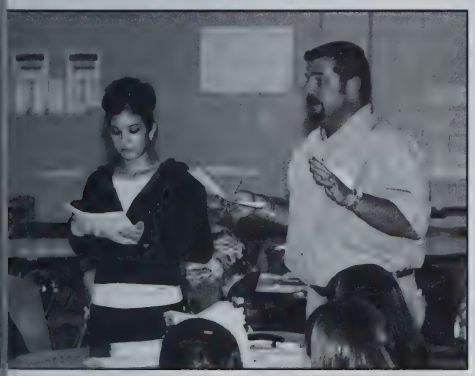
-Alizabeth Showers

Souled Out- Juniors Chrissy Saccamando, Mario Manzi, and J nifer Marsh put forth their best effort to sell roses for Cystic Fibros Mario commented, "I liked helping with the Roses for Heidi, because I got to around the city and help raise money for a good cause."

Wrapping roses- Freshmen Mary-Kate Gilrien and Jonde Maidano take time after school to wrap roses in the cafeteria the day before Key Club's annual Roses for Heidi sale. "I'm in Key Club because I like to help out the community. A lot of people knew Heidi or knew someone with Cystic Fibrosis, so it felt good to raise money in order to help," Mary-Kate commented.

"I take pride in trying to help those less fortunate than me whenever I can."
-Eric Ryan

Helping Out- As Jen Libian and April Ramos sell "Roses for Heidi" outside the office at school, they help raise money for Cystic Fibrosis. "I participated in the rose sale because its for a good cause, to help kids with Cystic Fibrosis survive, and to be able to have a cure for this disease," commented Jen.



The key to success- Key Club president Andrea Ronghi and Advisor Mr. McDowell inform the members of recent accomplishments and coming events in a general meeting during an activity period. "I wanted to president of the Key Club because it is a great honor," Andrea commented.

Why do you like being in the NHS?

"I like NHS because it makes me feel good to do charitable things for others."
-John Papadoulias

"I like NHS because it looks good on college transcripts, and I get to do community service."

- Phoung Nguyen

"I'm in the NSHS because when I was young, I loved Science. I want to be a scientist, and now I get to follow my goal."
-Hai Nguyen

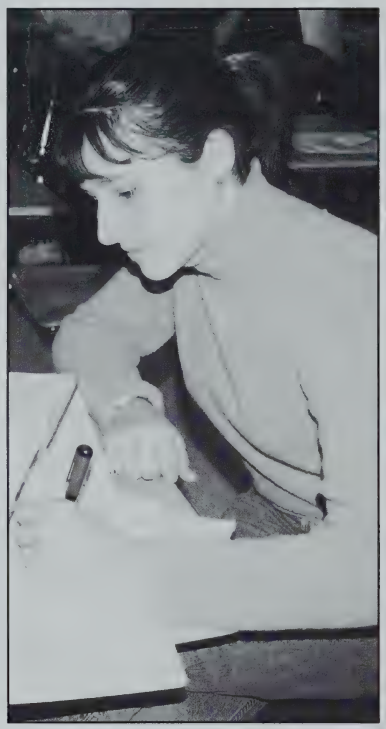
" I am in the NSHS because I am very intersted in Science. Eventually I want to go into a Science related career."

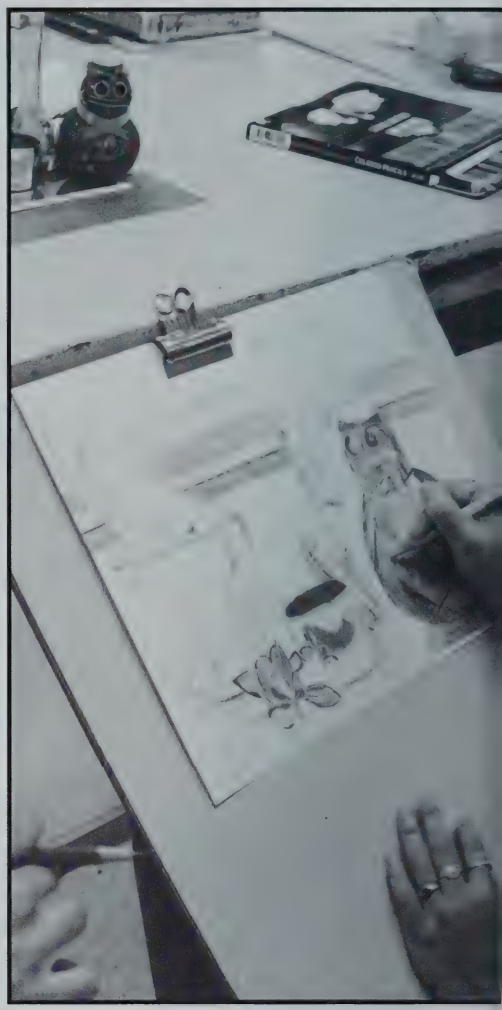
- Alex Fregeau

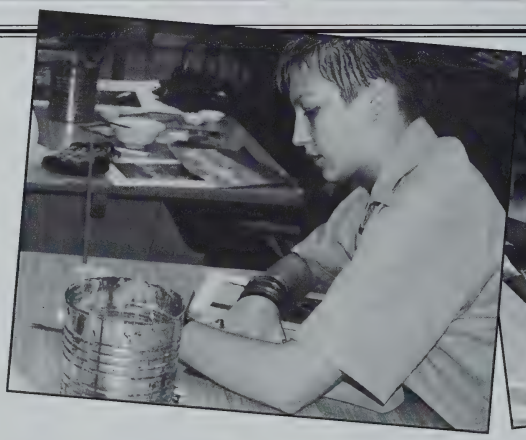
"I am in the NAHS becaue it gives me the opportunity to get to know what my artistic peers are thinking, and show the school our artistic ability."
-Yaniz Figueroa

Full of Concentration- While in advanced art class, Khanittha Thongphoon works on one of many of her art pieces. "Being in N.A.H.S gives me the chance to express my love in art," commented Khanittha. Other benefits of being in N.A.H.S was being able to give art back to the community, as well as meeting other artists.

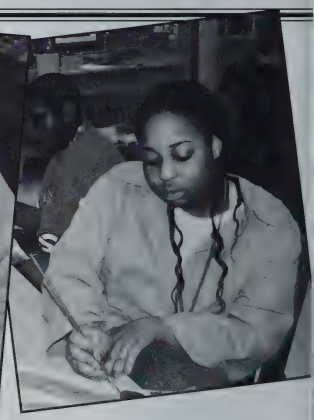
Hard at work-Sophomore Julie Pleet works dilligently on her lab report. Julie's excellence in Science allowed her to become a member of NSHS."I joined NSHS because I'm extremely interested in science I plan on working in the medical field of science when I finish school."



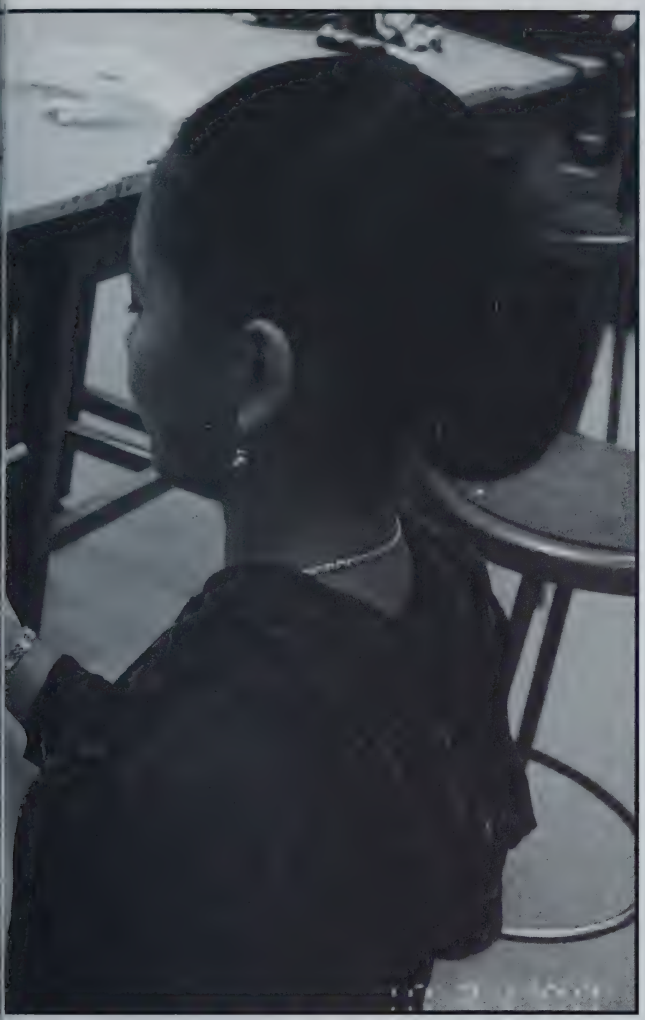




Mix It Up- During art class, Jackie Taylor mixes paint colors for a painting she was finishing. "I've been in NAHS for two years. I enjoy going on field trips to different museums and I enjoy painting," Jackie commented. Being in NAHS was a privilege earned by the students in it, by their paintings and other works they had made.



Acting Artsy-Seniors Daphne Taylor an Jason White concentrate while creat ing their newest masterpiece. "I like ar because it helps me to express myself. Also it helps me to adapt to different things an backgrounds," commented Jason.



Smarty Pants

Through hours of hard work and dedication to school work, students were awarded by being accepted to the NHS, NAHS, and NSHS.

One of the many clubs in our school was the National Honor Society. There was also a National Art Honors Society and National Science Honors Society. These organizations were for students who excelled in school, in both academics and areas of particular interest.

The National Honor society was for students who did well in all of their classes as well as participate in extracurricular activities. To become a member of the N.H.S took a lot of work. Students must have maintained a 3.5 GPA as well as have had a good work ethic and attitude towards school. Junior Joe Bisson who was in N.H.S commented on why he wanted to become a part of it. "I wanted to join N.H.S because it will be a good experience and colleges look for it."

Another of the honor societies was the National Art Honor Society. Students could become a part of the N.A.H.S by taking art classes and showing that they were serious about it. Marianna Biela stated, "I like N.A.H.S because I get to do things for the community and show my artistic ability to others."

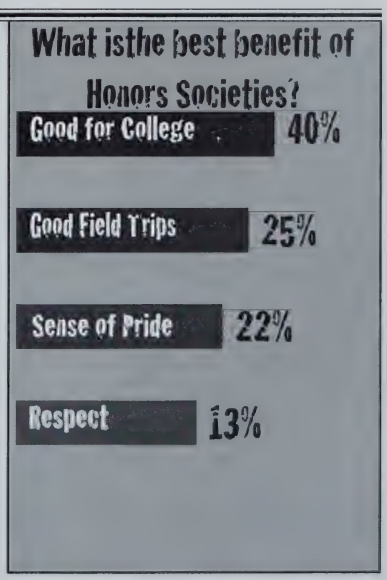
The National Science Honors Society was another activity available for students who enjoyed areas of science. Senior Susie Ruff said, "Being a member of N.S.H.S is fun and we get to do things for the community as well as ourselves."

Members of the honors societies had the priveleges of meeting new people and learning new things that would help them in the future. Many were able to excel in the things that they liked the most.

-Rachel Radner

Science Scholars-An active member of Alison Jacobs, in the newly formed National Science Honors Society brainstorm for ideas to make the club more known and involved in science related activities. "I like being able to learn more about what I am interested in, and do events related to science," stated Alison Jacobs.

Helping Hands-National Art Honor Society advisor Mrs. Tuttle helps Giovanni Sanchez with an art project he's working on. "I love working with the talented and creative young people in the National Art Honor Society," Mrs. Tuttle said. She began the club ten years ago when she became a teacher at Central. It was the only National Art Honor Society in Springfield.



Boost up the Confidence - Being in band provided many benefits for the members. Mike Sobell got into the football games for free, took a trip to New York, and played in the Spring Concert 2000. He commented, Playing in New York at the Big Apple Music Festival and at the Spring Concert was different because people actually clapped for us." An enthusiastic crowd can be important to the members because it increased their confidence.

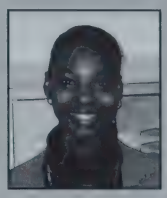
Beat It - While playing at the entrance of the Spring Concert 2000, Zeke Meginsky beats his life away. "I enjoy band because it gives me a chance to be free and I'm able to express myself," stated Zeke, "With the help of my fellow band members I got better at playing the drums. Now I feel like a pro!"

"I practice roughly six hours a week."
-Stacey Mimoso

Spring Serenade-Sophomore Cara Kuczarski performs the "Sonata for Winds" in band during the Spring Concert 2000. "My favorite memory was winning first place at the Big Apple Music Festival,"Cara commented.

perfect harmony- Junior Alizabeth Showers holds a perfect note during the Spring Concert. "My ultimate dream is to be a singer, and wed performing in the Spring Concert," said Alizabeth. Participating a choir required hard work and dedication.

What was your favorite memory?



"My favorite memory was being able to express dance with my friends in Show Choir. It was also fun being able to sing Concert Choral and Gospel choir."

-Latisha Smith Mitchell

"My favorite memory has got to be with the Colorguard and doing our routine to Michael Jackson's 'Smooth Criminal.'"

-Lee- Ann Daigneault

Vocal Variety

The participants of the Spring Concert 2000 came together from various groups to perform in a memorable show.

Singing the Day Away- During the Spring 2000 Concert, Senior Jackie Tourigney harmonizes with the members of the Show Choir. "Singing makes me feel good. I forget about my problems when I sing, and it seems like everything just goes away," Jackie commented.

The musical talents of the high school students were highlighted in the first Spring Concert of the millenium. The participants included members of Color Guard, Show Choir, Gospel Choir, the Madrigals, and the Jazz Band. This event was met with some anxiety, but in the end, everyone felt the effort was well worth it.

Students spent a lot of time preparing for this event. Many worked diligently in and out of school to improve their musical pieces. Some musical groups started preparing as much as two months before the concert. "No matter how much I practiced, I was nervous to play the piccolo because it is so high pitched that everyone can hear it," commented Shira Simon. Even though most participants were nervous,they felt a sense of accomplishment upon successfully completing their performance.

The variety of instruments used were as different as the people who played them. Students played anything from flutes, to piccolos, to saxophones, to guitars. Some veteran musicians had been playing their instrument for as many as eight years, while others had been playing for two years. "I have been playing the base guitar for three and a half years," said Junior Nick Day. "I joined the Jazz Band to help me improve my skills for *Pointless*, the band I'm in." Others joined purely for their love of music.

Two memorable pieces during the Spring Concert 2000 were *Majestia* and the *Sonata for Winds*. The two hours of the concert was a culmination of everyone's hard work and proved to be a memorable experience for all.

- Julie Pleet

Marching with pride
ROTC

Putting on a uniform gave students a new sense of pride for their school.

While other students were baking in cooking class or making something in shop, hundreds of students participated in R.O.T.C. This class taught teens discipline, teamwork, and gave them an understanding for the value of education. R.O.T.C. motivated a lot of young adults to reach for their goals.

R.O.T.C. also taught about the history of the Air Force as well as airplanes, jets and engines. Every year the sophomore R.O.T.C. classes participated in a project which made them use all of the skills they had learned throughout the year. They had to make a model airplane and then fly it on a test run to see which plane was built the best and went the farthest in flight. "We were looking to develop a plane whose propellers and wing shape would create enough lift for the plane to fly. This helped us to understand what factors effect a plane's flight," remembered Eric Levesque.

The R.O.T.C. marched in parades and in the opening of football games in the fall. The cadets proudly showed everyone their hard work through their perfect march and well prepared uniform. They practiced hard and it showed. The team went on to win awards and praise from other area schools. Aside from school, R.O.T.C cadets showed signs of leadership in the community. However, the best part of the year for R.O.T.C students was by far the Military Ball. "The Military Ball is a fun event that happens every May. It's fun to celebrate with friends but sad to say good-bye to all the leaving seniors," said Latishia Allen.

All of the students who graduated from the R.O.T.C. class came away new and better people. "I have learned to respect myself more, to be proud of who I am, and to be proud of the military. This course helped me to improve my teamwork skills and now I work better with my classmates. I also find it easier to meet those I don't know," commented Laura Leroux.

-Rachel Radner

And the survey says...

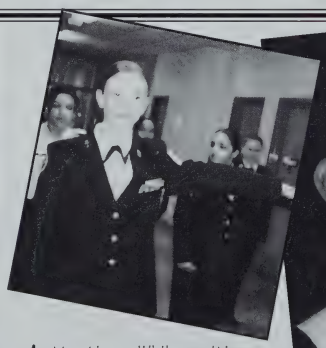
49% Army

41% Marines

8% Navy

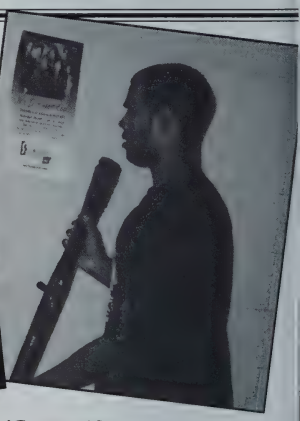
2% Armed Forces

What service do you want to go into after graduation?

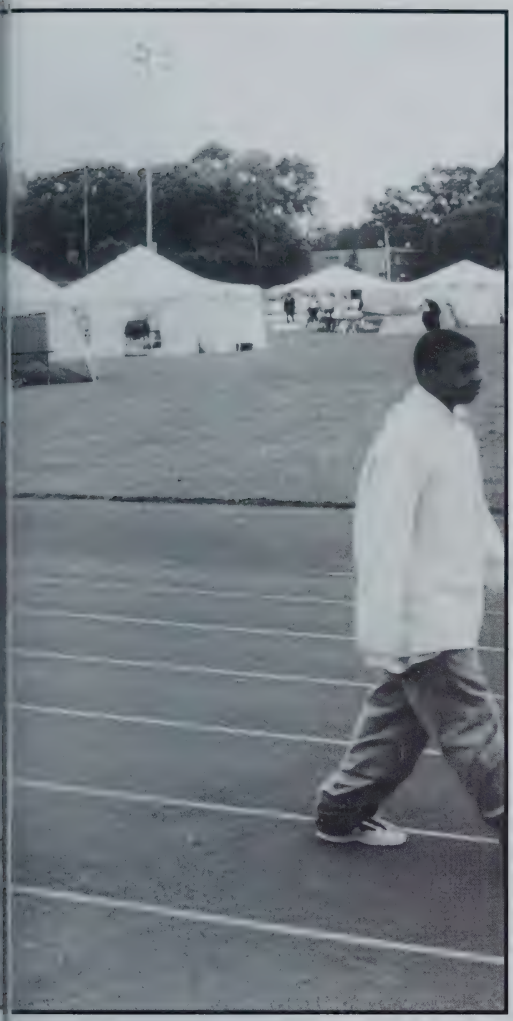


Attention- While waiting during inspection in the hall for ROTC, Anna Borowik concentrates on checking her distance with the person beside her. "I am in ROTC because I want to join the Armed Forces for some type of military service," Anna said.

Men of Honor-At a football game, Justin Yong holds the school's flag during the opening exercise with color guard. Many people joined ROTC for different reasons and have benifited from it in various ways. "I joined ROTC because it was a four year elective with possible scholarship opportunities.

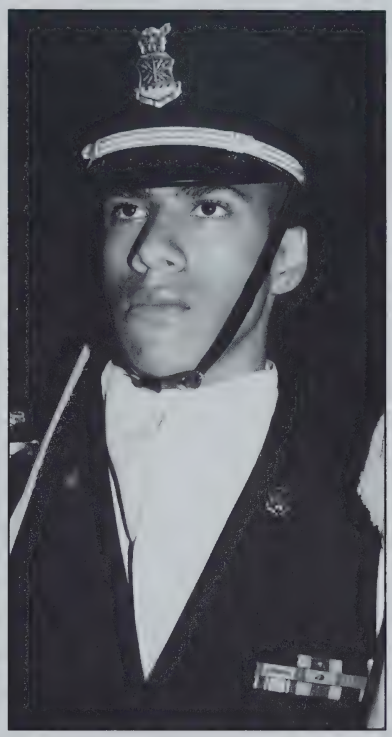


Rotating Rifles-Chris McCrimmons practices his ROTC ro tine after school. "I am practicing for an Arm Exhibition team. I like the excitement of going drill competitions," Chris commented. Many st dents enjoyed the thrill of competing in RO events, especially when they came out on top.



Walking for Change-While at the "Relay for Life", Nelson Valezquez, Mike Witkowsky, Christine Willete, and Brianna Clancy walk for a good cause, "ROTC gives us the chance to help out others and learn discipline as well as prepare us for life," Mike commented. Many ROTC members took this class because they liked the fact that it gave them the chance to give back to the community.

Magestically Marching-while at one of the many football games, Juan Carabalho holds his head up high with pride as he marches with the rest of the JROTC. "In the parades, the recognition from the people in the city is incredible. Being in the JROTC takes a lot of dedication," Juan said.

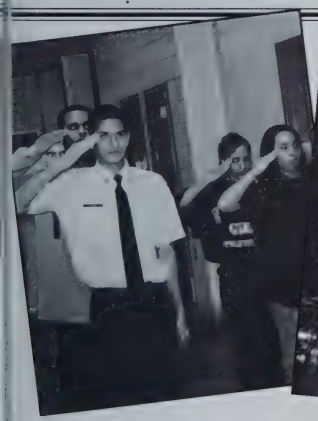


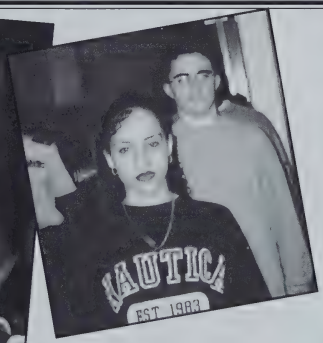
What do you like about ROTC?

"I like ROTC because we get to do different things such as marching in parades,and going to competitions.
-Jasmine Santiago

"I like it because it's teaching me leadership and citizenship. I enjoy learning these things and the Air Force's history."
-Angelannie Alvarez

"I like the fact that everyone in ROTC is like a big family. I enjoy the leadership and communication skills that they teach. I also like belonging on the Drill Team."
-Myraida Rodriguez





"I like ROTC because it is an elite group that teaches the cadets respect and honor."
-Salwa Abdoo

"I like ROTC because it gives a leadership position and it's disciplining and fun at the same time."
-Elizabete Ferreira

Attention!-After school one afternoon, Eleanor Karbon stands in attention while acticing a routine. "I joined ROTC because hought that it would be an interesting way better my life, "she commented. "It's mething different, and it's fun."

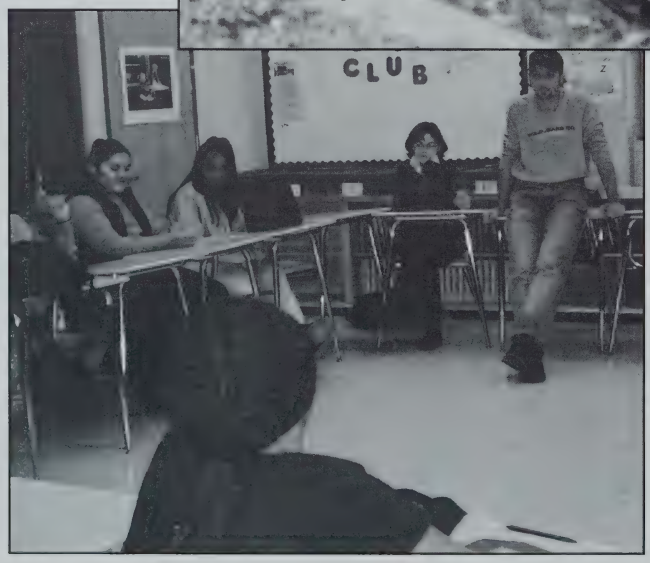
Standing Proud-Jason Streeter stands at attention during an R.O.T.C demonstration. R.O.T.C was one of the many activities that students had the opportunity to join. Jason said, "I joined R.O.T.C because it is very interesting and I would like to pursue a future in the military. I also like the way people show me respect."

Straight Talk-Nely Orta and Connor O'Neil stand and wait to be inspected." I was encouraged to get involved in R.O.T.C. by my friends and family. Both my older brother and sister were in it. If that path doesn't work out for me I wil still attend night college while I'm in the Air Forces," explained Nely.

Plug it in- While stringing up lights in the courtyard with GIVE, Kevin Tai consults Ms. Guttenburg. In its second year, GIVE proved to attract many new members. "I enjoy going out and helping the community and you meet a lot of people," Kevin stated. "While doing something serious, we can have fun."

"I like the Social Issues Club because I am learning more about the world we live in."
-Kim Lockette

Listen up- Mary Domenichelli listens intently to a discussion in Social Issues Club while Michael Ficarra looks on. "I like Social Issues Club because it gives people the chance to discuss problems that aren't usually discussed," Mary commented. "We have guest speakers a lot."

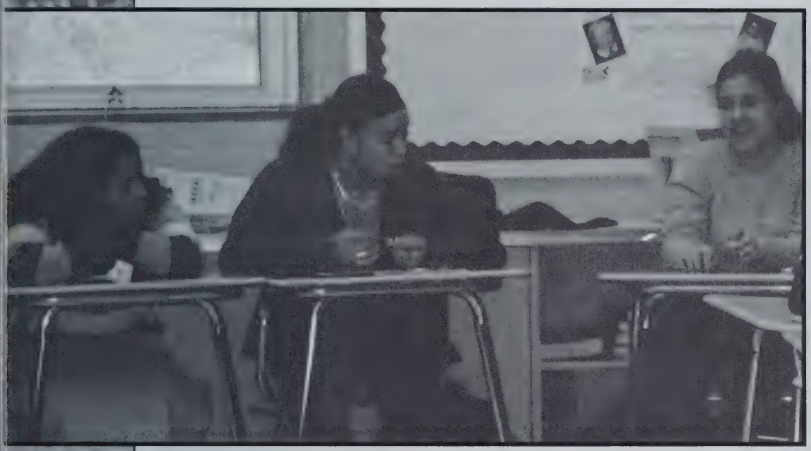


Leaving It Clean-While helping clean the courtyard, GIVE memb Jeff Sias diligently rakes leaves. "I joined this club because I thoug that it would be a positive way for me to get involved in both the sch and the community," Jeff commented.

You've got to GIVE a little, take a little

Many students liked to be a part of clubs in order to help others.

Listen up- Clarissa Pabon listens to Shawna Kyles during a Social Issues Club meeting. Social Issues promoted many positive things. " I am a member of the Social Issues Club because I like to help change our community. We discuss many things such as: domestic violence, drugs, alcohol, and racism," Clarisa commented. Clarisa was the treasurer of the Social Issues Club, and planned many fund-raisers.



Serving the school and helping peers and the community were only a few things that linked GIVE and Social Issues club. Students in these organizations devoted their time and energy to making both their school and their community a better place while gaining the opportunity to feel good about themselves.

GIVE was a community service organization that did such activities as Coats for Kids, making cards for the children at Shriner's Hospital, as well as cleanups. Gage Boone explained, "While some kids do things so that they look good, GIVE is for people that really want to do something!" Linsey Lavigne enjoyed GIVE because it allowed her to be with her friends while still helping a great cause. "GIVE is completely run by teenagers. While Ms. Guttenberg supervises, " she boasted. "It's a lot of fun and the rewards are endless!"

Social Issues Club, however, had a different approach to helping others. "We help the community by making people aware of different problems in society such as smoking, drinking, racial discrimination, domestic violence, and others," Tom Dearborn explained. "We set up different events during school to let kids know about these problems."

Despite their hectic schedules, students found time throughout the year to help others. In addition to the obvious benefit to the school and the community, members of these clubs also gained personal satisfaction. GIVE member Lauren Rugani stated, "It's community service, but you have tons of fun doing it and you get a great feeling after you help others."

-Patricia Wancko

ooking On- As Amy Levesque stops in between classes to check out the G.I.V.E. fliers, she thinks about joining. "I think G.I.V.E. is a erfect idea to get students involved in community service," commented my.

Why do you like being in GIVE?

"I enjoy being in GIVE because it keeps me busy with something useful that not only helps myself but other people who are less fortunate."

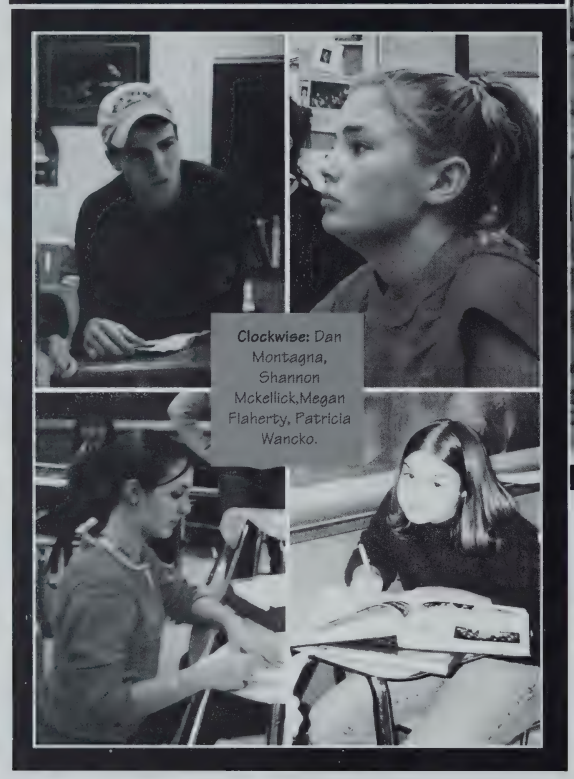
-Jessica Eggleston

"I like to be in GIVE because it's a homeroom where I can be with my friends, and actually talk, and do things."

- Jeff LaRiviere

Anna Baboval helps Jaime Ericksberg line up photos on her layout after school.

Susie Ruff explains what she needs done for her section.



Clockwise: Dan Montagna, Shannon Mckellick,Megan Flaherty, Patricia Wancko.

Q:

What's your favorite thing about being on yearbook?

A:

"I like taking pictures and meeting new people.Yearbook is also fun because I get to interact with people and learn new things."

-Amber Swittenburg

Mike Anderson crops a picture for an editor.

Jerald Rosemond sets the dimensions on the cropper to fix some photos for an editor.

The "Write" Stuff

Students took time to be a part of the different publications that were offered.

Capturing the essence of high school life was a goal that all our publications strived for. The yearbook with stories and pictures, video production with action and sound, the newspaper with articles on current events, and Aerie with the artistic side of the student body, all tried to put the year in perspective for everyone to enjoy.

The yearbook staff worked to compile countless memories into a book that they hoped would be cherished for a lifetime. Members found it rewarding to cooperate with others in an effort to create the *Signature*. Julie Pleet was new to the staff but realized that the experience allowed her to grow as a person. "Being a part of yearbook has helped me to work with others so that we can achieve the same goal of producing the best book possible."

The video production team worked tirelessly on the year's video annual. The camera was their only tool and the students had to present the many different activities that took place at our school. Marcel Caron had three years experience and still found many obstacles along the way. "Whenever I work with the camera it's a learning experience. I'm always discovering new techniques to help the process go more smoothly." Coupled with the yearbook, the video annual was something that many would treasure forever.

The Talon was a showcase for current events. The paper focused on giving insight on issues that affected students. Joining the staff was a great way for aspiring journalists to get experince in the field. "This experience will be a great help if I decide to become involved in journalism," explained Matt Swett.

Aerie was compiled of many artistic works created by students throughout the year. Drawings, poems, and short stories alike were all exhibited with pride to show the creativity of the writers in our school. The magazine allowed many to get the experience of being published, an option not always available for young artists.

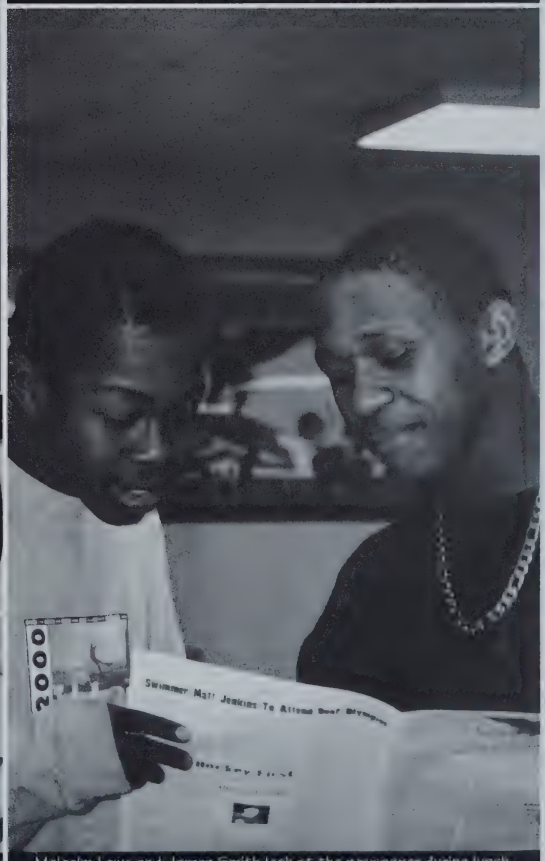
All of the publications were ways for students to gain experience in fields that may further careers. Everyone who participated was grateful for the opportunity, and felt that the knowledge would be useful in their future.

-Dan Montagna

Adam Douthwright takes time to read the yearbook.

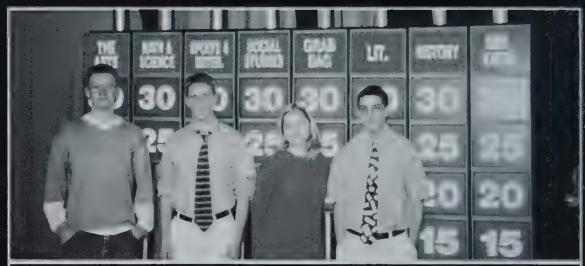
Shana Stratton begins to write a story for newspaper.

Ryan Kenney writes a caption for an editor.

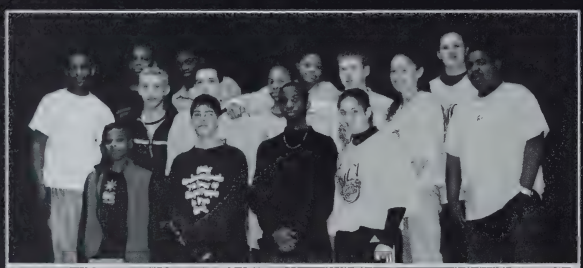


Malcolm Lowe and Jarren Smith look at the newspaper during lunch.

Aerie-Back Row: Aaron Chinn, Sarah Fuscho, Amanda Merril, Kianna Harris, Jackie Roberts, Adam Turner. **Second Row:** Blanca Sullivan, Sparkle Welch, Cassie Ward, Latisha Smith-Mitchell, Chantel Murchison, Michelle Wynne, Tiffany Brown, Leah Nagiyeva. **Front Row:** Marco Maggi, Ben Foster, Ryan Chisolm, Sarah Tom, Rayhanna Harvey, Desiree Salolo, Elizabeth Roman, Emilie Piena, Angela Scarfe.



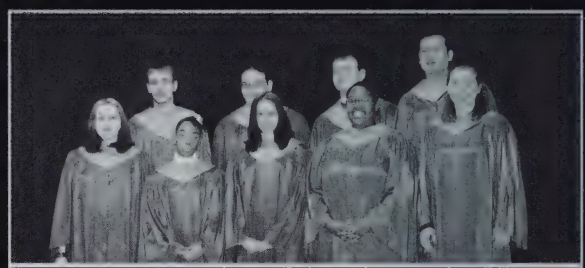
As Schools Match Wits-Ben Foster, Peter Dawson, Lacy Kochanowicz, Kevin Rugani.



Band-Back Row: James Baron, Rosco Washington, Robert James, Michelle Hall, Kelly Goodwill. **Second Row:** Derich Downy, Brian Carithers, Samantha Hamilton, Erick Salstead, Stacy Mimoso, Kyle Blake. **Front Row:** Vanessa Cortex, Kyle Horonzy, Scott Jones, Shira Simon.

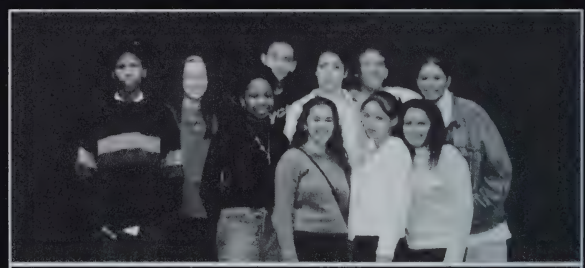
Business Yearbook -Back Row: Lenny Underwood, Clarissa Tsim, Kristy Krawiec, Ahriel Burston, Nicole Craddock. **Middle Row:** Estaria Martin, Indera Daniels, Sparkle Welch, Tamika Borders-Graves, Karla Jackson. **Front Row:** Mrs. Sullivan, Kaonou Lee, Shalonda Edwards, Vanessa Aviles, Corraine Vang, Nancy Lou, Eric Peterson.

Color Guard-Back Row: Lee-Ann Daignault, Jennifer Santiago. **Middle Row:** Robin Michael, Jessica Santaigo. **First Row:** Natasha Wright.



Concert Choral-Back Row: Steve White, Jayson Sanchez, Eric Powers, Vilaingeun Soundara. **Front Row:** Kristin Berthume, Ebony Davis, Joude Maldanado, Melony Isaac, Michelle Brown.

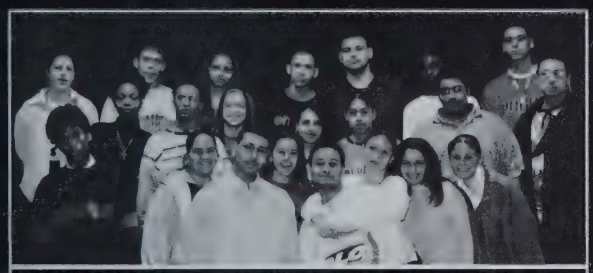
"Comedy of Errors" Cast-Back Row: Jeff Havens, Jackie Williams, Chris Henchman, Alberto Faust, Will Shuler, Rachel Radner, Keistin Asselin, Ben Havener, Lauren Powers, Cara Madenski. **Middle Row:** Angela Scarfe, Kyle Cuffie-Scott, Michelle Brown, Shantelle Chouglin, Valencia Switzenburg, Nate Abdelmaseh, Shira Simon, Melony Isaac, Aaron Abdelmaseh, Julie Mathis, Jackie Tourigney, Georgia Clarke. **Front Row:** Francis Rabbitt, Shauna Wilson, Tim Brodeur, Chastlyn Rodriguez, Amanda Porter, Caity Welz, Vanesha Johnson, Jazmine Torres, Kyle-Kate Dudly.



Explorers Club- Back Row: Jamar Williams, Jayna Reyes, Luis Rodriguez. **First Row:** Blanchie Morris, Kelly Guertin, Ahmed Bracero, Christine Nieves.

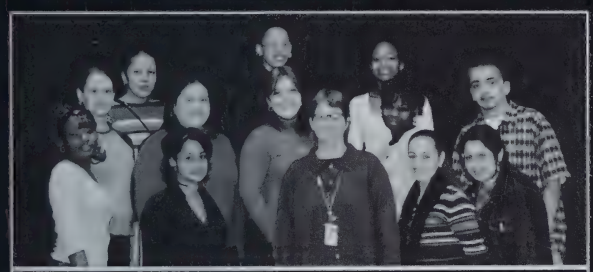
G.I.V.E- Back Row: Wilson Boone, Gina Pauze, Ryan Greenia, Jennifer Quinn, Nick Giammarino, Jason Dill, Ashley Berard, Jim Lataille.Fourth Row-Joseph Mackenzie, Greg Sutter, Gage Boone, Jennifer McKinney, Shaun Snow, Brian Smith, John Ward, Heather Dearborne, Tara Jones. **Third Row:** Miss Guttenburg, Kevin Tai, Heidi Krupa, Diego Torres, Jessica Eggleston, Stephanie Smith, Nicole Homer, Trevor Sabato, Ashley Caron.**Second Row:** David McKenzie, Lindsey Taylor, Lauren Rugani, Lindsey Lavigne, Dan Sullivan. **Front Row:**Chris Rooke, Greg Rooke, Jeff Sais, Jeff LaRiviere.

Key Club-Back Row: Mr. Horrigan, Shannon McKellick, Anna Baboval, Jennifer Marsh, Joe Kenney, Dan Montagna, Mike Anderson, Andrew Mankus, John Lynch, Judd Allen.**Fourth Row:** Jerald Rosemond, Rachel Radner, Katelyn Bushey, Kathryn Rousseau, Johanna McCarthy, Elizabeth Roy, Chris Unglaub, Marianna Biela, Kim Hunter, Michelle Brown.**Third Row:** Lenny Underwood, Astaria Martin, Christina Saccamando, Kelly Cascio, Tanner Glantz, Zach Croteau, Emily Devine.**Second Row:** Brian Carithers, Julie Mathis, Julie Pleet, Allegro Schroeter, Kyla Halden, Erin Keefe, James Hutchinson, Andree Ronghi, Amy Harpin, Mario Manzi. **Front Row:** Patricia Wancko, Ryan Kenney, Nicole Wroblewski, Andrew Collins, Cara Kuczarski, Gina Mangari, Michael Scibelli.



Latino Club- Back Row: Miss Barry, Miguel Rosado, Angelica Rodriguez, Luis Rodriguez, Manny Robles, Corey Streeter, Fernando Guevara. **Third Row:** Blanhce Morris, Giovanni Sanchez, Janielee Reyes, Crystal Castro, Marangely Valentin, Jose Arroyo, Danny Lopez.**Second Row:** Jamar Williams, Charity Vera, Jose Ocasio, Kelly Guertin, Felix Matoss,Ahmed Bracer.**Front Row:** Eric Sanchez.

Madrigals-Back Row: Will Ranson, Brian Bailey, O.J. Martori, Jessie Gonzalez, Ben Havener, Aaron Abdelmaseh. **Middle Row:** Khadijah Burt-Williams, Shelly Moreau, Melanie Nacewicz, Vanessa Rizzari, Vanessa Martinez. **Front Row:** Caity Welz, Shana Wilson, Chastalyn Rodriguez, Mary Domenichelli, Sarah Klenakis.



Mediation- Back Row: Aitza Torres, Tiffany Mc Creary, Blanche Morris. **Middle Row:** Gladys Rivera, Tenille Chokofclan, Melissa Petit, Ayana Downes,Brian Vasquez **Front Row:** Shakeyva Wilson, Clarissa Pabon, Mrs. Marvel, Kelly Guertin, Christine Nieves.

National Art Honor Society-Back Row-: Aaron Abdelmaseh, Julie Mathis, Caitylin Reily, Nicole Marotte, Gage Boone, Jackie Taylor. **Middle Row:** Andrea Ronghi, Marianna Bella, Ashley Collins, Alicia Wallace, Lacy Kochanowicz, Frances Rabbitt, Lilly Slezack,Tianna Cook,Amy Benson. **Front Row:** Mary McCormick, Maggie Tran, Yaniz Figueroa, Khannittha Thongpoon, Rory Hextell, Shan Shan Zhao, Ernesto Cruz, Fimoula Darby.

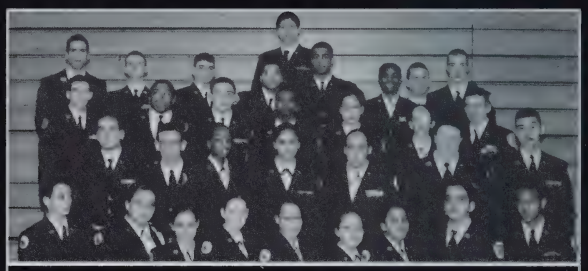
National Honors Society-Back Row: Susie Ruff, Julie Mathis, Rachel Radner, Melanie Nacewicz, Sarah Klenakis, Caitlin Bushey, John Papadoulias, Frances Rabbitt. **Middle Row:** Thuy Pham, Anna Baboval, Christina Saccamando, Desiree Marshall, Erin Keefe, Peter Dawson, Kevin Rugani. **Last Row:** Mr. Sarvalone, Jennifer Nieves, Scott Jones, Shauna Wilson, Lacy Kochanowicz, Maggie Tran, Phuong Nguyen, Stacey Mimoso, Sherron Colgram, William Pearson, Alison Jacobs.

National Science Honor Society-Back Row: Hai Nguyen, Alex Fregeau, Tom Dearborn, Alison Jacobs. **Middle Row:** Thui Nguyen, Julie Pleet, Michelle Labranche, Craig Washington. **Front Row:** Ms. Volain,Uyen Thao Nguyen, Lauren Rogani,David Estabrook.

Robotics-Back Row: Michalla Minto, Mr. Moquin. **Middle Row:** Karen Jones, Jennifer Smith, Kevin Rugani. **Front Row:** Cassandra Minney.

Rotc Freshmen-Back Row: John Simrato, Keith Sutherland, Anthony Matuo, Richard Angelica, Richard Tecce, William Olivo, Robert Clarke, Kurt Sutherland, David Ramos, Carlos Rosa, Gus Canaona **Fifth Row-** Luis Vega, Chase Harris, Leonardo Martinez, Kenyon Mccollum, Joseph Luis, David Alvarez, Rickie Daigneault, Yannette Gonzalez **Fourth Row-** Jose Gonzalez, Yashira Soto-Perez, Ricky Rosa, David Luth, Michelle Tirado, Melly Diaz, Robert Hafner, Kristy Laduke, Dyam Mikaelsalez, Crystal Lewin, Yanitza LeBron, Ricardo Reyes, Brenda Cuse, Kinsey Quezada, Liset Rivera, Jose Martinez, Jasmine Santiago **Third Row-** Ismael Tulado, Janelle Estrada, Jesus Montalvo, Shannon Hutchin, Janette Rivera, Adam Douthwright, Shawn Carter, Conor O'Neil, Juan Arroyo, Carlos Vazquez **Second Row-** Draper Harris, Elias Bonilla, Erin Doherty, Vanessa Conder, Nicholas Steele, Ruben Santiago, Melody Rivera, Patrice Peterkin, Analida Cruz, Thomas Bryner **Front Row-** Raul Quinones, Jasmine Cartaldo, Melissa Grasso, Serena Rivera, Melanie Sanchez, Tiffany Pantoja, Nia Navarro, Kobi Carter, Jennifer Gomez, Tanya Polanco, Sky Diaz

ROTC Sophomores-Back Row: Alycia Cavanaugh, Justin O'Leary, Andrew Demars, Andrew Blackwood. **Fifth Row:** Ngoc Lam, Kyle Lennon, Louis Elois, Wilfredo Vargas, Eli Yeager, John Kattler. **Fourth Row.** Latishia Allen, Brianna Clancy, Stephanie Nugent, Anna Borowik, Pam Monsau, Jonathan Valesquez. **Third Row:** Tim McBee, Jacelyn Diaz, Sherry Soto, Darryl Hunter, Melissa Torres, Raul Perez. **Second Row:** Keisha Williams, Christina Zafra, Candice Brown, Christine Willette, Jacqueline Cadez, Heather Tardy. **Front Row:** Krystal Wilson, Bethany Labombard, Eleanor Karbon, Yang Lee, Jaslynn Jones, Jasmine Thomas.



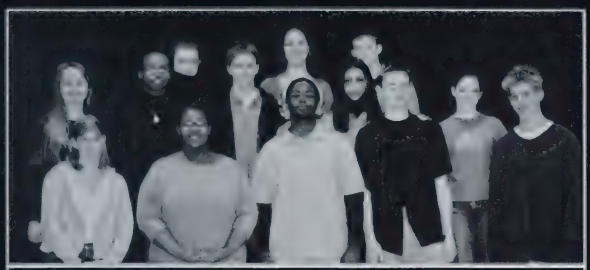
ROTC Juniors-Back Row: Juan Carvalho, Joshua Allen, Matt Vallere, Evan Rosa, Patrick Gamache, Christopher McCrimmons, Elisabeth Budd, John Phillips, Joe Bisson. **Third Row:** Eric Johnson, Mike McKenzie, Daniel Etiquio, Anthony Lawrence, Myraida Rodriguez, Hethare Provost, Eric Levesque. **Second Row.** Mike Witowsky, Timothy Fitzgerald, Chadria Thomas, Natasha Rodriguez, Angelannie Alvarez, Richard LaRoche, Nelson Vasquez. **Front Row:** Marcus Rivas, Amanda Karbon, Nelly Orta, Laura Leroux, Jackie Perez, Maiv Lee, Jessica Nieves, Ali Mourad, Melvin Sanchez.

ROTC Senior-Back Row : Terry Jones, Justin Yong, Amanda Merrill, Jackie Taylor, Justin Rivas. **Middle Row :** Georgie Clarke, Tyrena Moore, Jovan Eldridge, Dimarie Camareno, Elizabette Ferreira, Salwa Abdoo. **Front Row:** Heather Shea, Anne Galipeau, Jason Streeter, Jeremiah Robbins, Hector Zavala, Xia Thao.

Service Homeroom- Back Row: Jonnalie Estrada, Tiffany Harrison, Peta-Gaye Ewans, Stephanie Drouin. **Front Row:** Candice Ross.

Show Choir-Back Row: Teneille Choofookiyn, Tiana Daniels, Nichola Edwards. **Second Row:** Melissa Petit, Chastelyn Rodriguez, Sandra-Leigh Rodriguez, Jackie Tourigny. **Front Row:** Candice Ross, Shalonda Edwards, Jasmine Torres.

Student Government-Back Row: Will Pearson, Sherron Colgram, Lonnie Hall, Dion Barron **Front Row:** Darlene Beamon, Alicia Greene, Nick Sneed, Alicia Wallace, Steven Spencer.

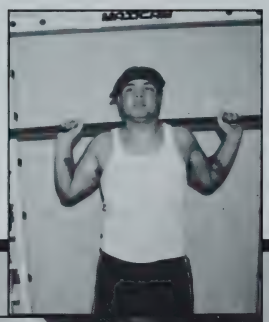


The Talon-Back Row: Shana Stratton, Andrea Rossini, Anthony Trimboli. **Middle Row:** Jackie Tourigney, Nich Sneed, Peter Dawson, Hilda Rivera, Lauren Rogani **Front Row:** Jennifer Smith, Melanie Isaac, Kurt Pinnock, Matt Swett, Trevor Sabate.

Video /Studio 86 -Back Row: Larry Archey, Greg Tapp, Mr. Adamopolous. **Front Row:** Tim Linnehan, Marcel Caron, Dave Broxton, Jose Diaz.

Yearbook-Back Row: Sarah Klenakis, Rachel Radner, Dan Montagna, Mike Anderson, Dave Stevenson, Amy Harpin, Jen Balicki. **Second Row:** Jerald Rosmond, Susie Ruff, Amber Swittenburg, Shannon McKellick, Jaime Ericksberg, Anna Baboval, Nina Vanderlinden, Ryan Kenney. **Front Row:** Jessica Bobrowski, Nicole Wrobleski, Patricia Wancko, Megan Flaherty, Kelly Cascio, Julie Fleet, Andrew Collins.

Clockwise from left-National Honor Society member Sarah Klenakis, helps by assisting an elementary student in making an ornament for the giving tree. Jackie Tourigney gets all made up by Chastelyn Rodriguez before *A Comedy of Errors*. Amber Swittenburg looks on as Nicole Wrobleski identifies students for yearbook. Nick Day practices on his bass for Jazz Band. Wendi Kelleher listens to Ms. Alonge during a GSA meeting. Key Club member Brian Carithers wraps flowers for Roses for Heidi.

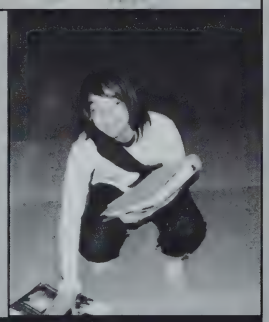


Feel the Burn- Rob Demarco exerts all his strength while lifting in the gym. Many students found lifting weights to be a great way to keep their body tones, muscles tight and mostly healthy.

Second Glance- During class, Michael Belmarce looks at a college information booklet. The booklets provided students with an introduction to several colleges and they also aided them with their decisions on their future plans.

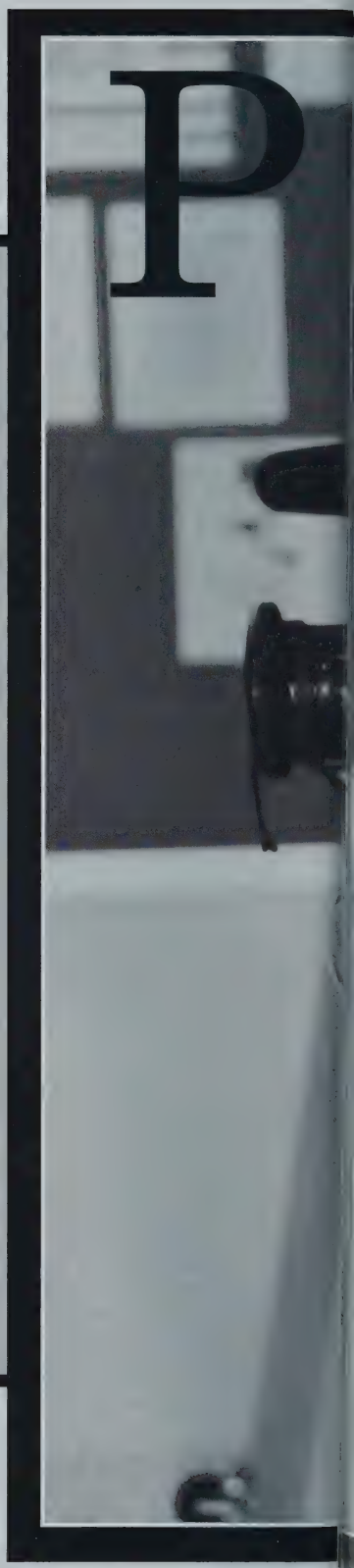
Polly Want a Cracker?- Kayla Sleeper holds on to her dear friend, a stuffed animal of Central's mascot. Many students found varieties of ways to show their school spirit and enjoyed doing it.

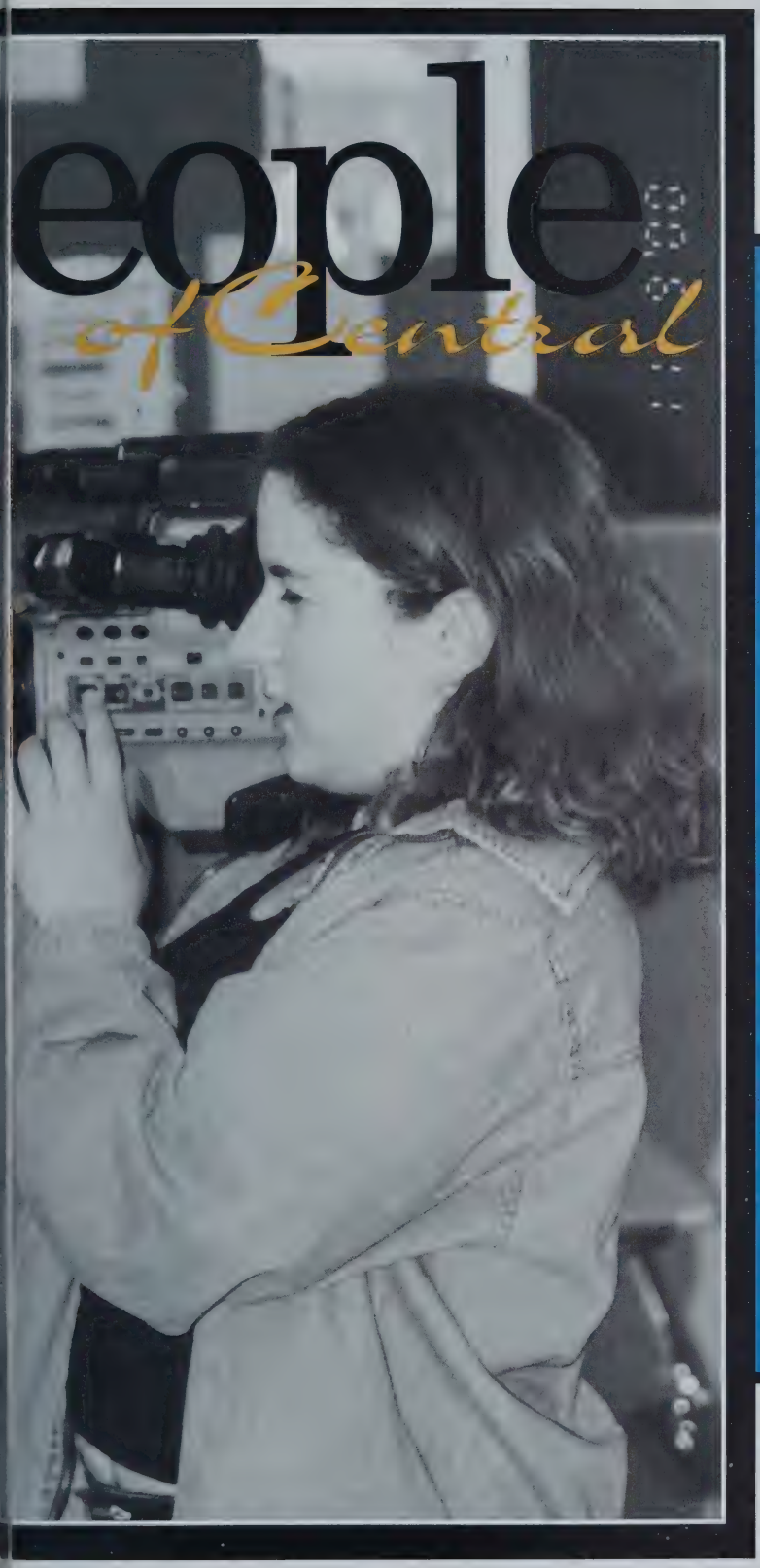
Diligently Drawing- Frances Rabbitt creates a work of art in her AP art class. Many people took art and joined NAHS to see their skills and how much they could progress in that field. Many classes gave students the oppertunity to do this.



Casual Clumbsyness- While in a rush to make it to class before the bell rings, Lashauna Smith accidentially drops some books. Four minutes didn't seem like much time for many students to get from class to class.

Dancing the Night Away- While at lunch, Shantel Murchison takes a moment to boogie down for the camera. Many studentd found odd ways to not only have fun but to also relieve stress and just relax.





People

Starting with freshman year, we were faced with many new things to deal with, such as new faces and the fact that we have just began the most important journey in our lives. Looking back, of all the things we have learned, and all the people we've met, remembering how little we were and how new everything was to us. We have grown to be the leaders and role models of our school. Next year we will be gone and a new set of people will rule the school and the tradition will live on. No matter what year it was or who made up the crowd, there would always be a senior class that would look back on the counselors, mentors, and most of all teachers, and say "thanks."

People Editors

Amy Harpin
Jaime Ericksburg

SUNNY DAYS

No school, just the beach, vacations, and relaxing during the best season of the year

Above: The 11AP English class poses in front of the poster of the show they have just seen, "Dr. Jekyll and Mr. Hyde." "The show was awsome and I loved spending time with my friends," said Marco Maggi.

With about two months of free time to burn during the summer, students needed to find ways to occupy themselves. One of the most popular choices for summer activities was going to the beach.

The way students occupied their time was up to them, but whether they were on a trip or relaxing in the sand, they were always busy.

By Mike Anderson

SUMMER FUN- While working at Camp Atwater, Jessica Santiago has her hair done by a camp member. "I was a junior counselor at the camp over the summer. I want to work with children in the future and I thought the summer would be the perfect time to get the experience," Jessica commented.

BIG CITY LIFE-Nina Vanderlindin and Susie Ruff chat under the lights of New York City. "We went to New York for Susie's birthday. We saw two Broadway shows and spent the night. It was really fun," explained Nina. Visiting big cities to shop and do other things was just one of the ways some students spent their summer vacation.

Aaron Abdelmaseh
Salwa Abdoo
Diane Adjapong
Joel Arce
Melanie Armstrong

Erika Arrastia
Angela Austin
Tyron Austin
Vanessa Aviles
Anna Baboval

Brian Bailey
Chinary Baldwin
Jessica Bass
Amber Beal
Michael Belmarce

Shantelle Beneveto
Shmeka Bennet
Danielle Bertodo
Tremaine Blackshear
Jessica Bobrowski

Lauren Booker
Tamika Borders-Graves
Christina Boutot
Matthew Bowen
Marcus Bradley

Michelle Brown
Dennis Brown Jr.
Ahriel Burston
Dimarie Camareno
Marcel Caron

Rebeca Carrasquillo
James Carroll
Teneille Chafooklun
Nicole Chretien
Molly Ciszewski

Sherron Colgram
Ashley Collins
Jeffrey Constantinos
Haniel Cotto
Nicole Craddock

THE Real DEAL

Throughout the year we had friends, festivities, memories, and...high expenses.

While Senior year seemed like all fun and games, many students soon found out that spending money was a large part of their final year at school. Having a car, going to the prom and applying to colleges were just a few of the costly endeavors that faced the senior class. Most students didn't mind handing over the money because they knew that it would ensure a more enjoyable experience.

Having an after-school job allowed students to offset some of the expenses. Most students agreed that money was the prime motive for keeping a job. Managing money was something that many people were faced with this year. Having a job and being smart with expenses helped make the money issue less of a burden.

By Dan Montagna

LOOKING OUT- Jessie Holmes keeps an eye out for swimmers at a local pool. "I have a job so I can feel independent by paying for things myself," he said. The last year of high school made it hard for students to spend all their time just having fun.

LEFT TO RIGHT: COOKING UP SOME MONEY- While holding a steady job as the cook at Gus & Paula, Kyle Debishop not only worries about his job, but also his many senior expenses. "I was going to go on the class trip, but it cost too much money," he commented. STOCKIN' IT UP- Jessica Rivers works tediously to get the job done of stocking the soda. "Money comes in handy when you have senior expenses to pay for," said Jessica. ROLLIN IN THE DOUGH- Maureen Midgnall works hard at making those extra dollars. "I've been saving a lot, mainly for college," she stated.

Adrianne Crossfield
Javier Cruz
Keila Cruzado
Justin Culp
Kimberly Curran

Lee-Ann Daigneault
Indera Daniels
Kandice Daniels
Tiana Daniels
Dishay Davis

Kyle Debisschop
Robert Demarco
Danny Diaz
Jasmine Diaz
Nancy Dixon

CHECKING OUT- Many found different ways to take care the added expenses senior year accompanies. Jackie Roberts take care of her expenses by working at a clothing store, A.J. Wright. The pressure was on to get a job because of the need for cash. "No teenager really likes to work, but it needs to be done," Jackie commented.

LOOKING LOVELY- As Danielle Marrow holds up a mirror, Christina Huff makes a quick last glance right before she gets her senior picture taken. "It would be good to start to save money your junior year, especially if you don't have parents that will help you out," commented Christina.

THE RING OF THINGS- Osvaldo Lopez and Jacqueline Quinlan take the time to admire a senior class ring. "I know that a class ring is not something that I need but it is something that I will have forever, and when I look at it, I will remember high school. I am willing to spend this amount of money on something that will restore all these memories," commented Jacqueline.

Where Does The Money Go?

Senior Class Trip	43%
Car Insurance	22%
Senior Pictures	17%
Car Maintenance	10%
Clothes	8%

Becky Dorn
Shannon Durant
Nicola Edwards
Shalonda Edwards
Jovon Eldridge

Amanda Estabrook
Elizabete Ferreira
Monica Figueroa
Yaniz Figueroa
Geoffrey Ford

Joao Franco
Ann Galipeau
Mercedes Garret
Alexander Gendreau
Aleesa Gibson

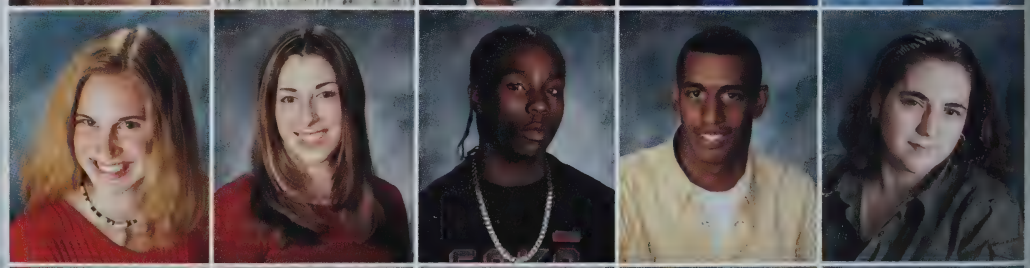
Nichole Girard
Tanner Glantz
Jeziel Gonzalez
Katherine Gore
Anthony Graham

Michael Gralia
Nagilia Greaves
Alicia Green
Cammie Griffin
Takeysha Guadeloupe

Alpha Gussine
Adam Hall
Amy Harpin
Kiana Harris
Sharon Harris

Rayhana Harvey
Brandon Henry
Lisa Henry
Edna Hernandez
Rory Hextall

Shannon Higgins
Sarah Hobaica
Gregory Holmes
Jessie Holmes
Angelina Hubbard



John Hudson
Christina Huff
Barbara Hunter
James Hutchinson
Melony Issac

Coming Attractions

Many were looking forward to the coming years. Books, dorms, studying, and change in environment were only part of it.

"I am currently undecided on which field I want. I would like to major in broadcast." -Nagilia Greaves

As senior year had finally found the former eleventh graders, decisions were to be made. For the seniors who planned to attend college one question clouded their minds: What college or university would they attend? This major decision would shape the rest of their lives.

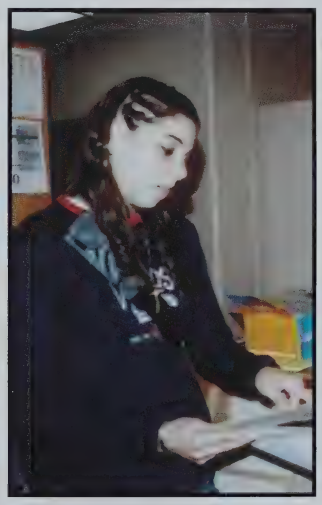
College is the bridge to success and success varies amongst a crowd. College was important to each member of the senior class for many different reasons. "I want to go to college because I need to go somewhere in my life," commented Shmeka Bennett.

Seniors had many other decisions to be made concerning their college careers such as will they attend an out of state school or a school in state? Shemeka Bennet and Brian Ward planned to attend schools out of state and Ashley Collins planned to go to an in state school. Another question that arose with concerned seniors was, what would they major in? Some wanted to go into the business field, and others planned to go into sports management.

Most seniors had no way of knowing what college would be like or where it would take them. "I expect college to be harder, and at the same time, fun and exciting," said Justin Young.

Leaving for college was the hardest thing for the twelfth graders to face. As the school year rolled on, college time drew closer and closer. What would the future hold for the seniors? No one knew because it would be entirely up to those who were a part of it.

By Ryan Kenney



While looking at the list of scholarships she can apply for, Jen Torres thinks about what colleges she might be interested in attending. "I can't wait to go to college because it will be such a different type of schooling and it will be a great experience," commented Jen.

Right before class ends, Shantlle Benevento takes the time to look at a pamphlet on a college she might attend. "There are so many different colleges to choose from. The stress caused by it is so over-whelming. I never thought it would be this hard, or so important," she commented.

Which College is preferred

Liberal Arts 36%

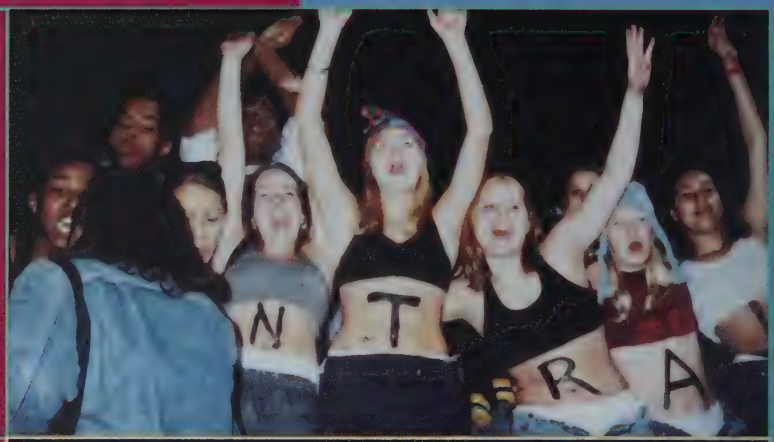
Sci & Technology 24%

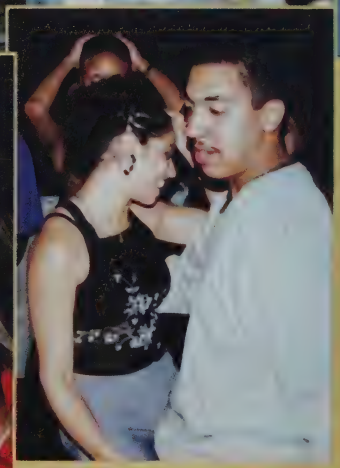
Engineering 16%

Business 14%

Law School 10%

Right-Becky Carrasquillo, Ashley Collins, Shannon McKellick, Jessica Rivers, Jessica Bobrowski, and Erica Estrada show off their back sides. **Below**-





LET

Below- Yaniz Figueroa, Andrene Miller, Joanna Vargas, Georgia Clarke. **Below Right-** Mark Palatino and Alicia Drake. *All Photos by [illegible] Vanderlinden and Kelly Cascio.*

WITH THE THRILL AND EXCITEMENT OF RIVALRY, MANY STUDENTS FOUND THE PERFECT OPPORTUNITY TO SHOW THEIR SCHOOL SPIRIT.

Top- Homecoming Queen and King Nicolla Edwards, and Tyrone Austin. **Above-** Junior class spirit is represented by Kelly Cascio and Alecia Supernaut.

HOMECOMING

The *Games* Begin

Shareef Jacobs
Kisha Johnson
Markus Johnson
Don Jones
Terry Jones

Amanda Kane
Nikolay Katko
Brendan Kavanaugh
Sarah Klenakis
Jason Kleps

Lacy Kochanowicz
Elana Kuropatkin
Jason Larose
Kao Nou Lee
Lisa Lefebvre

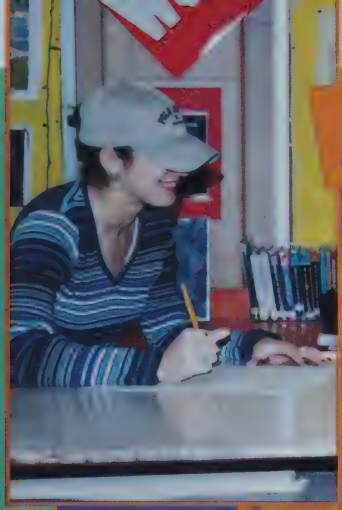
Robert Lemons
Real Levesque
Nichole Levierge
Nancy Lo
Gregory Lockwood Jr.

Osvaldo Lopez
Errolique Lord
Sheena Love
Marco Maggi
Brian Mahoney

Nicole Marotte
Danielle Marrow
Astariea Martin
Vanessa Martinez
Julie Mathis

JUST for FUN

Many dress up or act really crazy just for the spirit of the school.



HATS OFF: Frances Rabbitt participates in Hat Day. Spirit week gives the students a chance to show a little school spirit, and have fun. " I think that senior spirit is very important because you want to remember those good times you had supporting your school. Plus it is a change to wear a hat," Frances said.

MIX-N-MATCH: Hector Zavala shows off his mismatching skills in history class on Clash Day. Clash Day was one of the many opportunities to express school spirit. "Showing senior spirit is important because we kind of set an example for the rest of the school. We should live senior year to the fullest and go out with a bang," commented Hector.

Above: Vanessa Martinez, Chastalyn Rodriquez, and Jennifer Sanchez show off their senior spirit at a football game.

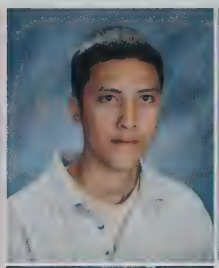
For many seniors, showing their school pride was a top priority. Despite all the responsibilities they had, most tried to support their school as much as they could. Others showed their support in different ways, like painting faces at football games and doing activities. Showing their spirit proved to be a good opportunity for seniors to share their pride in the school.

By Patricia Wanko

Michael McCarthy
Shannon McKellick
Nyia Mclaurin
Tamara McNabb
Amanda Merrill

Ryan Michael
Maureèn Midghall
Brad Millen
Andrene Miller
Stacey Mimosa

Osvaldo Molina
Latoya Monroe
Tyrena Moore
Brian Moran
Samaria Morrison



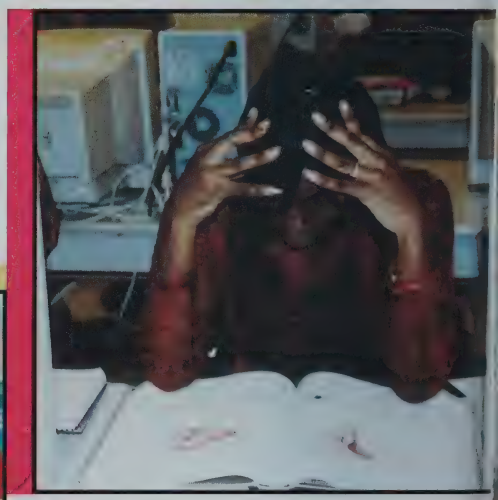
Chantel Murchison
Alana Murray
Shamika Murray
Kara Nelson
Andrey Nemchinsky

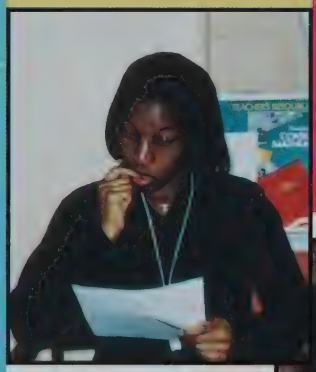
Lien Nguyen
Jason Nichols
Christine Nieves
Brian O'Connor
Christina O'Connor

While down in the counselor's office, Kishauna Johnson, Danisha Phillips, and Latoyia Pitters takes the time to look at the new schedule to see if they can understand the changes. "I don't like the new schedule because it is very confusing to remember the day plan. Everyone has to go to the counselor's office to ask some questions and figure it out correctly. Plus if we know the schedule, getting to our classes on time would relieve a lot of the stress and make senior year a lot more enjoyable. These changes make all the difference," Latoyia commented.

MASTERING THE CHAOS- Gwen Weeks makes good use of free time during a computer lab to study for an exam. "A lot of things in senior year can stress you out, but I think keeping my grades up is most important," she commented.

Shauna Wilson pours over her notes last minute to be ready for the test. "I tried my hardest to keep my grades up despite the worries of the college search. My friends and family help relieve stress," Shaunna said.





Yuletzi Raminez makes plans to visit a college, with help from her counselor. "I started late looking for a college. Now I'm stressed with all the deadlines I must meet," she commented.

Mandi Ogoley
Luis Olmeda
Elizabeth Ouimette
Timothy Oyler
Mark Palatino

Joanna Pagero
William Pearson
Emely Pena
Matthew Petlock
Crystal Pettus

Danisha Phillips
Kristin Phillips
John Pinsonnault
Kierra Pitters
Jarreau Pitts

Hard To Handle

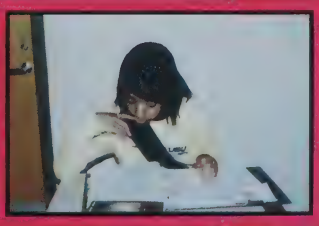
With all the advantages of senior year, also came disadvantages leaving seniors stressed out.

Many underclassmen looked forward to the nal year of high school. After all, they were t the top of the school. However, there was a rge amount of stress associated with the st year. Students had to worry about col- ge and life after high school. They also had o cope with new school rules and policies. hile the year was a lot of fun, it was also credibly stressful.

Other major issues that students had to deal with was the new schedule, lunch periods, and the attendance policy.

With all of the pressure of graduating, all these changes just added more stress. The last year for seniors definitely had its advantages, but it also had a lot more stress and pressure than any of the other years.

By Andrew Collins



FT TO RIGHT: STUFFIN IT- Relessa White finds time between classes to stop at her locker to trade books and grab other cessities. "It is impossible for me to get everything I need to get done in this amount of time," Relessa said. STRESSFUL UATION- Sharron Colgram stays cool and calm despite all the pressures of senior year. "I am more stressed this year an any other year," she said. HALLWAY MADNESS- La'Shauna Smith escapes from her busy schedule and finds a few oments to look over her notes for her test. "This schedule leaves me no free time to relax," commented La'Shauna.

With all the stress of senior year, Alicia Green takes a moment to unwind. "I don't meditate that often, but when I do it helps me deal with things," Alicia commented.

Karin Powers
Loretta Provos
Jaqueline Quinlan
Frances Rabbitt
Yuletzi Ramirez

Caitlin Reilly
Sergio Reyes
Eli Rivera
Gladys Rivera
Jennifer Rivera

Wendy Rivera
Jessica Rivers
Kathleen Robbins
Jacquelyn Roberts
Manuel Robles

Chastelyn Rodriguez
Jessica Rodriguez
Michael Rodriguez
Elizabeth Roman
Andrea Ronghi

George Rooney
Tiffany Rosemond
Andrea Rossini
Nisheka Rucker
Shenequia Rucker

Susanne Ruff
Lewis Sacamando
Jayson Sanchez
Tyrone Sanders
Jessica Santiago

Joao Franco spends his time sweating out calories in the weight room. "I really push myself when I lift weights to try to tone my muscles. I do this because I know that is what girls like," Joao said. He found lifting to be fun and beneficial to his health. Having a weight room at the school is a convenience for students without a lot of time.

While in gym class, Kim Curran takes an extra few minutes to stretch before the class begins. "I definately think it is good to exercise because it keeps you so healthy and in shape. The only problem is taking the time to do it," she commented.

Best Form OF Fitness

Running 36%

At The Gym 24%

Walking 16%

Bicycling 14%

Boxing / Tae-bo 10%

Lifting Weights 10%

Other 10%

Fit To The Bones

"Staying in shape doesnt eat right too."

Playing sports and looking good were only some of the reasons many students found it necessary to work out.

It's hard to find time in a seniors schedule with college, homework, and spending last moments with longtime friends. But it was also a necessity to find time for fitness. Staying in shape was extremely important because it keeps the body looking good and feeling healthy.

Many students were concerned about looking good for one of the most important senior events... PROM! People didn't realize it, but prom was just around the corner. Fitness clubs were able to provide the opportunities for students to look their best.

A workout encourages us to stay healthy and be energetic. Many agree that being physically fit makes it easier to enjoy life.

It's true when they say, "No pain, no gain," but there's a deeper meaning to that expression. Fitness also gains extra points for future plans. "I benefit from fitness because I am an athlete," says Kym Sturdivant. "It also helps me to keep my weight down because I am going to the navy." Without certain standards, one's future could be put down. Being fit could help to achieve these goals.

Achievement is another important event in a senior's life. It was their last year of school and the best had to be made out of it. One's success could be determined by many small factors, and fitness fits into that category. Exercising demanded hard work, but in the long run it was worth it.

By Kelly Cascio

A NIGHT TO REMEMBER...

Once Upon A Time...

"I was happy to take a break from dan[illegible] talk to my friends and reflect on the [illegible]"
-[illegible]

BESIDES THE MAKE-UP, THE HAIR, OR THE OUTFITS, EVERYONE LIVED A NIGHT THAT THEY WILL NEVER FORGET.

"The prom made me realize how much fun I had in highschool and I'm sad that it is comming to an end."
-Ashley Collins

"I really enjoyed the way the night turned out. I w[illegible] weather but the rain just added to the memor[illegible]

THE PROM

"The prom was a great. Everyone looked awesome, and I'll never forget it." -Erika Arrastia

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On the _____ evening, my friends and I went to the prom. I went with _____ and we had a(n) _____ time. I wore _____. It looked _____. I met we took TONS of pictures. They came out _____. We went to the prom in a _____. When we got there we saw _____. Everyone looked _____. The food was _____. Then came the best part, the dance floor. We _____ all night long. After the prom we went to _____ where the fun continued. My friends and I _____. That's when _____. I will always remember the _____ time we all had that night.

"The prom was so much fun and I loved every one of it except the rain. The night turned out to be [illegible] expected."

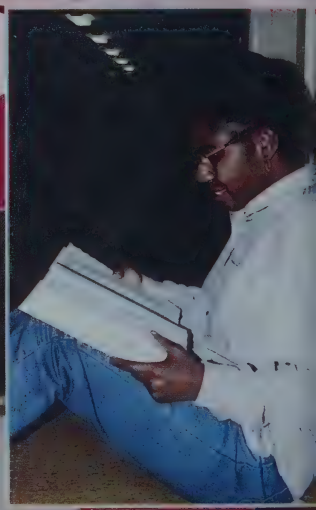
"I danced all night [illegible] I don't [illegible] well. [illegible] great."

Anis Sarrage
Timothy Saxer
Angela Scarfe
Shamikka Sermon
Outh Shah

Heather Shea
Julie Simon
Manda Smith
Shantel Smith
Shavonne Smith

AFTER HOURS

With all the things going on in students' lives there wasn't always free time left to do those not so important things.



Dining Out- *Natasha Wright grabs a bite to eat at a local restaurant. "I mostly go out to eat with my family during my spare time. Family time is time well spent," Natasha said.*

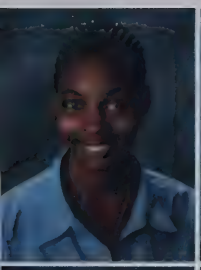
Extreme sports, team sports, jobs, and just relaxing with the radio on, were only a few of the things people chose to do in their free time. Where ever they went, they always smiled and enjoyed their time away from learning.

Some used their time to earn extra money. Although it may not have been the most enjoyable way to spend their time, the money was appreciated. Still more chose to just relax or be with friends. Time off was well deserved.

By Nichole Wrobleski

Bo[illegible] W[illegible] While [illegible] classes, Diane Adja[illegible] a moment to catch [illegible] reading. "I try and fin[illegible] time as I can during [illegible] time to read," co[illegible] Diane. Free time g[illegible] dents the opportun[illegible] lax.

Gu[illegible] Brian [illegible] takes the opportun[illegible] free time to fresher [illegible] guitar skills. "I bega[illegible] the guitar about six y[illegible] I started listening t[illegible] sic and the guitar 'g[illegible] Santana inspired me [illegible] a try." Brian explained [illegible] were often enjoyed [illegible] that people spent ye[illegible] them.



Latish Smith-Mitchell
Blanca Solivan
Brenda Solivan
Nichole Spiry
Lora Stasio

Kym Sturdivant
Kyle Suttles
Carol Szostkiewicz
Daphne Taylor
Jacquelyn Taylor

How do most students spend their spare time?

Working 49%

Sleeping 27%

Shopping 12%

Working-out 8%

Studying 4%

While on her day off, Ruth Zimmerman uses up her free time to browse through the stores at the mall. "I don't get that much time to shop for things. Whenever I get the chance I try and get as much done as I can," she commented.

Sweet Dreams- During a break, Sherron Colgram catches up on some missed shut eye. "I definitely don't get enough sleep. I work after school and when I get home I have homework to do for A.P. and honors courses," Sherron explained. Hard schedules and busy lives left little free time for activities, including sleeping.

Guess Who?

"My childhood was fun and exciting. I got into a lot of trouble."

"My memories are very enjoyable, from what I can remember."

"I don't remember much of my childhood because it went by so fast."

Answers: Emilia Chotookun, Jenny Underwood, Astaria Martin

Teddy Bear Love- While holding her favorite stuffed animals, Maggie Tran makes a quick pose for the camera. "I loved being a kid because I did lots. I had the most fun playing with Barbies, and other toys. My childhood is something I will never forget," explained Maggie.

While enjoying the warm air of the summer, Becky Carasquillo sits pretty outside her home. "I was born in Puerto Rico so the way of life was much more calm and organized instead of the busy life here in Springfield," Becky commented.

The Wonder Years

With cake on their faces and toys in hand, many were left with memories from their childhood that will last a lifetime.

Many things have changed over the years. Students said they can still remember when shows such as, "In Living Color" and "Fraggle Rock" were popular rather than current shows like, "Moesha" and "Will and Grace."

New activities also entered into the lives of seniors. Alex Gendreau commented, "When I was little my favorite things to do were watch cartoons and play video games. But now, I'd rather go out to parties with friends."

Kara Nelson

While doing other activities seniors said they have found new friends. "I hang out with very few of my friends from when I was little. People just act differently as they grow up," said Relessa White. Others said different interests have put strains on friendships and started new ones as well.

Another major part of growing up is facing new responsibilities. "You need to take care of yourself. You have to look for colleges and take the SATs. It's just stuff parents can't do for you. It's part of growing up," Brian O'Connor explained.

With all the changes that the students went through, one thing stayed the same, all the memories they had as children, they would never forget.

By Nicole Wroblewski

After her dad carved the pumpkin for two hours, little Shannon McKellick stands so proudly next to the amazingly large work of art. "My uncle is the one who grows the pumpkins, and I was so excited that he gave us the 300 pound pumpkin," Shannon remarked.

Xia Thao
Kyle Thomas
Khanittha Thongphoon
Sarath Ton
Jennifer Torres

Jose Torres
Jacqueline Tourigny
Maggie Tran
Jason Tremblay
Lisa Trimboli

NATURAL ENJOYMENT- While cramming in a rather large scoop, Maureen Midghall enjoys the sweet taste of chocolate chip ice cream. "My favorite food is pizza. It's a cheap way to get food with friends because a lot of people can eat it and everyone likes it," she explained.

During her morning routine of coffee and cake, Sarah Hobaica savors every bite. "In the morning there's nothing better than coffee and pastry. I'm addicted!"

HEALTHY BITE- Tyrone Sanders enjoys a fork full of one of the most healthy dishes, salad. "Salad is the best. It is good for you and it is great with a little Italian dressing," Tyrone commented. Besides all the junk food students ate, they also ate those healthy ones, too.

What type of food do most students prefer

Italian	34%
Chinese	28%
Mexican	16%
Seafood	14%
Junk food	8%

While about to chow down on a dumpling, Brad Millen struggles to hold it tight with a pair of chop sticks. "I love dumplings. My mom gets mad at me because I ask her to make them for me all the time," commented Brad. Some of students favorite foods were foreign foods.

While in the middle of cooking class, Sergio Reyes enjoys some candy. "I love candy and sweets. During those long classes and being bored, candy helps to pass the time, plus it tastes great," Sergio commented. With students selling candy at school, they were able to eat it much more often.

TIME *To* DIG IN

With all the things seniors had to do, they found plenty of time to chow down on some of their favorite foods.

The population of the school was very diverse, which made the foods eaten very different. Everyone had different tastes and not everyone liked the same things, but most would agree that their cultural background influenced much of what they ate.

Many students stuck mainly to their own ethnic background when it came to eating. "I love Portuguese foods like paela and bifana sandwiches," said Stacy Mimoso. "Portuguese foods always have lots of spices and juices, and I like them because they are different from what people ordinarily eat, " she explained. "I like pho doc biet. It's a soup that has thin, white noodles and thinly sliced beef with Vietnamese herbs and seasonings. It's really tasty," Phuong Nguyen stated.

Students found these ethnic foods to be a change from the ordinary things teenagers ate. Different kinds of food became a part of students' everyday life.

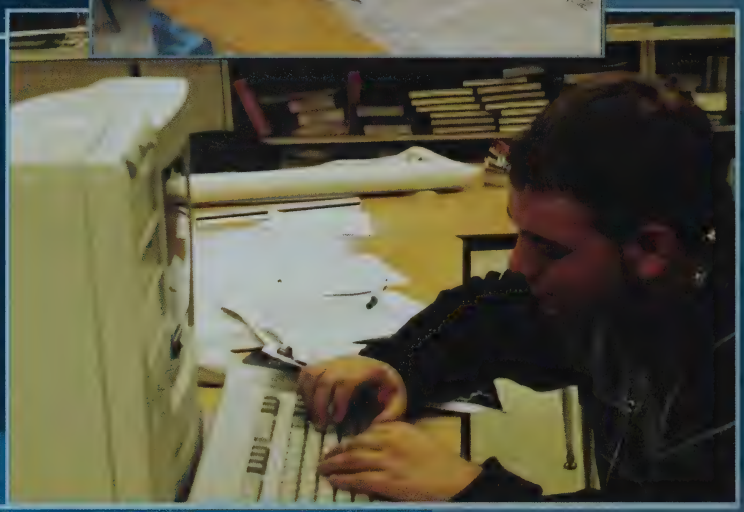
By Patricia Wancko

Bombs Away- While carefully lowering spaghetti into his mouth, John Hudson waits patiently to slowly devour it. "I eat a lot. I like fast food better than home food because it's the easy way to go," John commented.

Rice-a-Roney- While finishing a plate of rice, Nicole Rucker helps herself to a delicious bite of rice pilaf. "Rice isn't my favorite, but it's a good way to keep healthy," she commented. **Incredible Edible Egg-** During breakfast, George Rooney completes his meal with some eggs. "I love the way eggs taste," he said. **Clamped On-** While biting firmly into a cupcake, Shauna Wilson enjoys the sweet taste. "I know sweets aren't good for you, but I have to indulge," she stated.

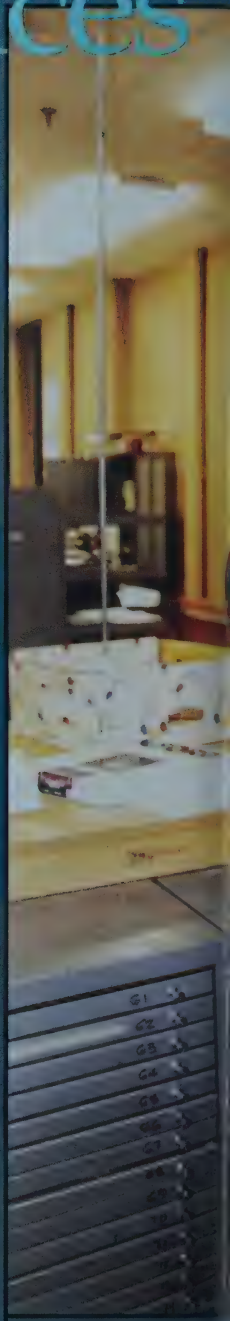
Faces

Snip, Snip- While in fashion class, Catherine Rivera makes the final cuts on her clothing design. "In the future I will know how to fix and repair things if they rip or



Digital Genius- While in his computer class, Tim Oyler works hard to reach his high expectations of a job well done. "Learning about computers was the smartest thing I could do since computers are becoming so [illegible]tant," he [illegible]ents.

A[illegible]mart- Dapne To[illegible]r works on a pa[illegible]ing in an art cl[illegible]. "I started art classes my so[illegible]omore year, be[illegible]use I hope to so[illegible]day enter a ca[illegible]er involving th[illegible] arts," she [illegible]. Electives w[illegible] helpful for st[illegible]ents to learn a [illegible]ture profes-sio[illegible]



of *The* Future

QUICK SNAP- While in photography class, Tremaine Blackshear focuses on a subject and takes a great picture. "I hope to do something in the arts, this class helped me to explore my creativity," he said.

"The cooking skills I learned here will help me in college." -James Hutchinson

IT WAS MUCH EASIER FOR STUDENTS TO PLAN FOR THEIR FUTURE CAREER WITH A VARIETY OF CLASSES TO CHOOSE FROM.

When thinking of high school, one remembered endless classes of Algebra and Biology, but he/she forgets the other classes in which they participated. These other classes may have included photography, metal technology, electronics and art. These were fun, hands on classes that taught lessons in an unconventional way. Some students only took part in these alternative courses to get away from the pressures of all the core academic classes. However others chose their electives with the idea that it would give them a better understanding of the career field they hoped to go into post high school.

Shamika Murray was a student in photography. Shamika agreed that this had taught her a lot. "I surprised myself when I made a working camera from a cardboard box. It gave me confidence in my work. I hope to take other classes in photography in college," she said.

Sarath Ton was a student in an advanced art class. He took this class because he hoped to one day enroll in film school; art class helped him to explore his creative side. "These classes help me to learn both the technical aspects of this career and the creative ideas needed to succeed."

Students who took advantage of the electives would benefit in their future jobs. Skills they learned here could be applied at the work place in any job.

By Rachel Radner

OPPORTUNITIES FOR LIFE

Positive Influences

"With the variety of places to go for advice, you are bound to get someone to give you good advice." -Julie Mathis

Whether it was parents, teachers, counselors, or friends, students had a number of places to go to get the right advice.

Everyone's life has been affected by certain people that have provided advice during crucial stages of their lives. From the everyday dilemmas of what to wear to the pivotal moments in life, like what college or occupation to choose, everyone has required the advice of someone else at one point in their lives. Often the kind of advice that was needed by seniors determined who they would ask.

Seniors sought out teachers and counselors for guidance concerning what classes to take, how to go about applying for scholarships or choosing colleges. "I go to my counselor for advice about college," said Kathleen Robbins. Choosing a college was a major decision for many seniors and they didn't want to be left doing it alone.

Other seniors often went to a sibling for all sorts of advice. "My twenty-four year old brother gives me advice most often, especially when a problem concerns our parents. He gives the best advice," stated Kyle DeBisschop. Parents were another source of information and advice for some students.

Concerning matters of the heart, friends, and future plans, most students depended on their friends for advice. "I go to my best friend for advice on everything- from boys, to clothes, to religion, to college, to saving money, to careers," said Nicole Craddock.

Seniors considered different people useful for different kinds of advice. Whether the advice was applied temporarily or was timeless, it shaped the lives of each student that passed through high school.

By Julie Pleet

Where do students go for advice

Friends 58%

Parents 18%

Siblings 9%

Teachers 8%

Counselor 7%

[illegible] - While on his way to another class, John Lee stops by the nurse's office to read up on some information that he needs some advice for. There were many places for students to get advice from and it didn't always have to be a person.

[illegible] After looking over some college scholorship applications, Aaron Abdalmaseh asks his counselor for advice on just what to do. "I have really learned to rely on my counselor for advice on what to do in the college process," Aaron commented.

- While in the nurse's office, Jessica Bass asks the nurse for some comforting advise. "When there is no where else to go, you can always find someone here to talk to. They almost never lending an ear to help you," commented Jessica. Students went to more than just their friends for advise.

FRIENDLY CONVERSATION- During ROTC class, Jason Streeter takes a moment to ask his teacher for some advise. "Coming from a Sargent, I got leadership advise. He tells me to stick with it. I am am officer in ROTC and I have done so well with all the help I get," Jason said.

TERRIFIC TIPS- Many students found themselves visiting their counselor frequently during their senior year for advice on anything from present classes to future colleges. "My counselor, Mr. Lester, was helping me find my major at the college i want to attend," said Nicola Edwards.

While in video class, Sarath Ton offers some helpful advice. "I got advice from many people. The ones I cherish the most are from my friends because they care about me the most," Sarath said. Friend always had their arms open to those that needed it.

Adam Turner
Miquel Turner
Leonard Underwood
Christopher Unglaub
Marangelly Valentin

Nina Vanderlinden
Lorraine Vang
Hoang Vo
Alicia Wallace
Brian Ward

Cassie Ward
Craig Washington
Brandon Watson
Gwendolyn Weeks
Caitlin Welz

Jason White
Relessa White
Michael Williams
Shauna Wilson
Denise Wright

SILENT NIGHT

Presents, birthday cakes, costumes were only part of the fun during the festive times of the holidays.

On Hallowee[illegible] students dress-up a[illegible] sters or other scary [illegible] but Erika Arrastia a[illegible] sica Rivers went for a [illegible] ent approach, *Playb*[illegible] nies. "I like Halloween b[illegible] it gives me a chance [illegible] fun and act crazy," sa[illegible]

Surprise!- While she g[illegible] chance,Khanittha Thor[illegible] peeks at one of her [illegible] gifts from her friend. "M[illegible] day would have to be m[illegible] ite holiday becaus[illegible] strictly for me and I ge[illegible] attention," Khanitt[illegible] Birthdays and holiday[illegible] also ways to spend t[illegible] family.

What holiday do students like the most?

Christmas 52%

Halloween 22%

Birthday 14%

New Year's Eve 9%

Thanksgiving 3%

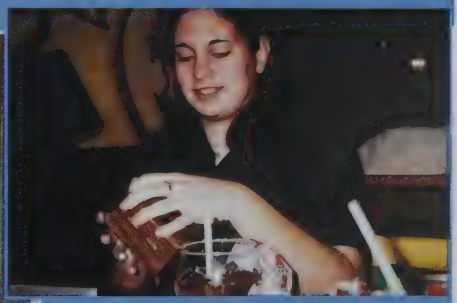
Students could be found celebrating holidays year round by performing such activities as decorating Christmas trees, opening presents, eating food, or partying. Holidays gave students a chance to take a break from school as well as a chance to spend time with their family. Everyone had their reasons why they liked or disliked holidays but, regardless, every holiday was celebrated by one person or another.

One of many students favorite holidays was Christmas. Andrea Rossini said, "I like Christmas because everyone is happy and I love the music and decorations." Presents were another reason why this holiday was enjoyed by many students. Kara Nelson explained, "I remember when I got my Radio Flyer for Christmas. I love getting spoiled!"

There were several other holidays that were greatly enjoyed by students. Sharon Harris remarked, "I love Thanksgiving because it gives me a chance to spend time with all of my family and friends." Alicia Green's favorite holiday was Veteran's Day. "I like Veteran's Day the best because it is my birthday," said Alicia. St. Patrick's Day was Amanda Kane's favorite holiday. "I like it because I am Irish and it gives me an excuse to party," said Amanda.

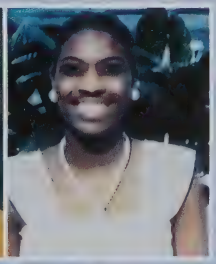
No matter what the occasion, all of the students appreciated the holidays because they gave them time off from school. Students could spend time with family members, eat holiday foods, exchange gifts, and have a good time. Even if the students didn't celebrate certain holidays, they still had an opportunity to relax and enjoy some free time. After returning from a holiday break, many students found themselves anxiously awaiting the next one.

By Andrew Collins



TIS THE SEASON- While opening a gift at Kahonaville, Sarah Klenakis gets into the holiday spirit by exchanging presents with her friends. "Holidays are important because of the time spent with friends and family," she said.

SPEAK OF THE DEVIL- Stacey Mimoso celebrates Hollow[illegible] by revealing her devil[illegible] is the one day of the year [illegible] Stacey.

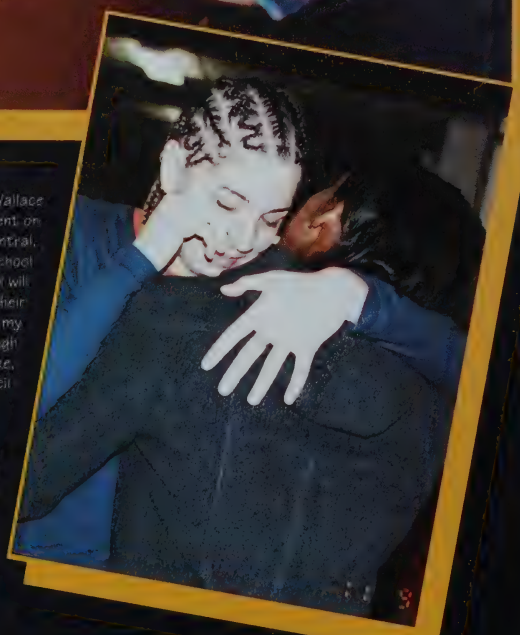


Natasha Wright
Justin Young
Hector Zavala
Ruth Zimmerman
Clara Charles

Nicole Perkins

Class of 2001

Saying Good-Bye



LOOKING BACK- Thinking of her past years, Alicia Wallace reminisces on some of the good times that went on in her underclass years. "I will always miss Central, the kind and thoughtful teachers, all the school staff, and last but not least, the students. I will never forget my fellow classmates because their smiles, laughs, and crazy ways will forever be in my hearts. Leaving friends behind is a hard, tough step that all graduate students must take. Students don't realize what school means until it is time to move on," Alicia commented.

FINAL FAREWELL- As the school year came to an end, Jen Torres took a very special moment to say good-bye to Jovon Eldridge. "I am so used to getting up and going to see my friends at school. After the school year ends, I won't be afraid. I know I will see my friends again," Jen commented.

Exams nor homework could even compare to the difficulty of saying good-bye.

Graduation was a sad event because seniors had to leave the people they have learned with, grown with, and cried with, but it was also a happy time because they started a new life. It was an event filled with mixed emotions that meant something a little different to everyone. Lenny Underwood said, "I will not miss high school as much as I will miss my friends here."

"I don't think the impact of graduation will hit us for a few years because we don't know what we have had until we get older and grow up," said Marshal Caron. The hardest thing to do is say good-bye, especially to all the people students have known and come to love.

By Ryan Kenney

Honor Roll

Summa Cum Laude

Aaron Abdelmaseh
Georgia Clarke
Sherron Colgram
Sarah Klenakis
Lacy Kochanowicz
Julie Mathis
Michael McCarthy
Amanda Merrill
Brad Millen
Christine O'Connor
Thuy Pham
Frances Rabbitt
Susanne Ruff
Khanitha Thongphoon
ShanShan Zhao

Magna Cum Laude

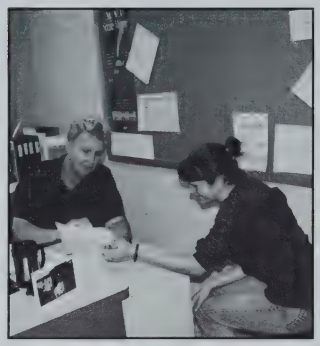
Anna Baboval
Matthew Bowen
Ahriel Burston
Marcel Caron
Monica Figueroa
Nikolay Katko
Brendan Kavanaugh
Phuong Nguyen
William Pearson
John Pinnsonault
Chastelyn Rodriguez
Jacqueline Tourigny
Maggie Tran

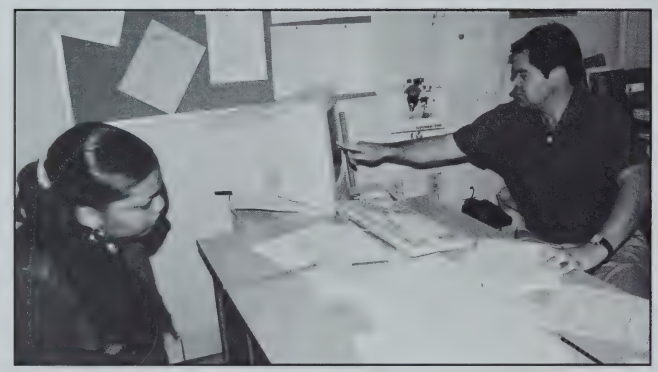
Cum Laude

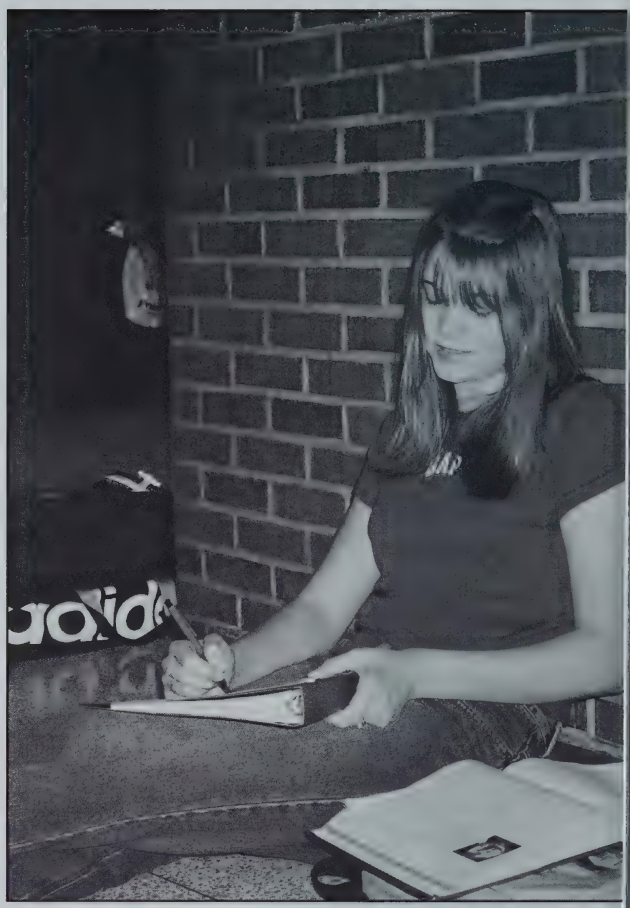
Jessica Bobrowski
Rebeca Carrasquillo
Nicole Craddock
Javier Cruz
Nichole Girard
Stacey Minoso
Brian Moran
Luis Olmeda
Elizabeth Ouimette
Caitlin Reilly
Jeremiah Robbins
Kathleen Robbins
Jacquelyn Roberts
Jessica Santiago
Jacquelyne Taylor
Xia Thao
Lizbeth Vazquez
Caitlin Welz
Shauna Wilson
Justin Yong

Super study- Alicia Supernaut catches up on a little unfinished history homework. "I have a lot of to do after school, and sometimes I don't get all my homework done. Since we don't get studies or many activity periods anymore, it makes it really tough," she complained.

Right-Freshman Leah Provencher ponders the new schedule with help from counselor Mrs. Redden. "I found the ever changing schedule really confusing, but I only got lost once! The first week of school was hard but since then it has gotten easier." Many people besides freshmen found this year's new schedule hard to understand. **Below**- Although her schedule was switched around four times, freshman Yandiry Sandoval enjoyed all of her classes. "I like the high school schedule because there are a lot more options than the middle schools, like Chinese class," she stated. This could have been a positive change for many of the newcomers.







Monday

"It's not so much that it's tougher to participate in extr curricular activities without activity period, it's just that there isn't much time for it."
~Allegro Schroeter
Grade 11

Tuesday

"Without studies, it's difficult to find time to do homework because of cheerleading. I think many students who participate in extra-ciricular activities feel this way."
~Lisa Botta
Grade 11

Wenesday

"I think more people will fail this year by not bringing in excusable notes than failing last year by not showing up to classes everyday."
~Paige Leiberwirth
Grade 10

Thursday

"This year's schedule is an inconvenience because there are more classes, which means more time for homework and less time for fun time."
~Mario Manzi
Grade 11

Friday

"I think the schedule this year is more confusing than last year's because we aren't used to it , but as the year goes by it will get easier."
~Dustin Hull
Grade 11

quick switch- While shoving unecissary items into r locker, Elizabeth Showers tries to hurry so that e won't be late for class. "I think it's harder for the perclassmen to adjust to the new schedule and tendance policy because they were so used to the d way. It's not so bad for the freshman because at's all they've known," she commented.

dn't quite make it- Late comer Chris Parker signs and waits for a pass. With the new attendance licy he worried about how many tardies he could ford before failing. "It's too much of a hassle to ing in notes for every little thing."

here am I going?- Christina Saccamando takes other look at her class schedule for the day. "I ver know where I'm going anymore!" she shouted. he old schedule was just fine!"

Policy discussions- Alicia Hernandez and Kelly Goodrow look over and discuss the daily schedule, giving their opinions on its results. "With the new schedule and attendence policy, it is so much more crowded since people aren't skipping," Alicia laughed.

A *Change* Will Do You Good...?

Students had to deal with the returning, more rigid attendance policy and a new schedule which forced them to spend more time in the classroom.

Attendance was always a part of a student's grade but it became much more important this past year. Three unexcused absences could cause a student to fail. Another big change was the school schedule. The schedule changed from a five day schedule to a seven day schedule. Both of these changes caused a lot of confusion for the underclassmen.

The School Committee decided to enforce a policy for all of the Springfield Public Schools. They hoped to lower the level of students who skipped school. Sophomore, Mike Lalak, said, "It is unfair that if a straight A student forgets a note twice, that the student is in danger of failing."

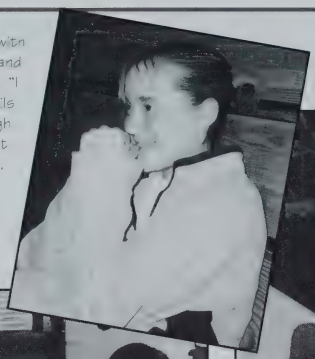
Several students felt that the policy would help to improve the school. "It will keep kids in classes," said sophomore Brian Carithers. Junior Emily Askew said, "I think it is a good idea because I don't have to worry about a doctor's note as long as I have one from a parent."

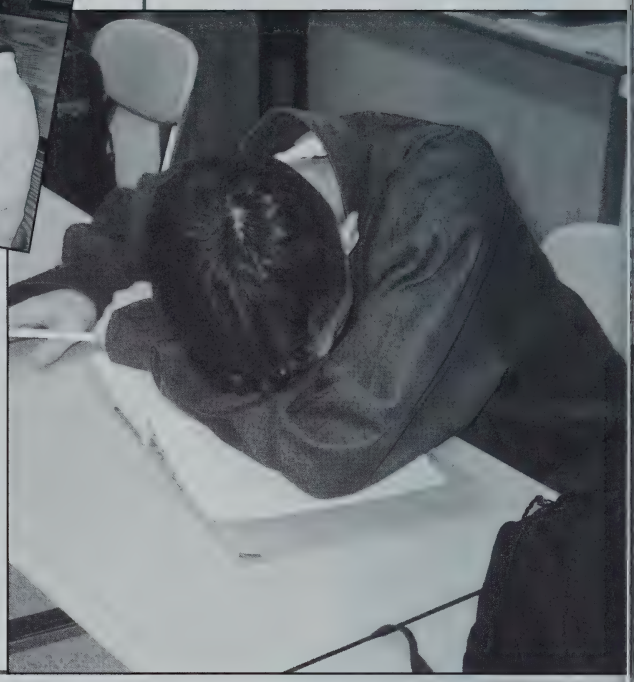
The school had to get rid of study halls and limit activity periods to once a rotation so it could meet the required amount of class time. "It's too confusing because it changes every seven days even though there are only five days in the school week," said sophomore Pat O'Conner.

Junior Emily Devine, had a different opinion. "I like it because we have different lunches everyday and I also like how the schedule changes on seven days."

These changes confused students greatly. The students had to adjust to a new schedule and attendance policy. Everyone was left wondering what surprises would be thrown at them next.

By Andrew Collins





Top Right-Many students deal with the anxiety of nervous habits, and Kristy Ladue was no exception. "I don't even notice that I bite my nails sometimes," she sighed. Even though Kristy wanted to kick the habit, it was part of her daily routine. **Bottom Right-** Melanie Nacewicz chills out in her room trying to avoid cleaning it as long as possible. "I hate cleaning my room. I like it messy. I can always find everything. My room is too small, so it's hard to keep clean," Mel explained. She admitted that it was a bad habit, but not one she was willing to give up. **Far Right-** Catching up on some sleep, Zeke Maginsky falls into his bad habit of sleeping in class. "I never mean to fall asleep in class, it just happens. I know I shouldn't do it, but I can't help it," he explained.

Militza Acevado
Danielle Ainsworth
Judd Allan
Victor Allder
Joshua Allen
R. Michael Anderson
Larry Archey
Eduardo Arroyo

Kira Ashline
Emily Askew
Victor Awosika
Janeae Baker
Janece Baker
Jennifer Balicki
Bart Bania
Warren Barnett

James Barron
Stacy Bates
Marianna Biela
Sophia Blair
Kyle Blake
Darrien Boone
Lisa Botta
Joshua Bousquet

Lauren Bousquet
Kayla Bovat
Timothy Brodeur
Steven Brooks
Chikeina Brown
Corena Brown
Jessie Brown-Martin
Elisabeth Budd

Khadijah Burt-Williams
Katelyn Bushey
Joseph Bushior
Meagan Byrne
Laura Cadieux
Quanisha Carter
Kelly Cascio
Lequisha Casillas

ght-Sheree Biggs snacks on some cotton nd, in her spare time. Junk food was a bad bit for many students even if they didn't ...e. "I eat junk food, but I still stay nny," she smiled. But, she explained, this s a bad habit to get into for when she is er. **Bottom Right**-Simeon Trader sits back class and bites his fingernails, a habit he st can't manage to kick. "Biting my finger-ils is a very bad habit, but I've done it since as a kid and I just can't make myself stop," meon said. Bad habits were difficult for arly everyone to drop. **Bottom**-While sit-g in homeroom one afternoon, Eric Paul ans back and cracks his knuckles. "It's a bad bit I've had since I was younger and will ntinue to do. I don't believe that I'm going t arthritis when I'm older, either," said Eric.

Can't Break it...

Students found it hard to eliminate bad habits from their daily routine.

From biting nails to cracking knuckles almost every student had a bad habit. These habits were hard to get rid of and were often annoying to others. While students didn't even realize it, they performed these pet peeves daily. These annoying habits helped to make a student unique.

> "I can't stand it when people crack their knuckles. It just bugs me!"
> -Steve Brooks

Pen Chewing Frenzy:

One of many bad habits was chewing on pens. Kyla Hakim was no exception. "People are always telling me how I'm going to swallow it and choke, but I can't help it," Kyla claimed. "I usually don't even realize I'm doing it. I guess it's just a nervous habit." She admitted chewing the pen was bad and it would be a good idea to stop, but she didn't think it was a big deal.

Norgie Castro
Adam Christensen
Nora Clark
Cecil Clarke
Mark Coffey
Karina Cole
Angelica Colon
Cidmarie Colon

Jason Cornelius
Javier Cotto
Jessica Couture
Zachary Croteau
Kyle Cuffie-Scott
Jovenia Cummings
Dionnuala Dary
Jamel Davis

Furquan Davis
Wayne Davis
Peter Dawson
Nicholas Day
Thomas Dearborn
Jonathan DeJesus
Vincent Delvalle
David Deshais

Emily Devine
Delicia Diaz
Zully Diaz
Jose Diaz Jr.
Aimee Dionne
Alex Dobiecki
Matthew Dobler
Daniel Dones

Jodie-Ann Douglas
Alycia Drake
Stephanie Drouin
Paul Dulude
Nicole Dunkley
Christopher Dunn
Jaime Ericksberg
Jonnalie Estrada

Daniel Eutiquio
Feta-Gaye Ewans
Jonathan Faust
Katie Favreau
Timothy Fitzgerald
Megan Flaherty
Antonio Flores
Anders Forsberg

Destini Franklin
Patrick Gamache
Yolanda Garcia
Amanda Garlick
Nakita Gibbons
Nina Gill
Angela Gingras
Donnell Godbolt

Anthony Gomes
Yara Gonzalez
Kelly Goodrow
Daniadi Grant
Cassius Greenfield
Kelly Guertin
Kyla Hakim
Lonnie Hall

Michelle Hall
Tiffany Harrison
Michael Hatmaker
Benjamin Havener
Garvin Headley
Christopher Henchman
Alicia Hernandez
Dustin Hull

Kimberly Hunter
Melissa Isham
Alison Jacobs
Michael Jacques
Jonathan Jamieson
Matthew Jenkins
Eric Johnson
Montell Johnson

Jordan Jones
Scott Jones
Amanda Karbon
Erin Keefe
Patrick Keefe
Joseph Kenney
Nicole Kobjack
Dmitriy Kobzar

Kristy Krawiec
Melanie Kryczak
Christopher Kvarnstrom
Shawna Kylee
Michelle LaBranche
Vanessa Laflamme
Samantha Lamagdeleine
Christopher Lamberton

Christopher Lamere
Richard LaRoche
Heather LaTaille
Anthony Lawrence
Maiv Lee
Sohee Lee
Patrick Lefleur
Laura Leroux

Amy Levesque
Eric Levesque
Jennifer Libian
Timothy Linnehan
Dewitt Lockett
Jennifer Loubier
Matthew Lubas
John Lynch

Emily Macgovern
Scott Maleshefski
Andrew Mankus
Mario Manzi
Patrick Marcil
Jennifer Marsh
Amanda Martin
Christopher Martin

A Friend Indeed!

From cliques to groups, to inseperable best buddies, school was filled with friends.

Munchie Mania- Alison Jacobs and Ben Havener share a conversation at lunch. The two friends epend lunchee together regularly."Lunch is fun because it helps take the stress out of the day. I can also relax with my friends," Alison explained.**Dynamic Duo-** Best friends Chadria Thomas and Cynthia Melendez laugh as they explain how they show their tight friendship. "We went out and bought air-brush painted shirts that say Cyn and Chad best friends forever," said Chadria. "We are determined to be voted class best friends when we are seniors!" Cynthia added. ***Charlie's Angels-*** Sandra-Leigh Rodriguez, Greta Torres, and Jaime Ericksberg examine prices while they look for junior prom dresses. "You need to bring friends when you're planning to buy something like a prom dress so they can tell you if something looks bad," said Jaime. "It's a true girls bonding moment."

Friends were a major concern amongst the social lives of many high school students. At this age, teenagers needed friends to depend on when everything seemed to go wrong and would take any help they could get. At the same time, these teenagers started to drift apart from their real friends.

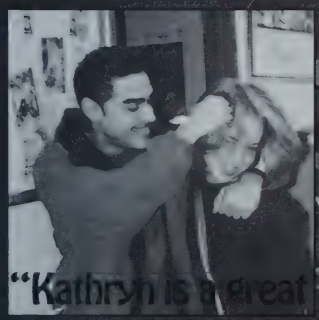
High school offered a wider variety of people to choose from, and sometimes the ones that were known the longest didn't make the cut. "When I got to high school, I drifted apart from some of my good friends. After meeting new people, we realized that we didn't have that much in common. They went their own way and I went mine," remarked Nicola Giammorino.

As time passed by, some friends grew apart, but others grew closer, such as Phillip Platt and Larry Archey. "We have been best friends for 11 years, when we both started soccer. Nothing has come between us since then, not even girlfriends. We have grown nothing but closer since high school, since we started hanging out with each other everyday at school," Phil stated. For many students the story had the same results. "My best friend and I started hanging out with different people, but we soon realized we were drifting apart, and ever since then we have grown closer," declared Kelly Guertin.

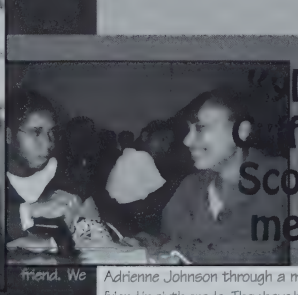
Without close friendships, teenagers wouldn't have been able to get through their high school career. Everyone needed help solving their problems and without each other it was difficult to figure out certain things. Students always found friends in each other.

Kelly Cascio

Can Guys and Girls be just friends?



"Kathryn is a great friend. We talk all the time and I tell her things that my guy friends might not understand," said Jon DeJesus, giving Kathryn Rousseau a hoogie. Most find having a friend of the opposite sex to be a good thing. "Kathryn gives the best advice," explained Jon, "so I always go to her with my problems."



"Kyle Caffie-Scott met Adrienne Johnson through a mutual friend in sixth grade. They have been in classes together ever since and enjoy sharing lunches. "Adrienne can always make me laugh; we have the same sense of humor, but our friendship is totally platonic."

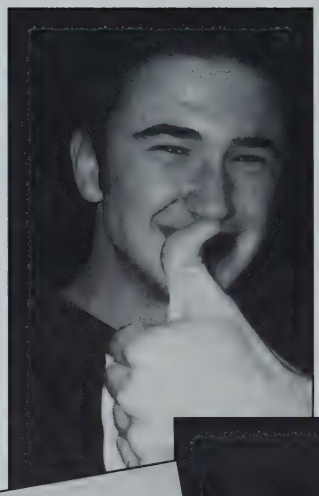
"Gage and I have been best friends since we were three years old; I love him like a brother," said Lily Siezak. "People often ask us if we go out, but in the 12 years that we've been friends, there had never been a romantic relationship."

Unbelievable

From wild and crazy to just plain weird, students were able to shock and amaze their friends and classmates with their abilities.

Students' talents were as unique as the individual to which they belonged. Sometimes entertaining, other times just plain weird, these talents could make any moment interesting. From touching your tongue to your nose to flipping your eyelids, peoples' talents definitely made them different.

"I don't know if you could consider my hair as a talent, but it does attract attention." -Ben Hayner



Left-Glenn Bradley proudly displays his talented finger. Glenn found that his thumb was double-jointed and could bend at a 90 degree angle. "I've been able to twist my thumb like that since I was kid, back then all of my friends thought it was a cool trick." **Bottom Left-** Jacqueline Perez distorts her fingers as a talent not many can do. "I've been able to do it forever," she explained. "My friends think it's so weird. I think it's funny." **Below-**Jennifer Quinn shows off her one special talent, making her tongue touch her nose, a talent that most of her friends lack the ability to do. "I first realized I could do this when I was playing around with my friends two years ago," commented Jennifer.

Talented Tongues!

Nicole Kopjeck wrinkles her tongue for the world to see. "I was fooling around with my friends at a party one day and found out I could do it. It grosses a lot of people out but I don't think it's that gross!" exclaimed Nicole. "They just wish that they could do it!" Nicole smiled, and explained that she was proud to have such a unique talent.

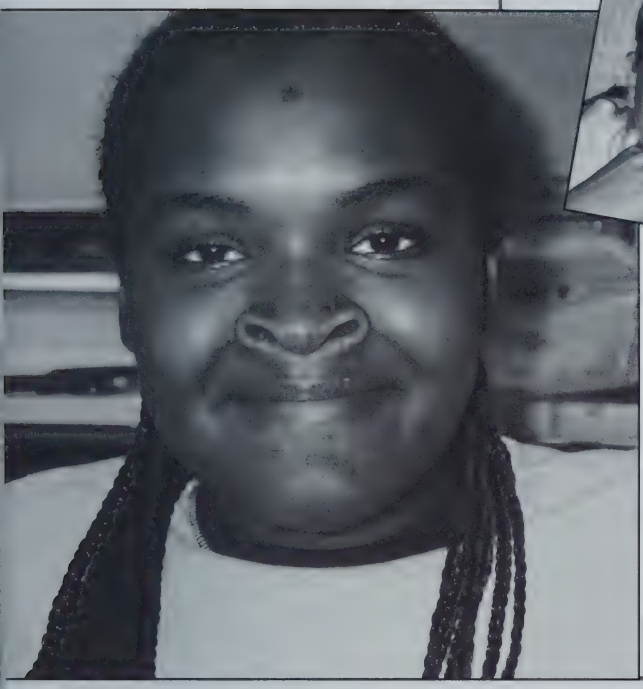
Pedro Matos
David Mattoon
Nicole Maynard
David McBee
Johannah McCarthy
Mary McCormick
Tiffany McCreary
Christopher McCrimmons

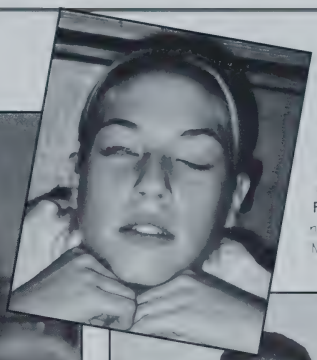
Michael McKenzie
Candace McNabb
Zeke Meginsky
Cynthia Melendez
Cassandra Minney
Daniel Montagna
Awildo Morales
Nancy Moran

Alicia Morel
Lisa Mottley
Yeelee Moua
Ali Mourad
Charles Mulcahy
Francisco Munoz
Jonathan Murray
Melanie Nacewicz

Jennifer Nadeau
Leah Nagiyeva
Micah Naylor
Mai Nguyen
Thanh Nguyen
Jennifer Nieves
Brenda Niveves
Elizabeth Norman

Michael Novak
Charles Oroppa
Nely Orta
Gae Ortiz
Grace O'Strander
Barry Otey
Clarissa Pabon
Joshua Palatino





Left- Amazing skills are displayed by Tasia Marquette who has the uncanny ability to roll one eyeball back into her skull while the other looks as if it is harmlessly sleeping. This is great tool for warding off unwanted attention – or maybe drawing some.

Far Left- Michalla Minto shows off her talent of flaring her nostrils. My niece says 'Jaranamo' when I flare my nostrils because they look like parachutes,' she laughed. 'Whenever I do it I draw a lot of attention from everybody around.'

Bottom Left- Junior Josh Rozell executes his special talent. When asked about this strange talent he replied," I do it to see what people will say." This talent was one in a million and Josh doesn't mind being able to do it.

Yury Panchuk
Antigone Panidis
John Papadoulias
Christopher Parker
Robert Paro
Eric Paul
Melissa Petitt
Sean Phann

John Phillips
Lisa Pieczarka
Kurt Pinnock
Philip Platt
Amanda Porter
Natalie Purnell
Rachel Radner
William Ranson

William Ranson
David Redondo
Nicole Rembert
Marcus Rivas
Luis Rivera
Vanessa Rizzari
Christopher Roberts
Sean Roberts

Latoya Robinson
Angel Rodriguez
David Rodriguez
Henry Rodriguez
Ideliz Rodriguez
Luis Rodriguez
Raul Rodriguez
Sandra-Leigh Rodriguez

Darcy Rooney
Evan Rosa
Siobhan Rosa
Jackeline Rosario
Jerald Rosemond
Jeremy Ross
Kathryn Rousseau
Elizabeth Roy

Family was always a big part of the lives of students, and this year was no exception.

Family Ties

One thing that teenagers didn't realize was how important their family was. A lot of kids thought that it was "uncool" to hang out with their folks, but close relationships with parents and siblings were really important. "I like to go out with my friends a lot so I don't get to see my mom much. I only see her before bed and at dinner," commented Michael Novak. Going out with your family could actually be just as fun as with friends.

Going on vacations, playing video games, and just chilling at home watching a movie, were many ways for Alex Dobiecki and his younger brother Jared Dobiecki to spend quality time together. Along with many kids, when they reached high school, these two brothers barely had any time to spend together anymore. "It's hard to find time because we both have sports, school work, and our own group of friends to hang out with," stated Alex.

Family members had so much to offer, like confidence and advice. They noticed right away when something was wrong and tried their hardest to get rid of all problems. Hopefully teenagers realized how important it was to spend time with family, even if it was just a good conversation at the dinner table.

By Kelly Cascio

Above-Carol and Yara Gonzalez meet in the hallway between classes. The sisters were glad to be able to see each other in school. "We get along pretty well, most of the time, but we fight a lot, too, mostly about girl stuff. She introduces me to upperclassmen and gives me advice about teachers," Carol said. **Top Left**-Father and son, Brian and Mr. Carithers talk after school about Brian's homework. "I like having my dad as a teacher because he can help me with my math homework," Brian explained. **Left**-While at a cousin's wedding, Jen Balicki takes a moment to take a picture with all of her cousins. "The wedding was a lot of fun, however I was really nervous when I had to get up and do a reading in front of the whole church," Jen commented.

Why is family important to you?

"I always he[illegible] my mom prepare dinner. I like to spend time with her and we both have busy schedules so that's one of the only times of day we get to talk," explained Melanie Nacewicz.

"My sister and I get along really well. I love taking her places like skating and stuff. She really enjoys it and I know she'll appreciate it when she's older," smiled Jennifer Marsh. "Plus we have fun together!"

"I always watch [illegible] with my little brother after school. It's like our bonding time. When I can't watch with him for some reason, he acts kind of mad because it's like a daily routine. My family is really important to me and I like to have a great relationship with all of them, especially my bro!" said Jon Murray.

Kevin Rugani
Christina Saccamando
Tamara Salaam
Casimira Saldana
Erik Salstead
Melvin Sanchez
Victor Sanchez
Nicholas Santaniello

Allegro Schroeter
Nicholas Scibelli
Fredrick Scott
Heather Sherman
Alizabeth Showers
Leon Simmons
Phaivanh Sivongxai
Jennifer Smith

Khary Smith
Kimberly Smith
Lashauna Smith
Lionel Smith
Marc Smith
Zena Smith
Nicholas Sneed
Jose Solivan

Richard Sorrell
Steven Spencer
Kathryn Spiegler
Alexandra Stark
Raymond Stevens III
Brian Stevenson
David Stevenson
Corey Strange

Joseph Stronge
Alecia Surprenant
Matthew Swett
Amber Swittenburg
Denise Taimanglo
Dario Tangredi
Greg Tapp
James Tapper

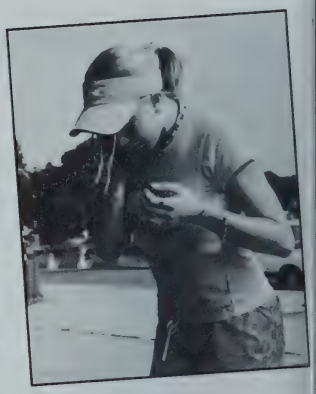
Mario Tasconi
Joseph Tonelli
Camilo Torre
Aitza Torres
Greta Torres
Simeon Trader
Anthony Trimboli
Clarissa Tsim

Matthew Valliere
Nelson Vasquez
Jennifer Vaughan
Jahaira Vazquez
Vincent Veino
Nerin Velazquez
Arnaldo Velez
Rachel Victor

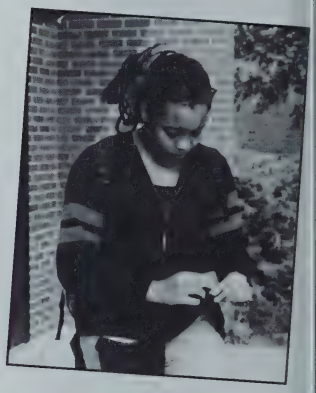
Jimmy Vo
Jamie Walsh
Nathaniel Walter
Jamar Williams
Jennifer Williams
Randy Williams
Katharine Willis
Michael Witkowsky

Andrew Wurszt
Serena Yearby
Heather Zguro
Michael Zina

On Call - Jenny Marsh chats away on her cellular phone that her sister gave her when she went to college. "I carry a cell phone to call my mom to tell her if my plans have changed, or in case of emergency," she explained.



Chatter Box- Concentrating on hearing through her cell, April Ramos is thankful she has one. "It helps you out so you can figure out rides," she explained. "It's a lot more handy and you don't have to spend money on pay phones."



Pager Madness- Marsha Parker glances at her pager to check who is trying to get in touch with her. "I sometimes bring my beeper to school with me so that if people outside of the school need to talk to me they can just page me, and I'll get back to them," she explained.

Staying Connected- Dania Scott stops between classes to make a call. "I have a cellular phone because it's the trend of the millennium. I also use it for emergencies," she explained.

Digital GET DOWN

Students led the way into the new year with a new method of communication...

Imagine having attended school in the same era your parents did, a time when MCAS hadn't been developed, gas prices were twenty cents a gallon, and McDonald's french fries were a quarter. But, do you think you could have coped without a pager, cell phone, internet service, e-mail, or instant messenger? Teenagers may not have realized how the rapid advancement in technology had revolutionized their lives.

Pagers and cell phones seemed to be the status symbol among the teen population. According to Dan Eutiquio, "A pager is definatly worth having. It comes in handy when friends or relatives need to reach me, in case of an emergency."

Others have gotten a pager for more unique reasons. Anna Borowik jokingly stated, "I especially like mine because it vibrates. I don't have call waitng at home and my line is constantly busy, so it's easy for my friends to contact me."

Cellular phones had become a sought after item for many high school students as well. "You can always call someone if you run into problems or just need a ride to or from an extracurricular activity," said Lilly Slezak.

Then instant access to communication through the internet took this to another level. The instant messengers allowed instant communication with any number of people at one time. Nichole Baldyga said, "I have had AOL for four years and it has been extremely convenient to be able to talk to multiple friends at the same time."

With all advances that have come along in such a short amount of time, it was hard to imagine what was in store for the next geration.

By Julie Pleet

Right-Junior Kierra Pitters chats with a friend on her cell phone. "I really like my cell because I never have to search for change to use the pay phone." Kierra commented that her cell phone was a great necessity throughout the year.

Pager or Cell-Juniors Heather Zguro and Amanda Garlic discuss whether a cell phone or a pager is better. "I think a cell phone is better because it's easier to communicate. With a pager, you have to receive the page, find a phone, and call back. If you have a cell, people can just call and talk to you." commented Heather. **Below**-Krista Gulluni glances at her pager after hearing the familiar 'beep' telling her someone is trying to contact her. "My pager is really useful because it helps my friends and family to find me. I would suggest that anyone who is hard to get in touch with, purchase a pager."

"I like my phone because I can change the cover to a cow pattern. I love the technolgy we have today. I don't know how people ever lived without it."
Sandra-Leigh Rodriguez
Grade 11

"I think cell phones aren't that great because they are the cause of many car accidents. People drive around, talking on the phone, and they're not paying attention."
Paul Dulude
Grade 11

"My boyfriend bought me my cell phone for my birthday. I like it because he can always get in touch with me."
Sara Osgood
Grade 10

"Having a cell phone has caused me to get in a lot of trouble. I get caught by my parents a lot because they can always track me down."
Patrick Keefe
Grade 11

"Having a cell phone affects my social life because it allows people to get a hold of me. It's a total necessity!"
Heather Lataille
Grade 11

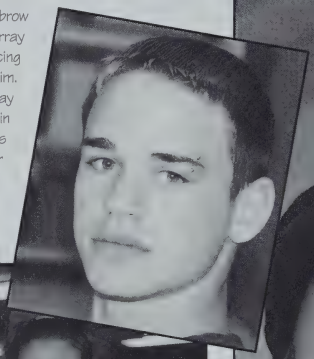
Nathan Abdelmaseh
Sawsan Abdoo
Aaron Abrev
Arben Ademi
Luis Alicea
Latishia Allen
Renee Archambault
Jeffrey Armstrong

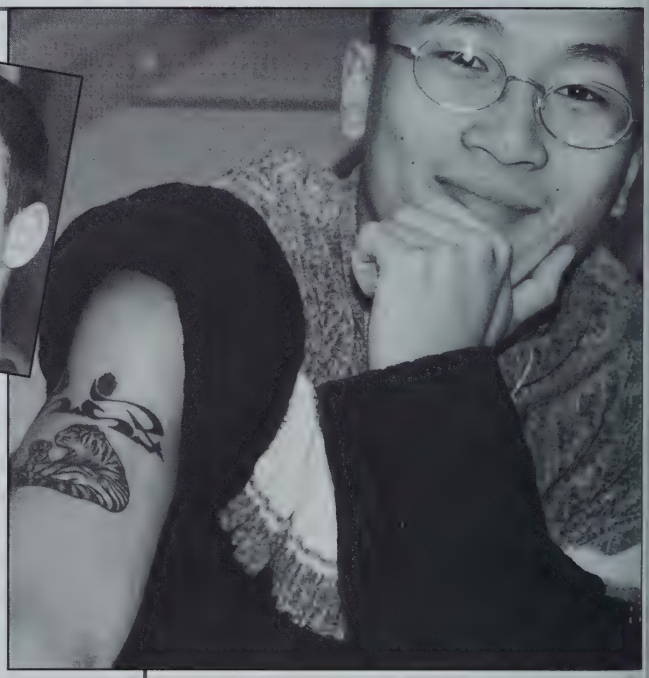
Candace Arnold
Kristen Assaar
Mahmoud Awkal
Holiyayors Ayers
Nichole Baldyga
Matthew Barker
Cassie Barnett
Dion Barron

Dionna Barrow
Jahmaul Barton
Amber Batiste
Darlene Beamon
Kellyn Belden
Amy Benson
Timothy Benton
Leighanne Bernstein

Kristin Berthiaume
Andrew Blackwood
Gage Boone
Anna Borowik
Brandon Boti
Nick Bouffard
Charles Bowerman
Brittany Boyer

Mark Brace
Tammie Bradway
Kati Brissette
Candice Brown
Jennifer Brown
Joel Brown
James Brown-Martin
Krystal Buggs





Right- Dustin Hull shows his eyebrow piercing off. His friend Jon Murray comments, "Dustin has had the piercing for a while so it has become a part of him. I hardly notice it anymore." Adults may still question the growing fad, but Dustin assured them it didn't hurt and it was something he did for himself and not for his peers. **Bottom Right-**Samantha Trude flashes her navel ring in homeroom. It was the one of many including the ears and eyebrow piercings. "I love having my body pierced. It makes me an individual. Most people always ask me if it hurt. I just laugh," she commented. Right- Phai Sivongxai shows off his tattoo. "I got a tattoo because the picture of the tiger and my name in Laos represent me," Phai explained. Phai also commented on how it's his own creation because he designed it himself.

Erica Cadiz
Jacquelyn Cadiz
Tiffany Campbell
Joannathalee Cardona
Brian Carithers
Justan Carter
Sherri Casey
Starr Cavanaugh

Tammy Chamberlain
Malay Chhon
Ryan Chisholm
Catirah Cijero
Brianna Clancy
Omarthan Clarke
Brandon Clayton
David Clayton

Anwar Clinton
Lybia Cole
Andrew Collins
Jorge Colon Jr.
Tim Conniff
Deanna Cook
Tianna Cook
Michele Cooley

Brenda Coss
Stephanie Couture
Edwin Crichlow
Ernesto Cruz
Jenary Cruz
Miguel Cruz
Zinaida Cruz
Kevin Daible

Ricke Daiseault
Jason Danenza
Tasheena Davis
Heather Dearborn
Nataly DeJesus
Natalie DeLeon
Stephen Delusa
Mary Dsousa

Right-During classes Tammie Wade takes a moment to stop and show off her tattoo. "If anyone wants to get a tattoo I think they should start off small and make sure they like it," commented Tammie. "It's important to make sure you like the tattoo because it's going to be a mark on your body for the rest of your life," she added. **Bottom Right**-Yet another belly button ring reveals itself during Latin class. Sara Osgood explained. "I was afraid to get it done because I'm such a baby and I was afraid it was going to hurt. But it wasn't that bad." **Below**-Sophomore April Ramos bares her belly ring, "I was at Hampton Beach and I thought it would look nice," said April. Unlike some, she had permission and said it didn't hurt. "You don't feel it until someone hits you."

NEEDLE work

Most students wanted to stand out from the crowd, and some decided to do it with a body ring or tattoo.

Lots of students felt the need to express their individuality. Some chose to express it by making their body one of a kind. Students pierced everything from their belly buttons to their tongues. Tattoos were also a big hit. "I would love to get a tattoo, but I hate needles so it's kind of pointless," said Ben Baboval. Whether someone was poking a hole through their lip or making a butterfly on their ankle, students always found a way to be different.

"I want to get a tattoo but I have to wait until I 18 because my parents won't let me." Kyle-Kate Dudly

Talk about drawing ATTENTION!

Many people have some body piercings, but few have as many as sophomore Jazzy Torres, who currently had eleven but planned on getting more. She liked the attention the numerous piercings attracted and she liked that they set her apart from the crowd. "My favorite piercing is my tragus, the little part of my ear, because it's the most unique," Jazzy stated.

Heric Diaz
Jacelyn Diaz
Jennifer Diaz
Selina Diaz
Traleck Dickon
Jason Dill
Erin Doherty
Beth Dombeck

Mary Domenichelli
Deyonne Doup
Ayana Downes
Kyle Draper
David Drinkwine
Christian Dudley
Kristine Dunley
Kevin Duquette

Jessica Eggleston
Talon Elmore
Devon Everett
Melissa Facey
Amber Faeser
Anthony Figueroa
Ildefonso Figueroa
Jesue Figueroa

Manuel Flores
Benjamin Foster
Alex Fregeau
Cynthia Fuster
Marcus Garner
Domonique Gary
Kevin Gassnola
Erika Gayle

Nicola Giammarino
Dalina Gonzalez
Manuel Gonzalez
Tynisha Graham
Ryan Greenia
Christopher Greenwood
Kaseme Griffin
Crystal Grillo

Kevin Guglielmone
Krista Gulluni
Dmitry Gut
Califf Guzman
Samantha Hamilton
Leigh Harris
Charles Hart
Marques Hebert

Estella Hernandez
Jerry Hodges
Nicholas Holland
Brandon Hunter
Ivette Irlanda
Timothy Jamison
Shakia Johnson
Socorro Johnson

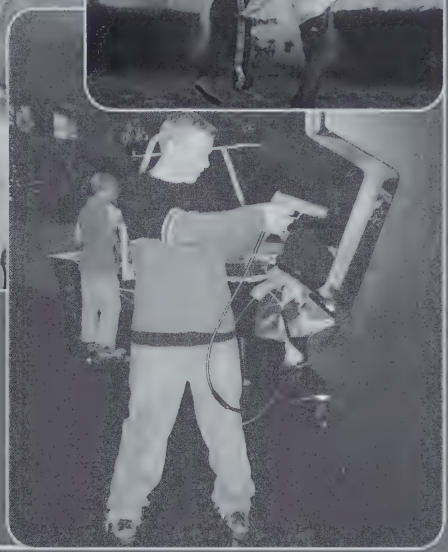
Jaslyn Jones
Tara Jones
Eleanor Karbon
Svetlana Katko
John Kattler
Ashley Kelly
Mary Kelly
Ryan Kenney

Nickalous Korbut
Heidi Krupa
Cara Kuczarski
Ashley Laberge
Jeff Labiviere
Bethany Labombard
Joseph Laflamme
Roxanne LaFlamme

David LaFleur
Michael Lalak
Hue Lam
Ngoc Lam
Julie Lamothe
Josh Lapine
James LaTaille
Juan Latorre

Footloose & Fancy

Weekends, some of the best times for students, were spent relaxing and just having fun.



Above- While spending the night at a friends house, Heather Sherman lays down on the couch to go to bed. "I go to bed late on the weekends, so I always sleep until noon the next day. The weekends were a good way for me to catch up on my sleep." **Right-** At Interskate 91, freshman Sean Carter stops to play an arcade game. This was one of many activities that students chose to do on their weekends. "I like weekends because I get to hang out with my friends and catch up on sleep," he said. **Top right-** Aaron Posner (left) and Mike Lalak (right) leap for the football during a friendly neighborhood game in Aaron's yard. For two hours a day, three days a week, about eight neighborhood kids of various grades congregate to play football, basketball, soccer, or baseball. "Of all the sports we play together, football is my favorite," stated Aaron. "It's fun because I play the sports I enjoy with my good friends," commented Mike.

When the bell rang on Fridays at 2:25, nearly every student breathed a sigh of relief knowing the week was finally over. As people walked away from the building, they all had different plans on how they would spend their weekend.

Most people spent the precious two days off with friends just hanging out at places such as the mall, the movies, or each other's houses. "I'm usually with my girlfriend on the weekends. It is nice to be able to be together and not have to think about school," sophomore David Jackson said.

However, not everyone was lucky enough to have the whole weekend to do as they pleased. Junior Dan Dones remarked, "I work on Sundays. It limits my free time on the weekend, but at least I make some money." Weekends were viewed as a good time to earn extra money by a lot of students.

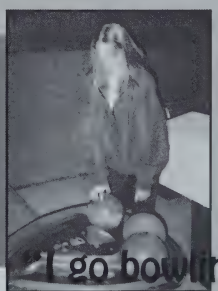
No matter how the weekend was spent, you can be sure it was stretched to the fullest. "I do as much as I can on the weekends because I know I'm stuck back in a desk for another week once Monday comes around," Michelle Wynne explained. Despite the many wishes for it to not arrive, students' fun ended when their alarms went off Monday mornings.

by Nicole Wroblewski

WHAT ARE YOUR WEEKENDS LIKE?

"I like Interskate because it's fun and also a great way to spend time with friends." While enjoying her saturday night at Interskate 91, Angela Gringas takes a break from skating to order some refreshments. Many students found that rolling around the rink was a good way to take the stress of the week off their shoulders.

"I like to show the team that I have school spirit and I support them," Marianna Biela exclaimed. Many students liked to spend their weekends attending school events. "I can also spend time with my friends at the games," she added.



"I go bowling because it's fun. I go every Friday night at Shaker Bowl, even though I am not very good." said Christina Tourigny.

Right- Many people got hit with the desert at Jennifer Mansir's birthday party, but she got the worst of it since she was the birthday girl. "I'm not sure which one is worse: getting sixteen punches or getting caked," she explained. **Far Right-** Having applied lipstick and eye shadow and having smeared gold powder on their faces, sophomores Amy Benson (left) and Nichole Baldyga (right) were ready to make their entrance at a friend's Halloween party. The friends decked themselves up in Amy's room and were ready to go party and eat lots of candy. "We are really close friends and we always have fun together. It was worth eating as much candy as I did, even if I had a stomach ache the next day," commented Amy. **Right-** Freshman Ben Babovai plays a game of darts at a weekend party. "Parties are a place to kick back and have a good time," Ben remarked.

Lindsey Lavigne
Yaritza Lebron
Cha Lee
Yeng Lee
Kyle Lennon
Erin Leneeth
Randolph Lester
Justin Levesque

Teaha Lewis
Paige Lieberwirth
Renato Lindmete Lepik
Alicia Lipa Blount
Kimberly Lockett
Andrea Lopez
Jose Lopez
Carla Maisonet

Gina Mangari
Luis Martinez
Oreetes Martori
Rebecca Mazzie
Timothy Mcbee
Dave Mckenzie
Jennifer Mckinney
Lesandra Mc Neil

Gloria Mendoza
Melissa Merrill
Robin Michael
Bonnie Miller
Steven Miller
Michalla Minto
Chris Monette
Patricia Montmeny

Pamela Moreau
Shelley Moreau
Peter Morin
Eric Muddiman
Christina Murphy
Edith Myers
Carol Ndegwa
Brendon Nelson

Heather Neuharth
Ngoc Nguyen
Quang Nguyen
Uyen Nguyen
Shoucheng Ni
Margaret Nicolai
Stephanie Nugent
Karlo Ocasio

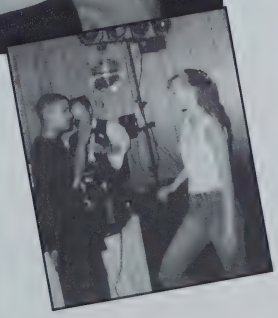
Fabricio Ochoa
Patrick O'connor
Justin O'leary
Diane Oliveras
Sara Osgood
Isel Osoria
Mark Ottani
Marsha Parker

Raul Perez
Soan Phann
Shavon Phillips
Trevor Pitts
Natalie Pizarro
Veronica Pleasant
Julia Pleet
Aaron Pope

Aaron Posner
Eric Powers
Allison Preble
Edwin Price
Jennifer Quinn
April Ramos
Jayson Ramos
Maritza Ramos

Nazzria Ramos
Omar Ramos
Valerie Ramos
Jerome Ramsey
Nicholas Restivo
Carlos Reyes
Terell Rice
Edith Rivera

Jonathan Rivera
Karen Rivera-Martinez
Keri Robinson
Allen Rodriguez
Azurey Rodriguez
Kryetal Rodriguez
Luis Rodriguez
Omar Rodriguez



ight-Sean Fitzgerald and Katie Favreau get their oove on the dance floor at Alecia Suprenant's sweet xteen. "It wasn't very crowded so we had the whole ance floor to entertain ourselves," Katie uttered. "But e had a lot of fun." **Bottom Right**-While at Heather guro's sweet sixteen party, CJ Martori sings Happy rthday to her. "That song was one of my favorite thday gifts," she blurt out. "He had sang at one of y friends parties, so I made him come to mine and sing me." Bottom-Tim Carey, Kelly Cascio, and Dave teveneon all hang out at a weekend party. They had n goofing around and acting stupid. Tim said, "You an act wild crazy and everyone thinks you're hilarious!"

Jumpin' Jumpin'...

Partying was an essential part of the lives of students and they enjoyed evey minute of it.

"Parties were the best part of the school year, that's when I made a lot of memories."
-Diego Torres

Sweet-Sixteen Candles:

Junior Megan Flaherty cuts her birthday cake at her surprise birthday party that her family threw for her. "My family threw the party two weeks before my birthday, so the party was really unexpected," she remarked. "It was also my sweet sixteen, which made it more exciting." Surprise birthday parties have been a tradition in the Flaherty family for a long time.

Students made school something to remember, with memories to last them a lifetime.

Remember *When...*

Many things happened during the course of a typical school day. Sometimes unexpected things occurred, "When I was in drama class rehearsing, my pants split down the middle. So, I went to my locker to get my gym pants and they had a huge bleached spot on them," said India Cintron. So she had to walk around school for the remainder of the day with her gym pants with the bleach slain.

Sometimes funny things happened at popular teenage hangout s like the mall. "Lisa and I went to the mall and we were looking at shoes. I saw a pair of shoes and I went to pick them up but the plastic was in the way; I guess we hit the plastic too hard because the whole display fell! We were struggling to pick them all up because we were laughing so hard, and this women was looking at us like we were crazy." said Marianna Biela Along with the normal occurrences of a swim meet embarrassing things also happened, "I forgot my goggles in the locker room and went to get them. When I got to the locker room the whole basketball team was there. I had to walk around all of the players in only my speedo. When I finally got to my locker all of my stuff fell out," said Mike Scibelli.

High school was an awkward time for all of us, but we can learn from others mistakes. Always have an extra, clean pair of pants, be mindful of displays, and always wear shorts over your speedo.

Julie Pleet

Above - (From left to right) Sophomores Jerome Ramsey, Nazzria Ramos, Allison Preble, and trevor Pitts look through a photo album, recalling some of their happy, sad, funny, and sometimes embarrassing moments during an Activity Period. "I enjoy hanging out with my friends and discussing all the memories we have together," stated Nazzria. **Above Left -** Sophomores, Kevin Rowly and Joe Vann remember some good times they've shared during their English class. "I didn't know Joe before we had this class, but now we play around in there. I always get in trouble, and he laughs about it," Kevin said. **Left -** While fooling around at a Christmas party in school, freshman Edward Gagnon spilt cake frosting all over his face. "My favorite memory of this year was the Christmas party. We got to watch movies and eat food," he explained. A day off of school work was relaxing for the students.

What's Your Most Memorable Moment?

"It was really

funny. I was trying to go foward and I fell on my face, twice! It was the most embarrassing thing I've ever done." Commented Ben Baboval. Embarassment was a memory evryone shared time and time again.

"The Banquet gives

all of the players a chance to remember all of the positive aspects of the previous season," Juniors Nick Santaniello said. At the football banquet at St. Michaels, Nick, Steve Delusa, and the football players got a break from the hard work they endured all season.

"Pep rallies are fun

and they give me an adrenaline rush, plus I have a lot of friends in them," said Mary Deacuss. Pep rallies were a chance for the students to come out and support their sports teams and to have a good time.

[illegible]
[illegible]
[illegible]
[illegible]
Candice Ross
Kevin Rowley
Dominick Rueli
Lauren Rugani

Eric Ryan
Michelle Sadler
Desiree Salolo
Anthony Santiago
Michelle Santiago
Kinana Sarrage
Michael Scibelli
Richard Scott

Gyasi Sellers
Tiana Shaw
Stephanie Shenar
Chanmaly Sivongxai
Lillian Slezak
Khashif Smith
Latisha Smith
Lionel Smith

Stephanie Smith
Anita Sorrell
Sherry Soto
Vilainqeun Soundara
Thomas Stewart
Matthew St Louis
Danielle Stote
Daniel Sullivan

Jeffrey Sullivan
Jeremy Surprise
Greg Sutter
Lucia Syrek
Kevin Tai
Heather Tardy
Lindsey Taylor
Jasmine Thomas

Diego Torres
Jasmine Torres
Ashley Tosado
Joseph Vann
Ernesto Vazquez
Jonathan Vazquez
Luis Velasquez
Sara Victor

Eduardo Villafane
Ryan Visneau
Raymond Walsh
Patricia Wancko
Ezra Ware
Sheniqukia Watson
Rayshon Wesley
Samantha Westcott

Norman Widdmen
John Wierzbowski
Jamie Willaims
Christine Willette
Jamie Williams
Keisha Williams
Michael Williams
Pamela Williams

Vinnie Williams
Shakeyva Wilson
Siobhan Wilson
Nicole Wroblewski
Michelle Wynne
Eli Yeager
Natasha Yournet
Nadine Zebian

Nasser Zebian
Christina Zuffelato

"The first day of freshman year was all right, but boring since we sat in homeroom for so long. It would have been more interesting if the upper classman were there."
~Carol Gonzalez
Grade 9

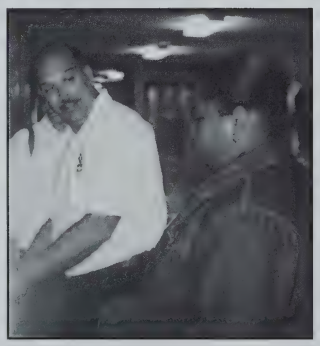
"High school isn't much what I expected it to be. The upperclassman treated me with more respect than I thought."
~Amanda Hood
Grade 9

"The first day of school was extremely confusing because my schedule sheet had a bunch of blank spots."
~Renee Fowler
Grade 9

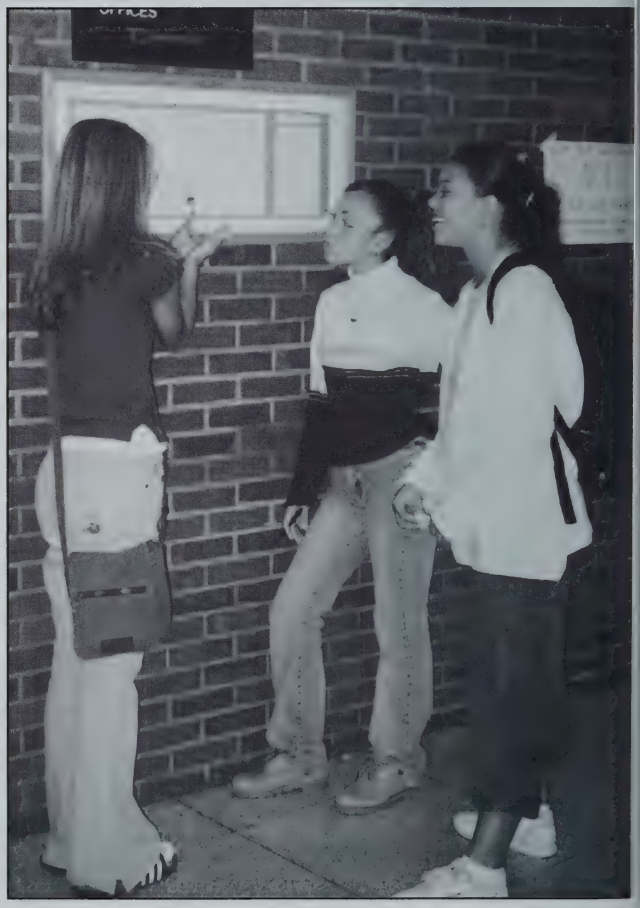
"I expect high school to lead a good life for me and give me the education needed to succeed."
~Tim O'Connor
Grade 9

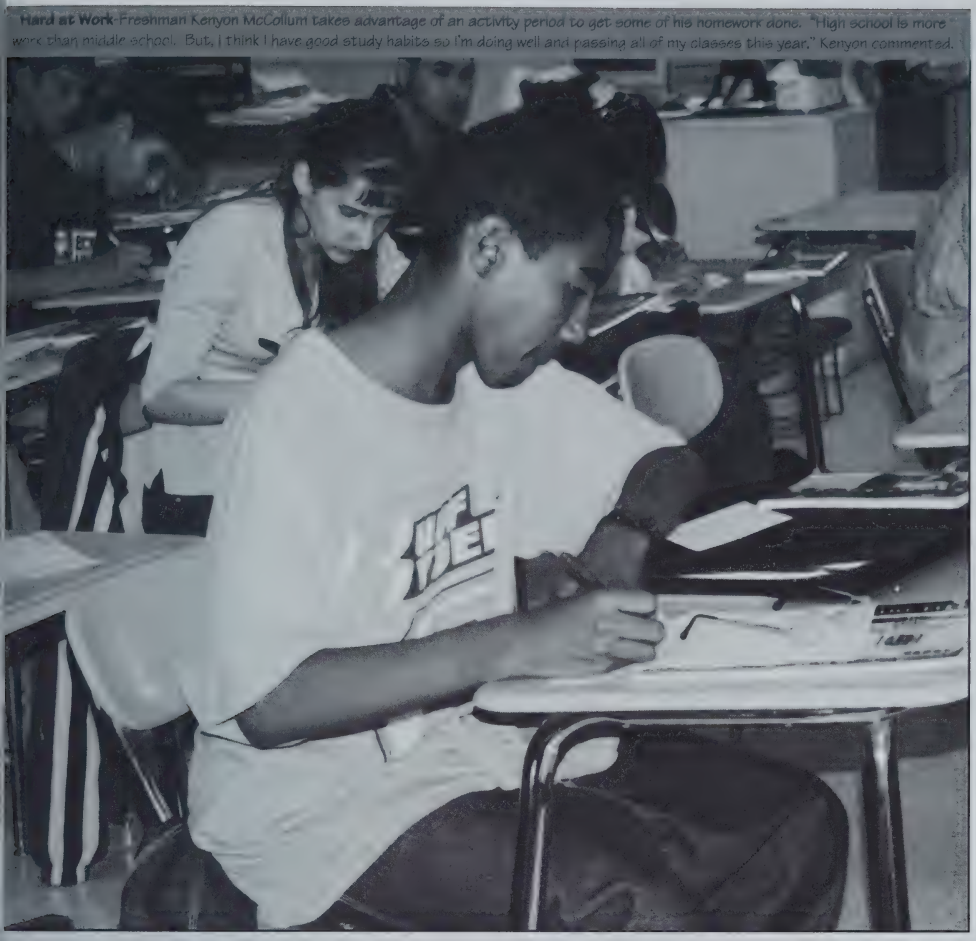
"High school is pretty good so far, but much different from middle school. It's a lot better than I expected it to be though."
~Jared Dobiecki
Grade 9

Above-With much thanks, Rolline Whitley and Jose Ocasio recieve Big E tickets from Dr. Budd Jackson. "My homeroom teacher ran out of tickets so I went to the office to see if they had anymore, and Dr. Budd Jackson was happy to give me hers," she smiled. Like so many other freshmen, Rolline was surprised by the friendly and attentive administration. **Below**-Freshman Britany Bass gets her locker opened by Mr. Moore. "I have a lot of trouble getting to my locker between classes," said Britany. Many freshmen had similar problems because the seven day rotation schedule was confusing and they were unfamiliar with the building. "The worst is getting from the gym to the third floor," said Britany.



Direction Difficulties- Freshmen Soreya Scharther and Jessica Salort stop to get directions from Sandra Leigh Rodriquez. Many students found it difficult to get around a new school. "I would get lost all the time when I was looking for a room," Jessica explained. "I would end up being pretty late."





Hard at Work-Freshman Kenyon McCollum takes advantage of an activity period to get some of his homework done. "High school is more work than middle school. But, I think I have good study habits so I'm doing well and passing all of my classes this year," Kenyon commented.

Freshmen fun- Shenina Rodriguez hangs out after school in the gym. "Well, freshman year is way better than middle school, and upperclass students treat me fine," she remarked. To the surprise of many freshmen the other upperclassmen treated them much better then they expected.

Catching up- Max Rouge shares a bite and a conversation with his friends at breakfast. As they talked about what it was like to be a freshman Max commented, "The upperclassmen treat me well, but it's very different from middle school. It's huge!"

New *Kids* on the **Block**

The Class of 2004 entered school ready to tackle all new found obstacles and found out high school was more than they thought it would be.

For every high school class there was a story to be told. For the freshmen, it was a story of oing from the top of the food chain ack to the bottom. As if coping with ntering a new school and building as not enough, they also had to deal ith being the youngest of the bunch.

As freshmen walked into the doors or the first time, they had mixed motions. Freshman Jared Dobiecki aid, "As I walked into the doors of entral three emotions came to mind, was excited, happy, and I felt a little ost." Another Freshman, Wilson oone felt "Nervous at first, but then once I got into the school everyone was really nice."

Extra-curricular activities were the focus of many students, freshmen and upperclassmen alike. "In high school there is more freedom" said Abraham Abdallah. With that freedom came a degree of responsibility. Students had to go to sports practices, and then home to do homework.

All freshmen had certain fears of high school. Some felt they would get lost like freshman Wilson Boone. Others like India Russell, felt the teachers were more strict. Academics were a huge part of many freshmen lives. Fear of being late for too many classes and failing was also a concern. "It was confusing. The scheduling was horrible and I had a lot of trouble getting to class on time so I wouldn't get any tardies," said Krystal Mistin.

Everyone had to begin their high school careers somewhere. For freshmen beginning again was a necessity, but a dreaded experience, one everyone had to take.

By Ryan Kenney

Hanging around- Waiting for friends, freshman Kim Cubero thinks about her first year in high school. "It's better than middle school," she shrugged.

Joseph Abdallah
Rayan Abdul Baki
Juan Accoyo
Nicole Acerra
Melissa Aineworth
Joshua Alexander
Ariel Alvarado
David Alvarez

Evette Avant
Rene Andino
Richard Angelica
Amanda Aponte
Raymond Arroyo
M. Benjamin Baboval
Matthias Bahlke
Alan Bailleul

Kevin Baker
Tiffany Baptiste Sherman
Mychael Barnett
Brent Baron
Brittany Bass
Rayna Base
Robert Belanger
Jessica Beliveau

Jonathan Bentiz
Ashley Berard
Sheree Biggs
Keith Blake
Tiffany Blake
Thomas Bonafilia
Elea Bonilla
Wilson Boone

Noah Borders
Dana Botta
Maurice Brantley
Tanya Brinegar
Shareeka Brown
William Burgos
Kelly Butler
Thomas Byrnes

Naomi Caban
Yong Cai
Yesenia Camareno
Gustavo Cardona
Neal Carlson
Javier Carmenatty
Ashley Caron
Keidi Carter

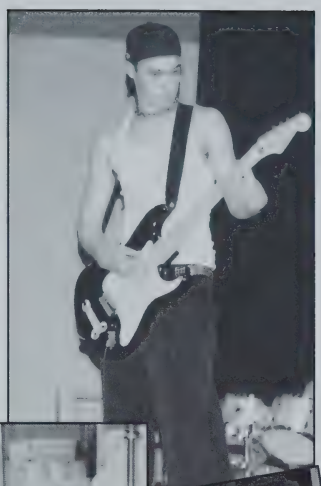
Shawn Carter
Yashira Casiano
Jeannie Cataldo
Robert Chambliss
Kelli Chinn
Javier Cintron
Robert Clarke
Shane Close

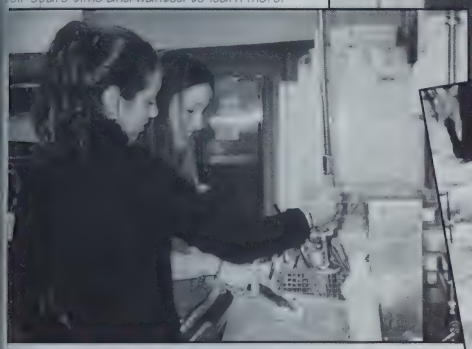
Ryan Coleman
Janaya Collins
Alfredo Colon
Eric Colon
Mildred Colon
Andrew Condino
Noah Conniff
Raela Cooper

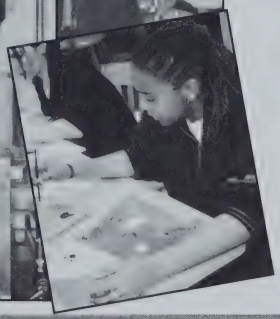
Stephanie Corbin
Vanessa Corder
Jose Cotto
Leslie Cotto
Dakota Cotton
Chantal Coughlin
Brittany Crowe
Joseph Cruz

Marisol Cruz
Kimberly Cubero
Amanda Cuoco
Michael Dalgneault
Nicole D'amato
Desiree Davis
Jensen Dejesus
Jose Delgado

ght- Junior Andrew Mankus shows off his [illegible] nt of his peers at a school wide talent show. "I've en playing guitar for three years. I started to play ause my brother plays the drums and I was oing we could jam together sometimes." Andrew's nd "Pif" was enjoyed by everyone who attended e show. **Bottom Right-** Junior Lisa Pieczarka d sophomore Carol Ndegwa paint scenery tures in their art class. "Although it is my st year of painting, I'm pretty good at it," Lisa id. "My grandmother used to paint and I think e passed on the genes to me." Many talents d been passed on to Lisa but this one had come her beloved hobby. **Bottom-** Lisa Botta d Alycia Drake wash the aftermath of their okie baking. "Cleaning dishes after cooking is e worst part because making dishes and sserts can get really messy," remarked Alycia. e girls decided to take part in the schools oking class because they enjoyed doing it in eir spare time and wanted to learn more.







You Do WHAT?!?

Students spent lots of time on things other than school, and had a lot to show for it.

When students had spare time, they tended to spend it doing something that they enjoyed. Hobbies were a must for students to relieve their stress. "My favorite and only hobby is BMX. I try to ride everyday but

> After school I ride my bike to take my mind off of teenage stress" -Patrick Keefe

Sometimes I have to work." explained Paul Dulude. Other students found hobbies in dancing, sports, and collections. Whatever it was that a student did to chill out, a hobby was a popular choice.

Comin' round the mountain:

Sophomore Aaron Posner takes a rest after a run down the slope on his snowboard. "I learned to snowboard three years ago. I usually go to Bousquet, but my favorite place to go is Mount Snow," Aaron said. Skiers and snowboarders had many options of places to go enjoy their hobby, but nearly everyone seemed to have a favorite.

Michael Delgado
Brandon Delieto
Matthew Derderian
Ahmad Devane
Dawne Diaz
Hipolito Diaz
Janie Diaz
Moses Diaz

Shavon Diaz
Jared Dobiecki
Adam Douthwright
Derek Downey
Kyle Kate Dudley
Rujeanne Duplessis
Paul Dyrkacz
Ashley Edgett

Kristen Edmonds
L'oreal Edwards
Danilo Espiritusanto
David Estabrook
Janelle Estrada
Katrina Ewing
Amber Farrell
Satin Faulkner

Edlin Fernandez
Juan Figueroa
Cheril Flete
Kathonne Fontaine
Cliff Fontanez
Hannah Forbes
Elisa Ford
Renee Fowler

Monica Francis
Rodell Francis
Edward Gagnon
Jeauvon Gavela
Katherine Gebski
Bryatol Gibbs
Mary Kate Gursin
Katherine Gingras

Anthony Glaze
Jennifer Gomez
Jose Gonzales
Carol Gonzalez
Jessica Gonzalez
Kelly Goodwill
Christina Gore
Errika Green

Christina Grewelle
Bobbie Grimes
Olga Gut
Sherita Guyton
Robert Hafner
Matthew Hall
Thomas Hallock
Chase Hamel

Dhandeaka Harris
Draper Harris
Alonza Harrison
Crystal Hassell
Jeffrey Havens
Victor Hernandez
Nicole Hill
Rashina Hill

Amanda Hinde
Michael Hobalca
Amanda Hood
Ashley Hoose
Kyle Horonzy
Shannon Hottin
Tania Houle
Crystal Hudson

Melissa Hulsey
Latesha Jackson
Zachary Jenkins
Joshua Jensen
Nathan Jette
Chamia Jewell
Amanda Johnson
Araya Johnson

Tyisha Johnson
Vennisha Johnson
Vernon Johnson
Socrate Joseph
Matthew Kakley
Sean Kavanagh
Rebecca Kellner
Dana Kelly

Laura Kratovil
Steffan Kraue
John Krstyen
Aleksandr Kuropatkin
Marissa LaBarre
Kristy Ladue
Tiffany Laflamme
Alyssa Lafleur

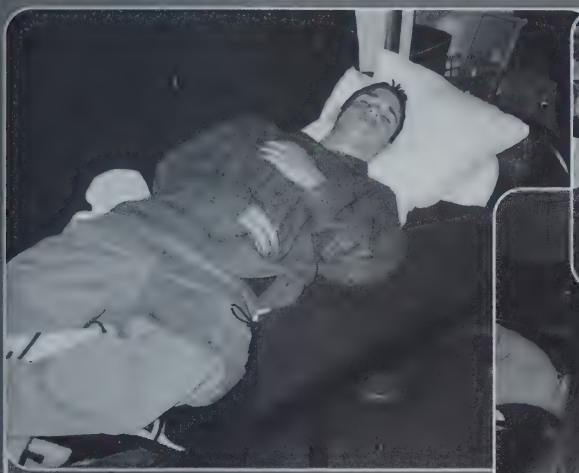
Samantha Lambert
Jackiyn Lamelin
Ann LaPointe
Sharicce Layne
Hoang Le
Kambo Lee
Michael Lee
Acisha Lewis

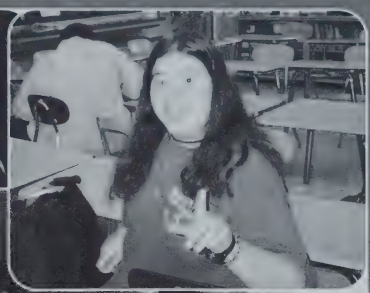
Joseph Lewis
Sashane Lewis
Kara Linnehan
Crystal Litwin
Jason Lopez
Yaritza Lopez
Mathew Loubier
Latyara Love

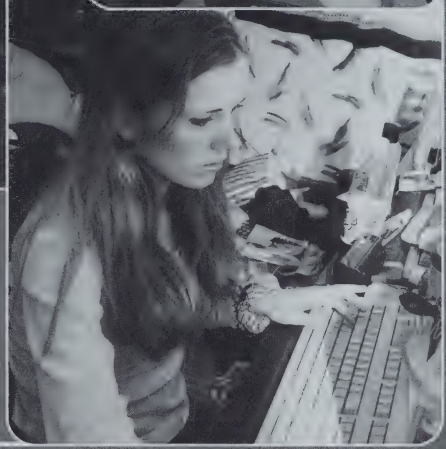
Peter Lukasik
David Luth
Melvin Malave
Jande Maldonado
Chayce Manning
Somnar Mao
Robert Marinello
Tasia Marquardt

Freak Out!

Lives of students ran from sun up to well after sundown.







Top-Taking after school naps became an everyday habit for Dustin Hull. "As soon as I get home from school I fall asleep," he remarked. "Waking up early after going to bed late can get stressful." **Top Right -** Junior, Alison Jacobs stays after school for an independent Latin class. "It's hard to fit everything into my schedule, so I have to stay after school," she commented. **Bottom Right -** After school, Kristy Krawiec finds time to chat on the internet with some friends. "It's hard to handle doing homework, baby-sitting, and trying to keep up on the new gossip," she explained.

Students found many activities, chores, and expectations that occupied their time during their high school years. Many students chose to participate in multiple activities which often at times resulted in the deprivation of sleep and relaxation. This created stress in many high schoolers and limited their enjoyment of life.

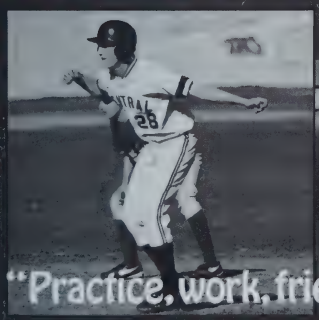
There were a variety of activities open for students to participate in. Many liked to get involved in organizations such as Key Club, G.I.V.E., NHS, student government and a number of R.O.T.C. programs such as Drill Team and Color Guard. Students often played one or more sports which was very time consuming. In addition to these activities, many students worked. "I'm in student government, I play football, and I take mostly honors classes so I have little free time," said sophomore Devon Everett.

Students involved in multiple activities often got into very stressful situations. "I try to keep my grades up but it is very tough because I'm in mostly honors classes and I get homework for most classes every night," explained sophomore Jacquelyn Cadiz. "I get about seven hours of sleep which is enough to stay awake in class but I wish I could get more." The majority of students dealt with their stress by either hanging out with friends or sleeping.

There were a variety of reasons why students got involved in so many activities. "I do all of my activities not for enjoyment but because it is what I have to do. I have to go to school, I need money, so I have to have a job, and I do Key Club to help others out. I do dance because it is what I love. That's one of my escape routes," stated junior Kathryn Rousseau. "It will probably be worth it in the long run but right now I can't stand it." Undoubtedly all the effort expanded in these activities will have had their benefits in the future.

By Julie Pleet

How Do You Handle It All?



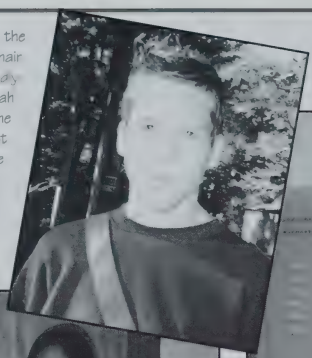
"Practice, work, friends and school keep me very busy. I work on a schedule so I can stay focused and get things done," Anders Forsberg commented. Many students have a very hectic schedule with all of their after school activities. At times it becomes difficult to balance everything.

"I try to pick activities that end before six so I have time to eat and do my homework. I also try to get as much homework done in class as possible," said Mary Domenichelli. Here she helps a fellow student prepare for her performance in a theater production.

"At times it can be stressful because I have to find time for school, a job, and band practice," Mario Manzi remarked. Finding time to be in the talent show was difficult for him.

Below Right-Charlie's Angel- With the revival of seventies clothes and hair styles, Alizabeth Showers proudly shows off her own take on Farrah Faucett's look."I've really liked the seventies look for a long time. I just decided to spice it up a little for the millennium with the hair and different belts,"Alizabeth explained.

Below Left-Lady in Leather- Having been an orgainzer for the Urban Fashion Show, Tammy Wade knew what was trendy and what was not. She enjoyed wearing a combination of leather, boots and dangling necklaces as part of her personal style. **Top-On the Flipside-** Gage Boone not only enjoyed dying his hair different colors, but also enjoyed dressing as an individual. "I like dressing as an individual and it is cool that it can be a trend," Gage commented.



Aurora Marquez
Jason Marrone
Antonio Martinez
Jose Martinez
Leonardo Martinez
Rafael Martinez
Yadaira Martinez
Eric Maruca

Anthony Matos
Saul Mattos
Preston Maye
Sarah Maynard
Kenyon Mccollum
Ethel Mccreary
Gerald Mckoy
Kenney Medina

Cora Meginsky
Candice Meher
Nydia Mercado
Stephanie Merced
Bryan Miklasiewicz
Anthony Miles
Krystal Miskin
Billy Molina Jr

Amanda Monagle
Jesus Montalvo
Luis Montanez
Stamatios Moraitakis
Felix Morales
Lesley Morris
Robert Morris
Courtney Munnings

Eric Netopski
Nga Nguyen
Phat Nguyen
Ti Nguyen
Yen Nguyen
Wei Ni
Julianne Nixdorf
Jeremy Obara

ht-While taking a brief moment in the way, Tiana Shaw admires her newly ac-red alligator boots. The millennium began n a wild start in both fashion and life.Tall l short boots were both very trendy during change of the millennium. Additionally, l animal prints such as zebra, snake and er were all very popular and stylish.**Below ht-** Gina Pauze reveals her rebellious at-ude by wearing a black leather jacket. ther was a reoccuring fashion statement oughout the years. **Below-** Styling with racing jacket, Marina Castro struts her ff in the hallway. "I don't really think about at's hot and what's not. If it looks good on I wear it," Marina exclaimed.

Trends of the MILLENNIUM

Changing from one millennium to the next.

One thing that had students guessing for the new millennium were the crazy fashion trends that they would encounter. "I think that the trends of the millennium are leather coats, boots, bleached hair and hoop earrings," commented Katie Gringas.

Although some students found the trends to be new and exciting, some students were less than thrilled. "I think that the trends of the millennium are whack. It is nothing new except for the shiny pants and going from gold to platinum," Jose Diaz remarked.

"I think that the trends of the millenium are whack." -Jose Diaz

Susie Ruff

The man in the pin-stripe suit:

While keeping up with the fashion trends, Kurt Pinnock sports a 1930's pin striped suit. "I like some of the styles that were worn back in the day. Especially like this pin striped suit," commented Kurt. Remembering styles from years past was useful for students who wanted to appear retro.

Miguel Ocasio
Viviana Ocasio
Courtney O'Connor
Timothy O'Connor
Adam O'Grady
Eugene Okyere
Omar Oliver
Efrain Olivieri Jr

Andres Olivo
William Olivo
Christina Olmeda
Felipe Olmeda
Conor O'Neil
Juan Ortiz Torres
O'neil Osbourne
Joseph Otero

Bryan Ouellette
Desmond Page
Kevin Palaia
Jessica Palatino
Tatyana Panchuk
Nicholas Panetta
Shere Parker
Ricky Paro

Gina Pauze
Tim Payne
Amanda Pelletier
Michael Perryman
Erik Petersen
Tom Pieczarka
Scott Piersanti
Lauren Powers

Jennifer Provencher
Leah Provencher
Alisa Prude
Corey Pyles
Kirsey Quezada
Raul Quinones
Eric Rankin
Foad Razavi Aghanavi

Students always found a way to show their school spirit in their own unique ways.

KEEP THAT SUPER Spirit UP

There were a variety of ways students showed their school spirit. Whether it was through the use of face paints, signs, or the school colors of black and gold, students made the school known. "I cheer for our athletic teams no matter what. Especially if they are losing because they need our support even more," said sophomore Isel Osoria.

Many students agreed that Central had a lot of rivals, including Cathedral, Holyoke, Commerce, Putnam and Sci-Tech, unlike others, which some say affected our school spirit. "Having more than one high school in Springfield creates diversity. It creates rivals, but they are mostly friendly and at times can be supportive," commented sophomore Carol Ndegwa.

by Julie Fleet

How Do You Show *Your* School Spirit?

"Supporting a team can really boost a players confidence," remarked Wilson Boone. Wilson, Carol Gonzalez and Stephen Ruff take time out of their busy schedules to support the team.

"[illegible] of [illegible] fam[illegible] i[illegible] comes to the hockey games because both of my brothers play." commented Jessica Palatino. "I volunteered to be the team manager because I come to all the games anyway."

"I always cheer for the hockey players when I go to the games," declared Jim Tapper while wrapping up in a blanket with Darcy Koony. "It pumps up the crowd and makes them yell too. When the team has the fans support, they just do better." Jim was a loyal fan always finding a way to show his support.

Gladys Rentas
Amanda Reyes
Janielee Reyes
Ricardo Reyes
Cindy Rivera
Eduardo Rivera
Jamar Rivera
Janette Rivera

Jessica Rivera
Melody Rivera
Ricardo Rivera
Yelli Roberts
Tara Robinson
Angelica Rodriguez
Miguel Rodriguez
Rafael Rodriguez

Ralph Rodriguez
Shenina Rodriguez
Zaida Rodriguez
Oleg Romanchenko
Virgen Romero
James Root
Angelie Rosa
Lorena Rosa

Ricky Rosa
Stephen Ruff
Maksim Ruge
Jessica Ruiz
Kimberly Runkle
India Russell
Trevor Sabato
Jessica Salort

Sara Sanchez
Yandiry Sandoval
Yelvin Sanfeliz
Jasmine Santiago
Jennifer Santiago
Ruben Santiago
Soreya Schartner
Christina Scott

Joseph Scott
Melanie Secundino
John Serrano
Kelly Shea
Alexander Sherman
Timothy Sherman
William Shuler
Brian Smith

Jarell Smith
Jarren Smith
Latoya Smith
Tenita Smith
Dahlia Smitheon
Lauren Sneed
Yashira Soto Perez
Khianna Steele

Khioanna Steele
Candace Stolpinski
Corey Streeter
Johnathon Strickland
Constance Sullivan
Keith Sutherland
Kurt Sutherland
Sean Swider

Shawn Tajerha
Alina Taylor-Kendrick
Richard Teece
Sou Thao
Michelle Tirado
Ismael Toledo
Brian Tolliver
Jimmie Lee Torres

Johnathan Torres
Lynes Torres
Christina Tourigny
Elizabeth Tran
Joshua Tremblay
Brenna Turgeon
Bailey Underwood
Jennifer Valentin

Jennifer Valle
Wilfredo Vanqes
Luis Vega
Kimberly Velez
Duane Victory
Emerson Vila
Sandra Vila
Jason Voyik

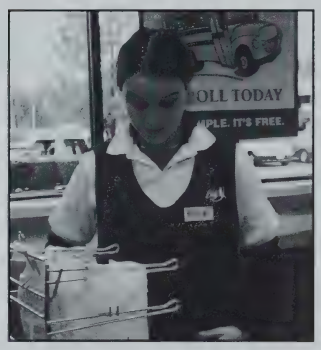
Taurean Walden
William Walls
Ulysees Wannamaker
Jon Ward
Roscoe Washington
Tanya Wellman
Akquanna Wells
Sara Welsh

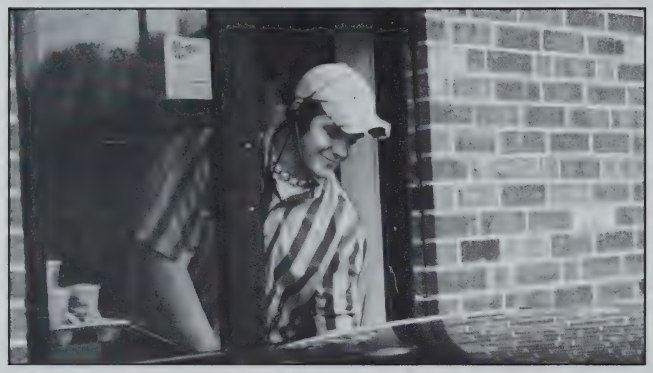
Mandi Weston
Eduardo White
Rolline Whitley
Amanda Wildes
Dominique Williams
Ashley Wilson
David Wilson
Falan Wolowicz

Chi Wong
Whitney Woodall
Andrew Zinn

Right: Service With a Smile- Sophomore Soccorro Johnson takes an order at her job at McDonalds. "Having a job has been a great experience for me. I've learned responsibility and I'm having a lot of fun," Socorro said. Students got jobs for many reasons, but almost all agreed they were beneficial.

Right: Paper or Plastic? While bagging groceries Rachel Victor thinks back to the time she applied for the job. "My parents made me get a job over the summer, but I like having it because I have my own money." She commented. "I've only had the job for a few months but I'm getting the hang of it." **Below: Would You Like Fries With That?** Zack Croteau collects the cash from one of the many customers in drive thru at Wendy's. "I've been working at Wendy's for a few months. I knew the manager so he got me the job," Zach explained. "I hate how people can be so rude sometimes. It's really irritating when you have a lot to do and you have to deal with a rude customer!"





Monday

"Having a job has prepared me for future responsibilities because my mother expects me to buy clothing with my own money."
~Greta Torres
Grade 11

Tuesday

"Babysitting for money is the most unstressful job because I get to have fun playing with the kids."
~Darcy Rooney
Grade 11

Wenesday

"Being a life guard during the summer can be scary because the lives of young kids are in my hands. It can also be interesting because of the hot chics with bikinis!"
~Jon Murray,
Grade 11

Thursday

"Working with my friends is fun because we get to fool around, yet difficult because I don't want to neglect customers."
~Chrissy Sacamando
Grade 11

Friday

"I like my job because I only work about one and a half hours each day and I get paid for four hours."
~ Tony Tromboli
Grade 11

All & No Work & Play

Students worked day and night in effort to earn the almighty buck...

Students punched in at many fferent places for a variety of asons. "I got my job because y parents told me I had to and have to pay for my car insurnce," commented junior Emily evine, a mentor at Springfield tensive Summer School Proram.

For the most part people enyed their jobs. Allegro chroeter, who worked at a mmer camp for underpriviged children said, "It was nice to know the kids had a place to go and eat in the summer." Others, such as Roxy Laflamme, simply liked the "flexible hours."

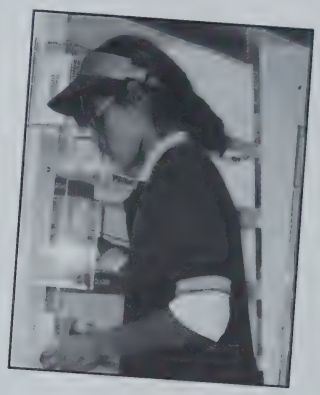
However, having a job also had some negative effects. "Having a job has made my school work seem harder and take more time," Explained freshman Ben Baboval.

There were other reasons for not liking jobs as well. "I don't like the mess little kids make. They spill stuff everywhere, on the floor and on me," Kyle Draper commented about his job at Make Way for Ducklings Nursery School.

Nearly everyone agreed that they benefited from their job in some way. Richard Angelica said he "learns responsibility" from his job at Interstate 91. While others, like Kevin Duquette, said they have a "more structured life" because of their jobs.

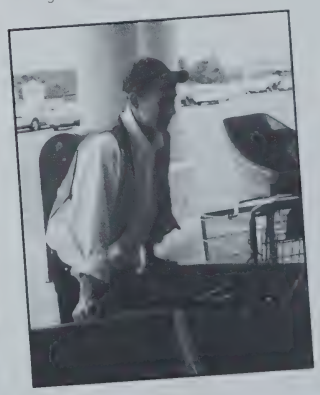
Nicole Wroblewski

Special Buys- While working at Big Y, Sean Roberts does his best to get all of the carriages in. "Since I started working in a grocery store I've learned that customers are never wrong even if you know they are wrong because if its not their way it's the highway," Sean commented.



Doughnut Time- Sandra-Leigh Rodriguez packs a few doughnuts for a customer at work. "I work at Dunkin Donuts and on Halloween night I was on drive-thru. I saw some of my friends pull up and they sprayed me and the whole place with some silly string. I had to clean the entire place before I could go home."

Pouring It In- At work at Gus and Paul's downtown, Vanessa Rizzari helps Kathryn Roseau train for the job. "I've been working at Gus and Paul's for a few months and I'm scheduled for is either four to nine during the week or nine to four on the weekends," said Vanessa.



Wheelin' Around- Many people found work to be less tedious if they had friends working alongside them. "I like working with my friends, it makes work less stressful and more enjoyable," Tim stated.

[illegible]
[illegible]
[illegible]
[illegible]
[illegible] Art
[illegible] Math
Maria Baez- Special Education

[illegible] Physical Education
Arthur Barnes- English
Susan Barry- World Language
Hyacinth Blackwood- Special Education
[illegible] Special Education
Walter Brown- Math
Renee Campotredano- Special Education

James Carithers- Math
David Carlos- Math
Olga Carney- Bilingual
Kathryn Chen- World Language
Thomas Cleland- ROTC
Alysia Cosby-Science
Katherine Cox-Special Education

Al Courtines- School to Work
Michael Cremonini- English
Delores Crinella- Secretary
Donna Cruz- Special Education
Sonia Cruzado-Para Professional
Mena DeCarvalho- World Language
Phil Deforge- Science

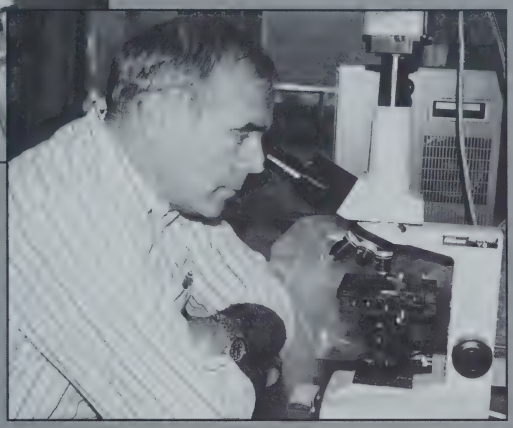
Susan DeFranco- Aide
Stephen Degon- Science
Diorana Delgado- Special Education
John Denis- History
Joe DiDimenico- Tech Ed
Antionetta DiMichele- Guidence
Craig Dinnie- English

Micheal DiVenuto- World Language
John Doty- History
Chris Dowd- History
Matt Dowd- History
Dorothy Drabantowicz- Guidence
Ted Dutkiwicz- Psychology
Nancy Dzielenski- Childcare
Tanya Everett- World Language

Robert Farr- Science
Melissa Fascet- English and History
Robert Fernandes- Music
Luis Fialho- English
David Finkelstein- History
Gail Fiorentino- Science

Myron Follet- Math
Kathleen Ford- History
Francis Funai- Science and Math
Ellen Gallagher- Fashion
Mary Lynn Garbin- Home & Career
Iris Garcia- Special Education
Gregory Garnes- History

DIFFERENT Strokes



Above: *Teaching Tools*- Mr. Funai tries to demonstrate difficult physics concepts with ordinary objects, "If you understand the principles, you can see it in everyday life, that's what I try to do, show that math is interesting." **Right:** *Scopin' it out*- Mr. Krom carefully examines a slide during a lab. He enjoyed doing hands on activities with his students throughout the year because "hands-on material gives the student the opportunity to observe first hand what is being discussed," he explained.

Unique styles of teaching made students more apt to learn.

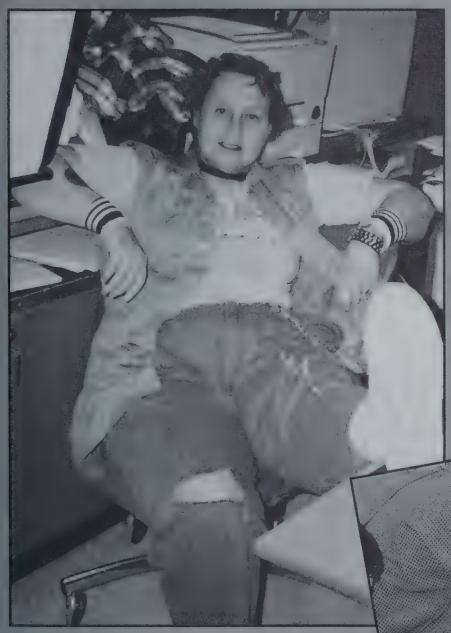
There was no doubt about it, six hours of classes, five days a week, could get very repetitive and very boring. In order to keep their students from not paying attention, or even worse, falling asleep, teachers needed to vary their lesson plans and come up with unique and entertaining styles of teaching.

"In order to bring out the vibrant colors and passions of history, I brought out my acoustic guitar and played Country Joe McDonald's "I'm a fixin to die" rag for my World History 2 class. The class sang along and the best moment was when Mr. Sullivan burst in and sang the chorus along with us," said Mr. Rice about using his musical talent.

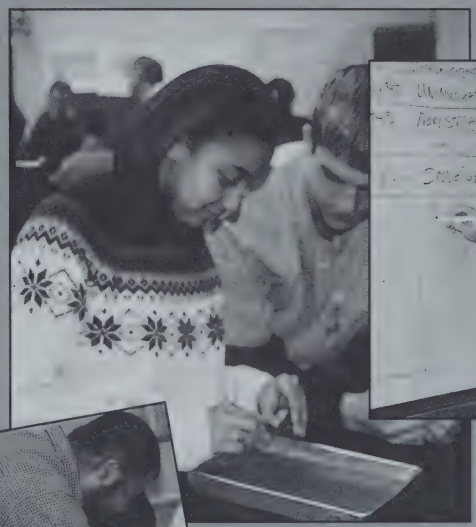
When the 56 minute blocks of school time were just not enough, some teachers turned to homework as a tool for helping students become interested. "I regularly assign my students 5-10 minutes of recorded oral readings on tape. It helps build students' confidence, makes them more comfortable with the foreign language, and eventually will improve their progress," explained Mrs. Giavis.

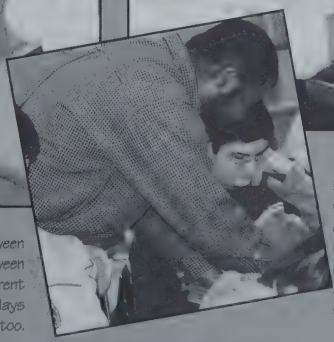
By varying their lesson plans and always looking for new and better ways to present their topics, teachers were able to get their students excited about learning. New styles of teaching would result in interested students, and that is how these teachers were able to accomplish so much.

-Mike Anderson

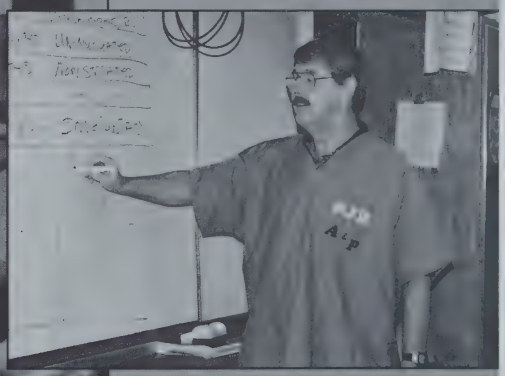


Trick or Treat- Mrs. Robitaille displays her Halloween costume for her students to see. "I dress up for Halloween every year because it's fun. I love seeing all the different costumes, they're so creative," she explained. Holidays weren't only enjoyed by the students, but by teachers too.





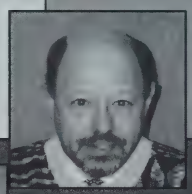
Help!- Mr. Scott helps a student with his classwork. "I try to give examples while lecturing, it allows students to come up with their own examples and then I allow them enough time to do class exercises," he explained. It was a difficult task to try to help the students who didn't understand.

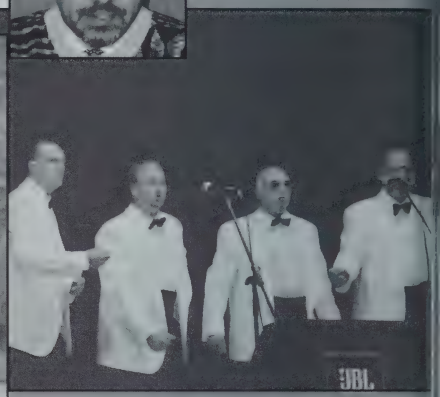


Above: *Aware and Awake*- In order to keep students interested in their education the teacher had to provide humor, have excellent knowledge on the subject, and be very enthusiastic. Mr. Deforge, an Anatomy and Physiology teacher, provided all of these tasks to keep students aware and awake. He remarks, "I use 'toys' to illustrate parts of the body and hope to provide humor. I have a passion and enthusiasm for teaching A&P along with loving my students. I feed off of the students enthusiasm." **Above Left:** *Teamwork*- Ms. Skeene demonstrates during class part of the lab. Being a 180 day teacher, she was learning new teaching styles everyday. "I try to provide examples for my students that relate to everyday life," she commented.

Below: *Faculty Freetime*- While enjoying his soup, salad, and sandwich, Mr. Macomber, a French teacher, sits with Mrs. Schmid and takes in the sights, sounds, and smells at the faculty Halloween luncheon, put on by Ms. Goodwin's class in Cafe Aerie. Teachers choose to spend their freetime in many different ways. "I try to find a private area where I can relax and rejuvinate myself," said Mr. Macomber. **Below Right:** *Pedal Power*- Teachers find many ways to spend their time while out of school, Mr. Rice chose cycling as his after school recreation. When asked why he chose to start cycling Mr. Rice said, "I began cycling as a hobby to keep me in shape but as time went along I began to get into the competive side of the sport, my skills have progressed and I am starting to participate in more racee."

Right: *Dining In*-Mrs. Gallager dines in Cafe Aerie durin her lunch period. "I love to eat in Cafe Aerie because t food is delicious and it's a good way to support th students. I'm usually so busy during school I rarely ge time to sit back and relax," she said. Teachers' sched ules were busier and more difficult than most student thought. **Below:** *The Four Seasons*- At the Teache Talent Show Mr. Goodwin, Mr. Fernandez, Mr. Finkelstie and Mr. Sullivan lip synch to a variety of songs. Mr Dinnie and Mr. Finkelstien came up with the idea for th doo-wop performance. It was hard t believe that they only practiced once for twenty minutes. **Left:** *Lighthous Point*-While on vaction in Maine, Mr Cremonini stops to take a photo o a historic lighthouse.





Denise Gauthier- Childcare
Mary Ghidoni- Science
Lori Giacomoni- Math
Roseanne Giavis- World Language
Kathleen Gilhooly- English
Maria Goncalves- Special Education
William Goodwin- Assistant Principal

Andrea Grimes- Special Education
Nicole Guttenburg- Science
Richard Guzowski- Technical Education
Lois Hedberg-Special Education
Betzaida Hernandez- Special Education
Carol Hogan- English
Lynn Hunt- LPN

Russell Illia- Technical Education
Celeste Budd-Jackson- Principal
Maryann Jennings- English
Darlene Jubrey- Special Education
Patricia Keenan- English
Robert Kelliher- English
Linda Kenney- Reading

Patty Kenyon-Para Professional
John Kiah- Physical Education
Carly Kinnas- 180 Days
Marianne Kieras- Bilingual
John Kozikowski- Power Tech
Kathleen Kroll- English
John From- Science

After Hours

With all the stress of school, teachers found a few minutes for themselves.

When the bell rang at 2:25, it wasn't only the students that gave a sigh of relief. Along with the joys of teaching came the pressure of trying to educate kids so that they could reach their full potential. Being a teacher had its ups and downs. Each teacher had different ways of unwinding after a long day on the job.

Spending time with family was a favorite activity for many teachers. Mena DeCarvalho expressed the happiness that her household provided her, "I love to be with my family; it's those times that I feel the most comfort." Many teachers' love of their children extended into the classroom. Diane Mackie explained why her kids helped her to become a compassionate teacher, "My children are the pride of my life. Watching them grow as people has urged me to help other kids develop as young adults."

While many people felt that being around family gave them great comfort, others felt that being alone was the best way to relieve stress. Solitude gave some the opportunity to think about the events that occured during shool. Being fairly new to the profession, Brian Hutchins worked intently on discovering new techniques to help him present and teach information to his students. "In my free time after school I like to relax by sitting down and reflecting on the day while listening to music," he stated.

A teacher's free time was well deserved. Their dedication to education is a great service to students. Whether spending it alone or with family, the time was a chance for teachers to recuperate and get ready for the next day of schooling.

-Dan Montagna

Denise Lakoma- Math
Leonard Lapon- Math
Claudia Lee- Science
Felix Lopez- Bilingual
Jose Lugo- Math
David Macomber- World Language
Denise Madenski- World Language

Diane Mackie- English
Kathy Mallett- Special Education
Michelle Marantz- English
Mary Markel- Science
Jean Marvel- Mediation
Nancy Mathras- Math
Maria Mazzie- World Language

Tim McClusky- Physical Education
Thomas McDonough- Guidence
James McDowell- Key Club
Dan McLaughlin- Health
Darby McLaughlin- Physical Education
Wilmer Melendez- Science
Ann Michaels- English

David Moore- Physical Education
Donna Nebar- Paraprofessional
Brent Northup- English
Augustus Oakley- ROTC
Angelica Ochoa- 180 Days
Luis Perez- World Language
Micheal Pleciak- History

WHO'S the BOSS?

The Vice Principals were more than just people in charge, they held a place of respect.

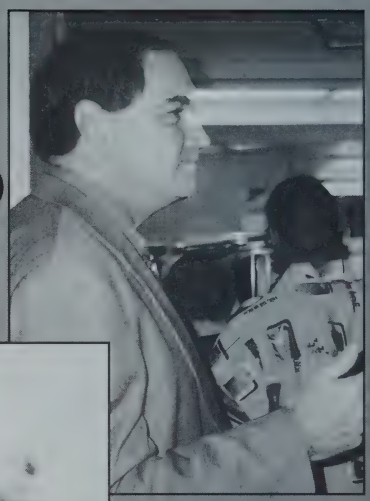
Amongst the population of our school there were teachers, students, and a few lucky people with the task of keeping the students under control. These people were the adminstrators or more commonly known as, Vice Principals.

Vice principals had a very difficult task, and students didn't seem to understand this. They did many things such as organize some of the things that happened in our school, as well as gave the official approval for student activities. They also had to deal with disciplinary action but that was necessary in order to have an organized school.

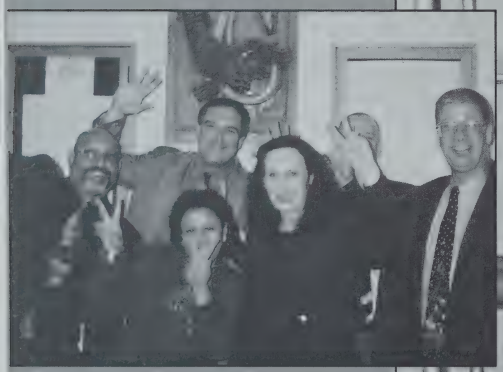
Because students had the same administrator throughout their high school career, the Vice Principles were able to form a relationship with their students. When asked about his relationship with students, the senior classes administrator Mr. Stoddard commented, "The administator gets to build a relationship with their students over a four year period. We become very aware of each students individual behavior."

Administrators had a very difficult job in keeping things in order around our school. They were very devoted to helping out students in any way they could, and when asked what their favorite part of the job was, they all said that it was watching the students that they have helped develop for four years graduate, knowing that they have had an impact on the lives of these students.

-David Stevenson

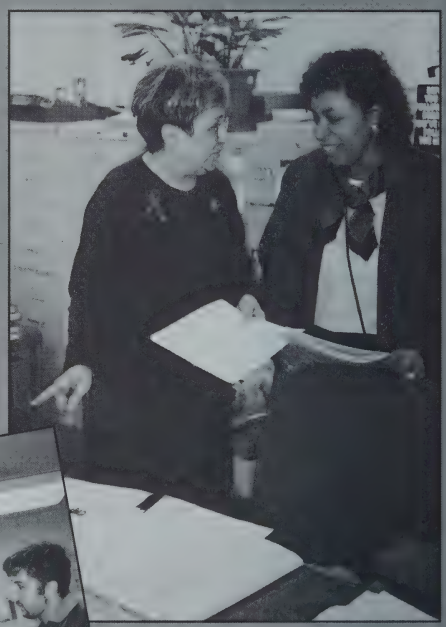


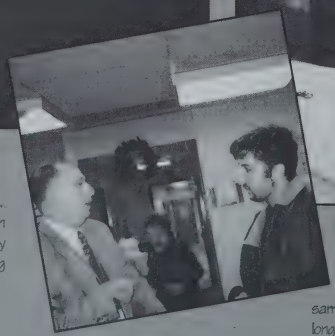
Above: *Keep It Movin-* One of the administrators' many tasks include keeping order in the lunch line. Mr. Stoddard remarked, "I take being a vice principal very seriously, it is my job to see that the students are in order." **Left:** *Fly like and Eagle-* Mr. Somid gets buddy, buddy with our mascot, the golden eagle. "We are more than just suits," said Mr. Somid. "The teachers and staff try to promote school spirit. We think it critical to see the the teachers and administration cheering the students on. We want to make it more than just a place of learning."



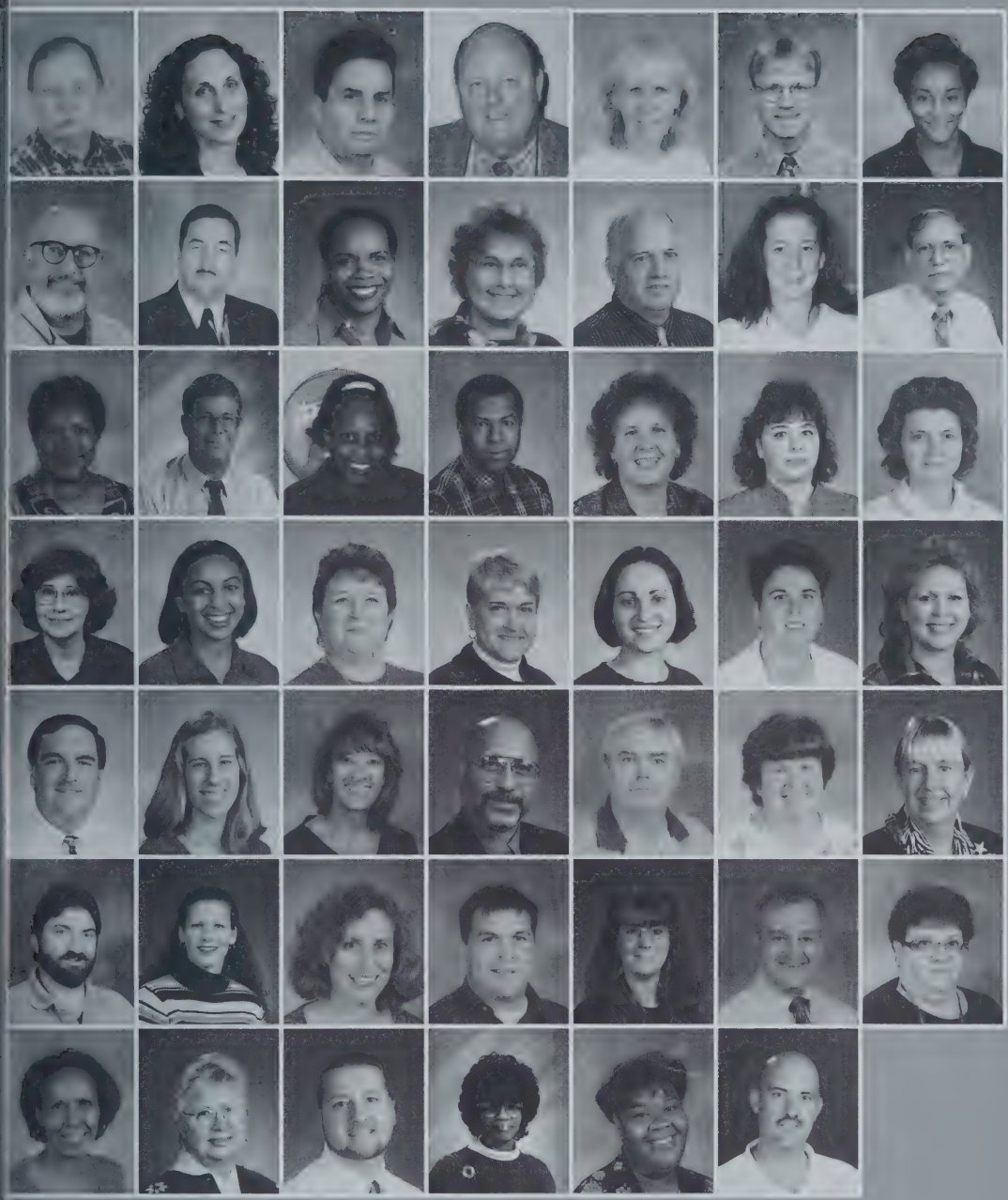
Above: Front Row- Mr. Sullivan, Dr. Budd Jackson, Dr. Prystupa, Mr. Schmid. **Back Row-** Mr. Stoddard, Mr. Goodwin. **Above Right:** *Law and Order-* While keeping order in the cafateria, Dr. Prystupa also finds time to chat with her co-workers. Handling lunch duty and paper work weren't the only things principals had to do on a daily basis, talks with students and their parents were some others. "I'm very busy dealing with all of the students and their parents. It's hectic!" she explained.

Right: *Getting Some Advice-* Mr. Goodwin talks with substitute teacher, Mr. Zalowski about the upcoming day. Mr. Goodwin says, "I have to deal with other teachers very closely and it is my job to make sure that they are getting their job done."





Help On The Job- Dr. Budd-Jackson gets some help with her hectic schedule from Mrs. Crinella. The job of the principal was not an easy one. When asked about it she said, "It is the most interesting job there is. No day is the same and I am never bored. However, it is very rewarding in the long run when I get to see the students graduate."



[illegible]
[illegible]
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Edwin Quiros- Guidence
Tim Renn- Math
Susan Rhodes- Paraprofessional
[illegible]
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[illegible]

Paul Ricker- English
Anthony Rivard- ROTC
Lori Robinson- World Language
Jane Robitaille- Science
William Ross- History
Christina Sandor- Guidence
Vincent Sansalone- History

Elena Scantlebury- Special Ed
Alex Schmid- Assistant Principal
Janice Scott- English and History
Leroy Scott- Math
Janet Settembro- Math
Cheryl Sigler-Aide
Johanne Sikorski- Aide

Elizabeth Simmons- Science
Tamara Skeene- 180 Days
Pamela Skura- Para Professional
Linda Slozak- History
Kara Stamm- 180 Days
Florence Standish- Physical Education
Kathleen Stanieri- Special Ed

Richard Stoddard- Assistant Principal
Kristin Strobel- 180 Days
Carol Sullivan- Psychology
Tyrone Sullivan- Physical Education, Assistant Principal
Dave Tilley- Technical Education
Joan Tomaine- Special Education
Holly Tuttle- Art

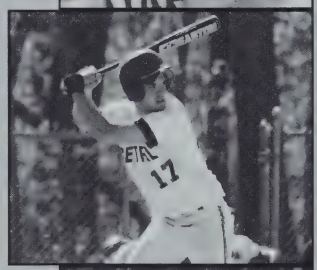
Norman Yangel- Construction Tech
Shelly Vedovelli- Science
Naomi Volain- Science
William Vogel- Science
Barbette Warren- 180 Days
Gary Watson- Guidence
Jean Watson- Math

Edna Weekes- Math
Carolyn Wikar- Math
Micheal Wikar- LLD
Charlotte Wilkerson- Health Center
Valerie Williams- English
Chris Zguro- Physical Education

Cross Court- Eyeing the perfect spot to place the ball is the only thing on Elizabeth Dumette's mind. "I enjoy tennis because it keeps me in shape and it's a fun activity." Liz was one of the leaders on the tennis team and used her experience to help the younger players better themselves.

In His Prime- While preparing to execute a drive downfield, Mike McCarthy calls out the play. "Before the hike I try to keep my focus so we can run through the play flawlessly." Mike's intense concentration helped the Eagles achieve another successful year.

Taking a Breather- Sophomore Darlene Beamon and Senior Jennifer Torres take a break after a hard practice. The girl's track team had a very good year, " It was my first time running and doing hurdles. I made it to Western Mass and States. We also broke a record," Darelene stated. "Not only do I have fun participating in track and field, but it's a great way to stay in shape for basketball," added Jennifer.



Batter Up!- Sophomore Nick Santinello anxiously awaits the pitch, displaying perfect form. "I like baseball because it is really fun to play. I like playing it at school because there is a lot of people I enjoy playing with. I just want to be the best that I can be. Practice makes perfect," he said. The team went to great lengths to improve themselves and it showed in their performance during games.

Watch Yourself!- Playing sports wasn't all about staying in shape and winning the championship. It was also about the friendships of the team members. As Kara Linnehan played soccer, she learned how to feel comfortable around her teammates. "Soccer is the only place where I can run around like a nut and try to help my team score," Kara replied. "It's weird for me to do that because I'm usually a pretty shy person, but I feel comfortable around the girls."

That's The Spirit- Showing the athletic teams support was important to the cheerleaders. Captain, Grace O'strander cheers her best at a football game. "I started cheering because I want the athletes to know we back them up," she explained. "The squad tries to be as enthusiastic as possible to let them know."

Mike Anderson

Sports

The year started like any other, but the athletes of our high school chose to end it in a whole new way. With pre-season starting a week before school, and practices lasting all the way until June, athletes had to dedicate endless hours after school to their sport. This elite group of students suffered in the heat and braved the bitter cold, and all for one goal: VICTORY. Whether it was a personal goal, or the winning goal, the athletes always strived for excellence. Throughout the year there were countless victories as well as disappointing defeats, however the lessons, memories, and new friends would last for a lifetime.

Sports Editor

Shannon McKellick

	Advice for Future Players	Favorite Memory
	"Make sure you go into the season prepared. Preparation is key." -David Stevenson	"When we beat Sci-Tech, I won two events, the mile and two mile. It was awesome!"
	"Remember to always stay true to yourself and to your sport." -Adam Turner	"Making new friends and having the chance to get fit with them everyday after school."

Boys Track Front Row- Montell Johnson, Dave Stevenson, Warren Barnett, Don Jones, Brian O'Connor, Adam Turner, Jeziel Gonzalez, John Hudson. **Second Row**- Lenny Underwood, James Baron, Chris Martin, Roderick Turner, Rayshon Wesley, Eric Paul, Tom Dearborn. **Back Row**- Coach Ted Dutkiewicz, Charles Bowerman, Pat Marcil, John Papadoulias, Vincent Williams, Nicholas Sneed, Coach Paul Ricker.

Scoreboard

Cathedral 30-106
Sci-Tech 75-61
Chicopee Comp. 38-98
Longmeadow 40-96
Agawam 42-103
West Springfield 48-98
Minnechaug 15-130
Holyoke 35-100
Westfield 100-100

Second team All WMass: Brendan Kavanagh

Co-M.V.P's: Brendan Kavanagh, Brian O'Connor

Overall record
1-8-1

Record setter: Don Jones 100m in 4x100 relay 11.3 seconds

Top: Time Check!- After just finishing his race, Don Jones makes sure his time meets his standards. "Track is not very exciting but I'm really fast so I stick to it." Don Jones had a pretty good season running the 4x100 relay along with his other events. **Above: On The Launching Pad**- John Papadoulias uses all his might to launch the shotput through the air using great technique. "The memory that sticks out the most is missing the qualifying distance for the individual tournament by one inch," John commented.

Fly like an Eagle

Although not reflected by their overall record, members of the boys track team achieved their personal goals.

For almost every sport, the word team was drilled again and again into the minds of the players; however, hen it came to Track and Field, the individual became the most important piece of the puzzle. "Most of track was bout the team, but when it came to events, the individual aspect was important. Trying to meet your own personal oals kept us working harder and harder every meet," stated Eric Paul.

Unlike most of the school sponsored sports, a player was able to choose from an array of activities in hich to take part: "I chose to throw the javelin last year because when I was a kid I always had a good arm. I like oing field events because they allow me to put more emphasis on working out with weights, not so much running," aborated Brendan Kavanagh.

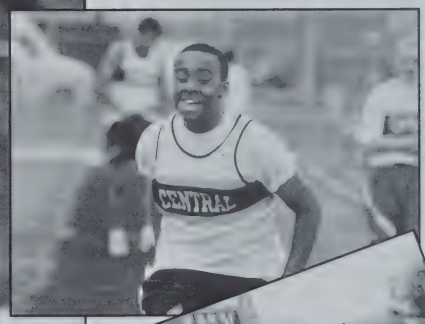
Even though there were many rarities found in the realm of Track and Field, some sports truths held true, uch as the necessity to prepare for a meet: "I prepare for a meet by stretching," said David Stevenson, who ran he grueling two mile race for the team.

Also, as any experience did, the time that one spent on the team held great memories: "My most emorable experiences is when I came back and won against Sci-Tech in the 4x100 meter relay," exclaimed Warren arnett.

In all, the traditional values of sportsmanship, unity, and a positive outlook were all needed to be a articipant in the sport of track; however, it was also necessary to possess determination and self sufficience to e a successful member of the team.

-John Kenney

Look At It Go!- Senior Brian O'Connor heaves a discus during a meet against West Springfield. "Discus has always been my favorite event and I take it very seriously. I'm looking forward to next year," stated Brian, who also made it to Western Mass in the event.



lockwise: **James Barron** successfully clears the bar in high jump. **Christopher Martin** tears down the stretch in rder to execute the perfect long jump. **Tom Deerborn** takes off at the sound of the gun. **Montell Johnson** prepares to receive the botton form in the 4x100 relay.

Right: Flying High- Theonnie Caldwell leaps through the air over the track field. "I ran track to keep in shape and to experience a new challenging sport besides cheerleading," said Theonnie. This was Theonnie's first year running track. "It was really fun because everyone supports everyone else, even if we lose." **Below: Turning Corners-** Lilly Slezak rounds the corner of the track while running her favorite event, the 800. "Track is a lot of fun as well as good for you physically. We had a small team this year, but we all got along and tried to have fun with it," Lilly remarked.

Go Speed Racer,

"Although the team's record was not a winning one, the individuals

Above the Rest- Jen Torres leaps over a hurdle during competition. Jen said, "I run to stay in shape for basketball and it is fun because I know others who do it." Students ran track for many reasons ranging from just plain fun to serious competition. **Right: Trading Hands-** Nora Clark begins her leg of the girls 4x400 race after a successful pass-off between her and Brittany Boyer. Nora explained, "One of the most memorable things about track was when the 4x400 came in first at Western Mass. It was really fun."

epin' her COOL: After hurling the discus, Michelle Cooley invisions ere it will land. "I joined the track team because I wanted to see what was all about and I wanted to try something new." Many athletes cided to join the track team to stay in shape in their off seasons.

On Track- Christina Huff crushes the competition during a track meet against Northampton "I run track because I like being active and I'll probably run track when I go off to college," said Christina. She had a difficult season because she ran the 4x400 relay, an event she was unfamiliar with. **Left: Going for the Gold-** During a race, Elisabeth Budd gives it her all to be the first to cross the finish line. "I took a lot of satisfaction in winning and being part of a good team," Elisabeth commented.

n the girls track team found success in their own events."

Girls Track- **Front Row-** Latisha Allen, Nichole Baldyga, Jessica ase, Niomi Sanchez, Siobhan Wilson, Tasheena Davis, Vanessa verez. **Row 2-** Michelle Cooley, Lilly Slezak, Jade Rivera, Lynn Budd, hristina Huff, Darlene Beamon, Elisabeth Budd, Andrene Miller. **Back Row-** Coach Straughter, Bianca Jackson, Amy Benson, Nora lark, Jen Torres, Jovon Eldridge, Kiana Harris, Theonnie Caldwell, amela Williams, Coach Holmes.

SCOREBOARD

Agawam 53-83
Northampton 57 1/2 -78 1/2
Cathedral 59-77
Sci-Tech 77-55
Longmeadow 53-83
West Springfield 72-60
Minnechaug 54-82
Amherst 57-79
Westfield 72-63

M.V.P.: Christina Huff
All WMass: Christina Huff 100m
School Record: Nora Clark, Elisabeth Budd, Darlene Beamon, Liea Henry 4x400 relay.
States: Christina Huff 3rd in 100m, 4x400 relay team 6th.

Overall Record
3-6

One More Thing

"I ran track because I play both soccer and basketball and I wanted to try something new."
-Darlene Beamon

Kings and Queens of the Court

With their hard work and determination, both the boys and girls tennis teams came out on top.

For both the girls and boys tennis teams, despite a few difficult opponents, their seasons improved overall. As the girls team approached the end of their season, they were coming to a close with a shot at the playoffs. For the boys team, despite some losses, they felt they did more as a whole than in previous years.

For many, they had their own particular preference to the sport of tennis. Elizabeth Ouimette said, "I love the energy you get from just playing on the court." Mike Scibelli commented, "I like winning and everything, but more importantly, you get a great tan while you play."

Many even have professional tennis players they admire and watch for various reasons. Julie Pleet expressed, "Ever since I was little, I watched Steffi Graf play. I even read her biography." For some, their reasons were a little more simple than others. "I like Pete Sampras because we share the same first name," said Pete Dawson.

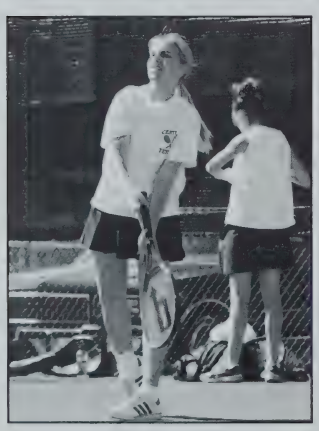
The girls and boys tennis teams discovered that communicating as a team would keep them united. Each and every player, by the end of the season, found that diligent practice, and maintaining focus were the key to success. The teams would continue to practice and perfect their skills to improve even more in continuing seasons.

Emily Bushey

Who's Who?

"My favorite memory of the season is making a comeback in the doubles match against Chicopee Comp., because we came from behind to win."
-Anna Baboval

"My favorite part of the season was when the softball players starting making fun of us at practice because we had our shirts off."
-Peter Dawson



Above: Bombs Away!: During a match against Ludlow, Kate Robbins takes an extra second to admire her serve. "I play tennis to stay in shape and I like the individual aspect of the game," Kate stated. **Right: Swingin' in Style-** While keeping his composure, Alex Gendreau easily returns the ball with no sweat. "I like tennis because it's fast paced and requires a lot of endurance," Alex said.

Left- Tough Stuff- While keeping her eye on the ball, Salwa Abdoo follows through with a perfect forehand. Salwa stated, "Throughout the season I work extremely hard to improve my play. I really think my hard work paid off."

SCOREBOARD

Cathedral 2-3	Holyoke 3-2	Sci-Tech 5-0
Chicopee 2-3	South Hadley 1-4	Chicopee Comp. 1-4
Ludlow 2-3	Chicopee Comp. 3-2	Agawam 3-2
Sci-Tech 5-0	Westfield 1-4	**Playoffs**
E. Long. 3-1	Chicopee 3-2	Cathedral 5-0
Agawam 4-1	Westfield 1-4	Longmeadow 1-4

Overall Record
9-8

Most Valuable Player: Justin Worthy
Most Improved: Zeke Megensky

Justin Worthy: All-WMass
All League
Peter Dawson: All- League

During an intense match, Zeke Meginsky struggles to return the ball. Zeke commented, "I really have improved as the year went on. In the beginning I was a little off, but with the help of coaches and teammates, I felt like a real pro!"

Boys Varsity Tennis- Front Row- Pete Dawson, Allan Francisco, Zeke Meginsky. **Second Row-** Coach Dawson, Justin Worthy, Mike Scibelli, Alex Gendreau, Joe Bisson, Coach Freeman.

Girls Varsity Tennis- Front Row- Andrea Ronghi, Kathleen Robbins, Molly Clark, Julia Vasilionok, Elizabeth Ouimette, Julie Pleet. **Back Row-** Salwa Abdoo, Anna Baboval, Georgia Clarke, Susie Ruff, Erika Arristea, Coach Macomber.

SCOREBOARD

Commerce 4-1	Chicopee Comp. 3-2
South Hadley 2-3	Agawam 4-1
Chicopee Comp. 4-1	Chicopee 4-1
Ludlow 1-4	Westfield 3-2
Holyoke 0-5	Cathedral 1-4
E. Long. 3-2	Commerce 5-0
Westfield 1-4	**Playoffs**
Palmer 3-2	Minnechaug 0-5

Overall Record
11-7

Most Valuable Player: Julie Pleet
Most Improved: Molly Clark .

Pioneer League All Star:
Julie Pleet

Dirt in the Skirt - Junior Kimberly Hunter just reaches home plate a head of the ball, while her teammates cheer at her successful slide. "I felt so proud after that run," remarked Kim. "The team and I always joke about missed plays and runs, but in that game our hard work proved to be worth while."

Girls J.V. Softball-Front Row: Megan Flaherty, Erin Keefe, Heather Lataille, Katie Favreau, Christina Saccamando, Jennifer Marsh. **Row 2:** Mande Martin, Julie LaMothe, Kathrine Spiegler, Jen Libian. **Back Row:** Couch Moore, Allegro Schroeter, Emily Devine, Kim Hunter, Jen Vaughn, Cassie Minnie.

Girls Varsity Softball-Front Row: Melissa Vandermyn, Michelle Brown, Jessica Rivers, Ashley Collins. **Row 2:** Marianna Biela, Christina Boutot, Jackie Quinlan, Sarah Klenakis. **Back Row:** Coach Sullivan, Jenny Wiley, Rachel Carter, Karin Powers, Miquel Turner.

	Advice for Future Players	Favorite Memory
	"Be part of the team. No matter how good you are, if you don't play as a team, you won't do well at all." -Megan Flaherty	"My favorite memory is when the whole team spray painted their hair purple for our last home game."
	"Make sure you are dedicated. You have to be at practice everyday because it is the best part of the day." -Miquel Turner	"My favorite part about the season was when I hit a home run against Chicopee High."

Top: Tossing the Ball Around- Throughout the year, girls looked forward to the softball season, but it started with tryoute. "I really dislike tryoute because we have to learn to throw all over again and there's a lot of running, which helps me stay in shape," commented senior Jessica Rivers. **Above: Secure Hold-** Not only is softball physical, there's a lot of mental work, too. As senior first baseman Michelle Brown sees it, "Softball is more mentally challenging than physically challenging because you have to think of what strategy the other team is going to pull, and what you should do if and when it happens."

Powerful pitch- During her four years of play, Sarah Klenakis learned to pitch. "I am glad I learned to pitch because I like being in control of the game. Whatever I do affects what happens next." Sarah also mentioned that she enjoyed meeting and playing with her teammates throughout the years.

A League of Their Own

Despite their few wins, the softball team kept their heads up.

Softball is a game that requires a variety of different skill levels. To develop these skills a player usually had to play the game for quite some time. Jackie Quinlan said, "I've been playing softball for eleven years. I started because my dad wanted me to play and I ended up liking it."

For the most part, the players kept a positive attitude throughout the season even though they played many games against stronger teams. One tradition of the team to avoid bad luck was to not step on the foul line before or during a game. In addition to that, junior Jennifer Marsh had her own way to keep good luck, "I wore my fluorescent green and orange sports bra every game." Winning wasn't everything, as long as they were having fun was the philosophy of the team. Making new friends was also important to the players. Kim Hunter stated, "I met Jenny [Marsh], Chrissy [Saccamondo], and Meghan [Flaherty]. We all became better friends throughout the season, and they were also in some of my classes." The season was full of memorable and sometimes painful memories. While playing catch with Jackie Quinlan, Christina Boutot received a black eye. Jessica Rivers' most memorable experience was when she hit a girl in the back while trying to get her out at home. Jackie Quinlan remembers a painful moment, bruising her hand while playing catcher.

Even though the team did not have the best record, each softball player gained many positives experiences from being a team member. The experiences including making new friends, having an enjoyable time, and improving their skills.

-Arielle Cole and Courtney Blodgett

Scoreboard

Minnechaug	0-20
Monson	3-11
Agawam	3-15
E. Long.	10-14
Cathedral	0-14
Northampton	0-17
Westfield	0-12
Amherst	4-10
Longmeadow	0-18
Chicopee Comp.	0-11
W. Springfield	0-9
South Hadley	8-12
Chicopee	5-11
South Hadley	7-17
Ludlow	5-16
Holyoke	5-4
Chicopee	2-8
Ludlow	4-5
Holyoke	1-6
Monson	3-9

Overall Record
1-19

ckwise: Karen Powers tags a runner out at second. **Coach Sullivan** gives a pep talk to one of his players. **Marianna la** tosses the ball in from the outfield. **Jackie Quinlan** attempts to get the runner out at second.

Dominating

Left: Shutting 'em Down- Tuned in to throwing the perfect strike, Omar Ayala goes into his wind-up. "Being a sophomore and pitching for the varsity team was a little bit scary. I just concentrated and gave it all I had," Omar stated. His early start on the varsity team would help Omar, tremendously in future years. **Below: Eye on the Ball-** In the batters box, senior Chris Unglaub looks for that perfect pitch, "I try to be selective and get ahead in the count while I'm at the plate so that I can force the pitcher to throw strikes." Chris combined both strategy and power when he hit a home run against Ludlow.

Through hard work and determination the baseball team did their

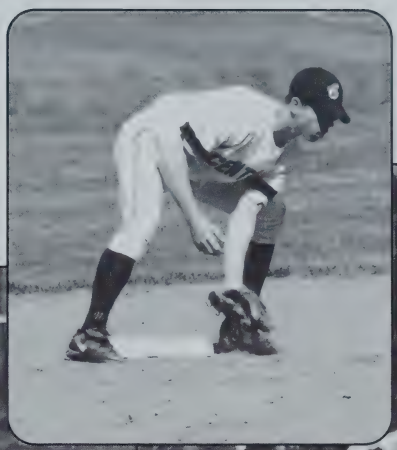
Boys Varsity Baseball- Front Row- Adam Hall, Chuck Vilakis, Buddy Dwyer. **Row 2-** Jeremy Ross, Marcel Caron, Kyle Dibisschop, Mike McCarthy. **Back Row-** Coach Kiah, Nick Santinello, Dan Montagna, Chris Unglaub, Omar Ayala, Luis Olmeda.

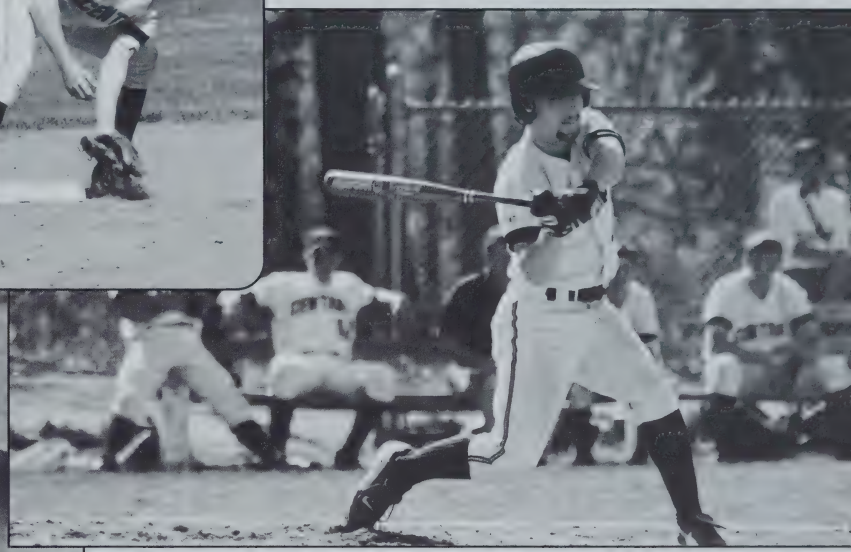
Boys JV Baseball- Front Row- Tim Brodeur, Andrew Mankus, Tim Linnehan, Larry Archey. **Row 2-** Narrin Vasquez, Jered LaPalm, Corey Strange, Chris Roberts, Rick Laroche. **Back Row-** Coach Ross, Orestes Martori, Zach Croteau, Anders Forsberg, Jonathan DeJesus.

the Diamond

Left: Slappin' it Down- With plenty of time to spare, Dan Montana applies a tag at second base to [illegible] a runner attempting to steal. "Defense is more exciting for me than hitting. It's much more likely that I'm going to make a good play than hit a home run," Dan explained. **Below: Body Movin'-** Demonstrating that any good baseball swing begins with the hips, senior Kyle Debieschop focuses on the incoming pitch. "When I'm at bat I look for my pitch so that I can make a quality swing and drive the ball." Kyle also showed his skills behind the plate as the starting catcher.

Below: Layin' the Tag Down- Senior Adam Hall makes the play at shortstop and prevents yet another opponent from reaching second base. Solid defense was what won games and this was where Adam made his biggest contribution to the team. "I think shortstop is the most exciting position and I'm happy to be able to play there."





best to show their skills, and by the end of the season, improved.

Boys Freshman Baseball- Front Row- Alberto Figeroa, Matt Barker, Joseph Laflamme, M.J. Torres. **Row 2-** Terrel Rice, Chris Monett, Kyle Lennon, Carlos Reyes, Ed Villafane. **Back Row-** Stephen Delusa, Jeff LaRiviere, Nick Giammarino, Kyle Draper, Ryan Visneau, Coach Vogul.

SCOREBOARD

Northampton 4-13	W. Springfield 10-15
Westfield 6-7	Chicopee Comp. 5-10
Taconic 4-10	Holyoke 7-20
E. Long. 16-8	Pittsfield 2-7
Longmeadow 2-16	Cathedral 11-14
South Hadley 1-0	Agawam 3-19
Chicopee 3-2	Chicopee Comp. 2-10
Amherst 2-6	Holyoke 0-6
Minnechaug 1-8	Cathedral 1-5
Ludlow 0-4	Agawam 0-12

M.V.P., Second Team All WMass: Chuck Vilakis

Overall Record

3-17

One More Thing

"I enjoy baseball because it is a challenging sport and I am always up for a challenge."

Mike McCarthy

Co-Ed Bumping

The Boys and Girls Volleyball Teams worked hard for successful seasons

Up and Over- Senior Ann Sarrage [illegible] a volley by [illegible] the ball over the net. "I enjoy volleyball because it is fun and [illegible] team sport," Ann stated. The boys team didn't end up with the best record, and our team hopes for next season were quite high.

Leaping through the air to catch a volleyball, and saving it from hitting the floor might seem like nonsense to an onlooker, but volleyball was the sport of choice for many students. Although the boy's team did not have many wins they seemed to grow in a way unmatched by any classroom lessons. The girl's team won more games than they did in the previous year. Improving a young team proved difficult, but achievable.

Teamwork was the key to the girl's volleyball team's success. " I learned a lot about volleyball, and the team worked well together...I am proud of our teamwork," said Courtney Munnings. The girl's team may not have been very large, but they got the job done on the court.

The boy's volleyball team struggled and this year, " The whole season was a lot of fun even though we lost a lot of the time. We didn't let that get to us. We know we need to work harder and get more serious now," explained Raul Perez. The boy's team learned for themselves that hard work will pay off in the end.

As the season wrapped up for the volleyball players, all they could do was look back at what they had accomplished and anticipate what they hoped to do in the future. They now had a better feel for the sport and they knew the hard work that would have to be put into the sport to succeed.

-Ryan Kenney

Top: Seniors Rule!- (from top clockwise) Natasha Wright, Nancy Lo, Koa Nou Lee, Diana Harris, Astania Martin, Lorraine [illegible]. **Above: Hard Hitting-** Brendon Nelson dives his all during a home match. "[illegible] game was [illegible] the [illegible] ground. It [illegible] me and [illegible] we don't even get up," Brendon said.

Bump It- Natasha Wright keeps the ball in bounds during a Junior Varsity volleyball game. "I love volleyball because I enjoy the competition and it is a good way for me to release my energy," Natasha commented. "The team was very cooperative and the season went well."

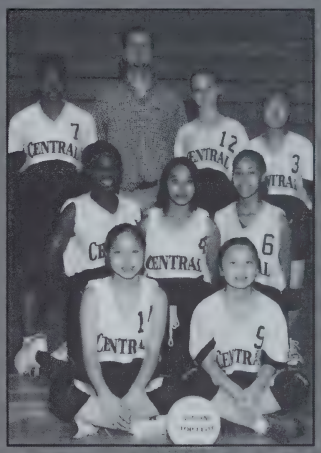
Favorite Memory	Advice for Future Players	
"My favorite memory was when we played Ludlow. We played really well together even though we didn't win."	"Never quit. What doesn't kill you only makes you stronger, in every aspect of life." -Astaria Martin	
"My favorite part about the season were the bus rides. We really got to know each other better."	"My advice would have to be that attitude determines performance." -Sergio Reyes	

Stand and Deliver- During one of the many intense matches, Senior Nancy Lo bumps the ball in attempt to win the point. "I was extremely happy when our team made it to the Western Mass Tournament to play West Springfield. We played really well together, and it is a moment I will always remember."

Top: 1, 2, 3, TEAM!- The boy's team brings it in during a time out to discuss some strategies. The players truly appreciated the few time outs they got as a chance to take a breather. **Above: Reaching for the Stars-** Christina Tourigny jumps up in an attempt to get the ball over the net and past the opposing team. "I played volleyball in middle school and decided to keep going with it. It's a harder sport than most people think, and that's why I like it," Christina said.

Boys Varsity Volleyball: Front Row- Sarath Ton, Francisco Munoz. **Back Row-** Brendan Nelson, Joao Franco, Coach Porter, Raul Perez.

Girls Varsity Volleyball: Front Row- Kao Nou Lee, Nancy Lo. **Middle Row-** Astaria Martin,Lorraine Vang, NatashaWright. **Back Row-** Kianna Harris, Coach Porter, Christina Tourigny, Cha Lee.



Below: Beat 'em to It- Alex Dobiecki rushes [illegible] **Right: Aerial Assault:** [illegible] "Soccer is a difficult [illegible] to work a lot harder than [illegible]," explained Phil.

Right: Tricky Dribbler- Senior Jeff Constantin[illegible] all and moves by his opponent with ease. "We [illegible] "Jeff" [illegible] the [illegible] Week" in the [illegible]

Boys J.V. Soccer- Front Row- Quy Nguyen, Nelson Vasquez, Thonh Nguyen, Ryan Chism, Simeon Trader, Peter Dawson, Francisco Mundz. **Back Row-** Coach Briggs, Tomar Ademi, Jeff Sullivan, Norgie Castro, Sam O'Neil, Kyle Lennon, Diego Torres, Pat O'Conner, Jason Dill.

Boys Varsity Soccer- Front Row- Quang Nguyen, Aaron Posner, Nick Day, Larry Archy, Tim Linnehan. **Second Row-** Mike Anderson, Jeremy Ross, Phil Plat, Alex [illegible] **Back Row-** Joao Franco, Geoff Ford, Ralph Glaze, Marco Maggi, Chris [illegible] Mark Palatino, Marcel Carron, Jeff Constantinos, Tanner Glantz, Coach [illegible]

SCOREBOARD

Agawam 0-1	Ludlow 0-2
Longmeadow 3-3	Longmeadow 4-2
Holyoke 1-3	Northampton 1-5
Chicopee 0-1	Mohawk 2-1
Amherst 3-2	Cathedral 0-2
W. Spfld. 0-3	Ludlow 0-5
E. Longmeadow 2-3	Pittsfield 4-2
Cathedral 3-2	W. Spfld. 3-2
Chicopee Comp. 3-1	*Minnechaug 0-3

(*) WMass Quarter Final

Leading Scorer(s): Jeff Constantinos, Chris Dunn
Captain(s): Mark Palatino, Chris Dunn

Second Team All WMass: Jeff Constantinos, Mike Anderson

Overall Record:
7-10-1

Close Him Down- Junior Mike Anderson prepares to step up to his opponent during a ho[illegible] game vs. Ludlow. "Judging by our record, I don't think we quite met all of our expectations t[illegible] year, but the season was an overall success because we made the tournament by plac[illegible] second in our division," said Mike.

Let The Good Times Roll

With many long days at practices, the Boys Soccer Team tried to make this season one to remember.

Coming back after only having lost four seniors from last year, the boy's varsity soccer team had high expectations for this ason. Unfortunately, things didn't come together early on in the season. "I thought we would be 5-0 after the first five games, t instead we were 1-3-1," said Tim Linnehan.

Midway through, their season took a miraculous turn. They won an intense game against cross-town rival Cathedral for e first time in years. "If we hadn't won another game all year I would've been satisfied," stated Brian Moran. That game ignited vinning streak that had them tearing through their division midway through the season.

It was looking good at the end, as they only needed to win four out of their last six games to qualify for the tournament. Things rt bad once again though when Northampton shocked them in non-league loss. "I never even considered us losing that game. I nk the whole team didn't take them seriously at all," remarked Aaron Posner. Despite all the bumps in the road, it all came down one final home game vs. West Springfield, who had beaten them earlier in the season. In a game that seemed to symbolize the nd of the entire season, they were down 1-0 at half time, but the second half was a different story. With their season on the line ey exploded for three second half goals to beat West Springfield 3-2, and qualify for the Western Mass Tournament for the first ne in three years. "Coming back from behind like that was unbelievable," said Larry Archey. The boys varsity soccer team was a eat example of a team that believed in themselves and never gave up.

-Mike Anderson

Who's Who?

"My favorite part of the season was when I crossed the ball for Mike Anderson to score the winning goal against W. Spfld."
-Chris Dunn

"My advice to future players would have to be not to waste any time. There won't always be a next year."
-Marco Maggi

Get Up- Senior Ralph Glaze demonstrates his jumping ability as he wins a head ba against Ludlow. "I like the physical contact of head balls, and I take pride in winning every one," remarked Ralph. **Saving the Day -** Junior Nicholas Day sends the ball away from the goal after stopping an opponent's shot. Nick commented on being a goalie, "I enjoy being the goalie because I am the last line of defense.

Left: Mentally Prepared- All sports require many physical standards, but there was more to being a good player than that. In order to succeed, team work and brain work were needed. "Soccer is a sport in which you mentally have to prepare yourself," commented Jessica Santiago. "I have to focus hard on what my goal for each game is and I had to learn to read the moves of other players." **Below: In Control-** Junior Nora Clark fends off her opponent during a home game vs. Ludlow. "I play soccer because I like being part of a team, and also I'm very competitive," said Nora. Daily practices require a lot of dedication to the team. "Soccer helps keep me in shape, but I have to balance soccer with my schoolwork because it is such a time commitment," added Nora. Nora's years of practice were what made her such an influential varsity player.

Getting Their

"Throughout the season, the girls soccer team had many upsets howvever

Blazing Speed- Senior Christina Huff blows past her opponent with a burst of speed. "I've played soccer since I was eight, and I've met a lot of new people since I started playing for Central. I enjoy the intensity of soccer games, and I love the feeling of scoring a goal even more," said Huff. Speed and endurance were what made Christina such an outstanding player, and the leading scorer on the team.

Girls J.V. Soccer- Front Row- Christina Scott, Kara Linnehan, Melissa Hulsey, Jennifer Santiago, Gina Mangari, Katie Gebski, Sophia Blair. **Back Row-** Coach Ford, Melanie Nacewicz, Samantha Lambert, Keidi Carter, Amanda Hood, Tiffany Blake, Amanda Johnson, Amanda Cucco.

Battling it Out- During a game against Ludlow, Michelle Cooley tries her best to keep the ball from her opponent. "Playing soccer keeps me in shape, it strengthens my muscles, and it helps me get ready for winter sports," Michelle explained. The team put a tremendous amount of effort into the season, and as Michelle also comments, "Just because our soccer team didn't win a lot of games doesn't mean we weren't good."

Kicks In

Above: Break on Through- During a rough game against Ludlow, Shannon McKellick breaks through the defense. Shannon stated, "This season was a tough one. Winning only one game definatly takes its toll on you." Despite their disappointing season, the girls continued to give it their all every game. **Left: Save of the Day -** Being goalie isn't as easy as it seems. It took a lot of physical and mental work. It requires fast reflexes, flexibility, and coordination. "Being goalie contains more work and action," remarked Jennifer McKinney. "It doesn't involve much running and leg power, but it does involve a lot of arm work."

hey were able to pull through and learn some valueable leasons.

Girls Varsity Soccer- Front Row- Stephanie Smith, Elizabeth Roy, Jen McKinney, Britney Boyer, Kellen Belden. **Second Row-** Jamie Walsh, Michelle Cooley, Nora Clark, Johanna McCarthy, Nicole Kobjack. **Back Row-** Jessica Santiago, Ashley Collins, Nicole Spiry, Salwa Abdoo, Shannon McKellick, Elizabete Ferreria, Christina Huff, Coach Dowd.

SCOREBOARD

Cathedral 0-6	Westfield 0-3
Longmeadow 1-2	Amherst 0-3
Westfield 1-4	Ludlow 0-7
Holyoke 1-2	Agawam 0-1
Agawam 1-1	Minnechaug 0-5
W. Spfld. 3-1	Holyoke 5-3
Minnechaug 1-4	Amherst 1-2
E. Longmeadow 2-6	E. Longmeadow 1-4

Most Valuable Player: Shannon McKellick
Most Improved: Elizabeth Roy
Leading Scorer: Christina Huff
All Western Mass: Shannon McKellick & Christina Huff

Overall Record

1-14-1

One More Thing

"It was a good season because everyone tried their best, but it's a shame we didn't do better."

-Jamie Walsh

Varsity Football: First Row- Warren Barnett, Don Jones, Mike McCarthy, Craig Washington, Kyle Suttles, Kym Sturdivant, Brendan Kavanagh, Brandon Watson, Jordan Jones. **Second Row-** Ricard Scott, Will Ranson, Paul Grace, Jessie Holmes, Garvin Headley, John Papadoulias, Danny Diaz, Victor Alder, Mike Williams, Cassius Greenfield. **Third Row-** Tim McBee, Steve Delusa, Corey Strange, Jerry Hodges, Robert Lemmons, Vinnie Williams, Pat Marcil, Ismael Toledo, Brendon Nelson, Kaseme Griffin, Tim Jamison, Mike Williams, Nick Santaniello, Jessie Brown-Martin, Vinnie Washington, Jose Lopez, Nick Scibelli. **Back Row-** Coach McCluskey, Coach Sullivan, Coach McLaughlin, Raul Perez, Ryan Visneau, Terell Rice, Joe Vann, Rayshon Wesley, Joe LaFlamme, Talon Elmore, Orestes Mortori, Coach Krom, Coach C. Dowd, Coach Estratios.

Freshman Football: Front Row- Jarell Smith, Joseph Scott, Jamar Rivera, Ismael Toledo, Julio Velazquez. **Second Row-** Eugene Okyere, Sean Kavanagh, Deandre Henderson, Kurt Sutherland, Jason Lopez, William Walls, Duane Victory, Oneil Osbourne. **Third Row-** Tim Sherman, Alex Hamilton, Eduardo White, Melvin Molave, Hipolito Diaz, Saul Mattos, Raymond Arroyo, Chi Wong. **Fourth Row-** Sean Trajerla, Paul Dyckacz, Noah Borders, Roddell Francis, Emerson Villa, Keith Sutherland, Rafael Rodriguez, Joe Cruz, Tim Payne. **Fifth Row-** Robert Clark, Corey Streeter, Bryan Miklosiwicz, Edwardo Rivera, Miquel Ocasio, John Nutting. **Back Row-** Coach Hutchins, Coach Donohue, Coach McLaughlin, Coach Charles, Coach Apponte.

Football's Fab Five- The varsity senior captions (left to right) Kym Sturdivant, Brendan Kavanagh, Kyle Suttles, Craig Washington, and Mike McCarthy, march proudly onto their home field just before the start of their game.

Top: GO CENTRAL!- Before a home game against Commerce, the varsity team gets in a huddle to get up for the game. **Above: Fast and Fierce-** Senior Don Jones battles his way across the football field, "My best memory of football was beating Cathedral to claim the AA conference title," said Don. "Everyone played as a team, and we came out on top," said Don. His love for the game and determination would help the team advance to the Superbowl.

Game Face - Junior John Papadoulias sets up for defense during the climax of a game. "I play football because I enjoy the competition. It also helped me to become more outgoing and to go out and tackle all of my problems". John's favorite memory of the season was beating their rival team, the Longmeadow Lancers, 40 to 23.

Friday Night Heroes

Months of practice and dedication pay off for the Varsity Football players in Super Bowl season.

Cheers and yells poured from the bleachers as the winning touchdown was scored. Many students spent their Friday nights showing their support and enthusiasm for the Varsity football team. The season began with strenuous practices on August 20th which then led to the much anticipated games. The players had to sacrifice their bodies as well as two hours after school each day for painful practices, along with every Friday night for adrenaline filled games. "After our first game and our first big loss of the season to Brockton, we realized we had to pull together. The captains really helped to get the team's spirits up and to give us more confidence," said junior Nick Santenello. This attitude caused the team to get a new mind set and focus on winning the next game, and the next game, and the next, and on to win nine games in a row.

Their second game, which they won, definitely helped to raise the team's energy. Co-Captain Craig Washington commented on his favorite memory, "During the Holyoke game, there were sixteen seconds left in the game and the score was 22 to 22; then Mike McCarthy throws a 45 yard pass to Brandon Watson for the touch down to win the game." The last game of the regular season was against Commerce. The team won 42-6 assuring them a spot in the Division I Superbowl.

All the hard work had finally paid off when the team marched onto the field at Worcester State College for the game of their lives. The game was played on December 2nd against undefeated Fitchburg. Weeks of preparation and training were now going to be put to the test. After 48 minutes of intense physical play in the bitter cold, the team came up short and fell to undefeated Fitchburg 35-21. Although they lost, the team was happy to be there. "Making it to the Superbowl had to be the best aspect of the season. Even though we didn't win, I would never give up being there. I was glad we got to carry on our team's success," stated senior Co-Captain Mike McCarthy. The players went into the biggest game of the year with confidence and pride. Don Jones skillfully scored the first touchdown. However Fitchburg's team was on top of their game and became the champion. The team played hard all year and put in 110% effort and for that they were rewarded with a great team and great year.

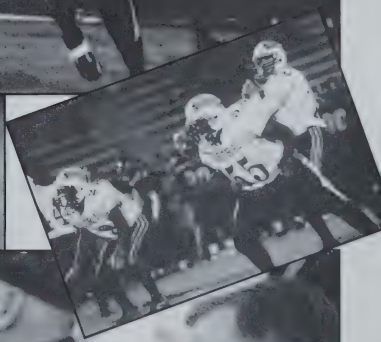
Rachel Rachner

Scoreboard

Brockton 8-35
Agawam 32-6
Longmeadow 42-23
Northampton 30-0
Chicopee 44-12
Holyoke 30-22
Minnechaug 52-0
Westfield 44-13
Cathedral 42-6
Commerce 42-6
*Fitchburg 21-35
(*) Super Bowl

1st Team All WMass: Mike McCarthy, Brendan Kavanagh, Don Jones, John Papadoulias, Craig Washington, Brandon Watson, Kyle Suttles
2nd Team AllWMass: Warren Barnet, Kym Sturdivant, Garvin Headley, Jessie Holmes
Eagle Award: Kyle Suttles
Most Improved: Lennie Hood
School Record: Don Jones (2,041 yards)

Overall Record:
9-2



lockwise: Warren Barnett goes in for the kill in a game against Northampton. **Kyle Suttles** runs in an attempt to score. **Kym turdivant** guards the quarterback so he can complete the pass. **Coach McLaughlin** gives a pep talk to one of his players during time out.

Just the 2

Right: Putting Power- During a golf match, freshman Scott Piersanti attempts to putt the ball into the hole. "I like golf because it is a fun challenge for me," Scott said. "The sport requires a lot of thinking and focusing. There was a lot of competition for me because I was the only freshman on the team." **Below: Sizing It Up-** Before attempting to put the ball, Rich LaRoche visually lines up the golf ball with the hole. "I like being on the golf team because it is fun and I get to play golf for free. I enjoy competing with my own teammates," Rich commented.

A Stroke of Luck- Junior Tim Fitzgerald swings to get his ball out of the greenside bunker after his first shot on the fourth hole at Veteran's Golf Course. "Golf is an extremely complicated sport. I play I because I love the challenge. It has given me the appreciation for how good professional athletes, like Tiger Woods, actually are," commented Tim. His ball landed eight feet from the hole and he ended up walking away with a par.

Although both sports differed greatly, the Cross Country

One More Thing

"It's a tough sport but I enjoy the challenge. I like competing one on one against my opponent."
-Dan Montagna

SCOREBOARD

Minnechaug 1-17	Chicopee 5-12
Southwick 5 1/2-12 1/2	Chicopee Comp. 2-16
Westfield 1-17	Longmeadow 1 1/2-16 1/2
Chicopee 6-12	W. Spfld. 4 1/2-13 1/2
Chicopee Comp. 1 1/2-16 1/2	Ludlow 3-15
Southwick 9-9	Amherst 2 1/2-15 1/2
Westfield 1-17	Holyoke 2-16
Sci-Tech 11-7	Sci-Tech 15-3
W. Spfld. 2-6	Ludlow 2 1/2-15 1/2

Top Golfers: 1.) Dan Montagna
2.) Tim Fitzgerald
Representative at WMass Tournament: Dan Montagna

Overall Record:
2-15-1

Varsity Golf - Front Row- Ch s Roberts, Kevin Rugani, Tim Brodeur, Pat LeFleur, Scott Piersanti, David LaRoche. **Back Row-** Coach F nandes, Dan Montagna, Zach Croteau, Alex Gendrea , Tim Fitzgerald, Coach Adamopolus.

# of Us

The One and Only- The only girl on the cross country team, sophomore Lilly Slezak, races 2.8 miles at East Longmeadow High School. Being the only girl on the team was difficult because she had no female teammates to practice with or for moral support. Yet it was a great acheivement because even though she was guaranteed to be outnumbered at every meet, she still managed to place in the top ten in every race. **One Step at a Time-** Junior Erik Salstead turns the corner of his last two-third mile loop of the 2.8 mile course at Forest Park at a meet against Westfield. "I think cross country is one of the most fun sports because no matter how you do you feel good about it and you get a rush after doing it," commented Erik.

and the Golf team's shared in some of the same joys and dispairs.

Front Row-Tom Dearborn, Lilly Slezak, Dave Estabrook **Second Row-**Adam O'Grady, Erik Salstead, Eric Levesque, Tim Benson. **Back Row-**Charles Bowerman, Coach Rice, David Stevenson.

SCOREBOARD

Minnechaug 50-15	Holyoke 31-23
E. Longmeadow 47-16	Chicopee 31-34
Cathedral 50-15	Agawam 20-27
Sabis 31-22	Westside 20-35
Sci- Tech 31-24	Amherst 33-15
Commerce 31-37	Longmeadow 33-26
Chicopee Comp 27-16	Westfield 37-22
Ludlow 27-28	

Most Valuable Player: David Stevenson
Most Improved: Erik Salstead
Team Rival: Sci Tech

Overall Record:

5-10-0

One More Thing

"I enjoy Cross Country because it keeps me in shape for track and because I can't play any other sport."
-David Stevenson

Who's Who?

"I wanted to improve my skills and overall record from last year and become a stronger wrestler."
-Manny Robles

"My goals for the season were to make Western Mass and win. It is a tough sport but it helps me keep fit and stay strong."
-Micah Naylor

Above: Butting Heads-David McBee crushes the competition from Cathedral. "I always wrestled when I was little and it gives me an adrenaline rush." **Right: 1,2,3, GO!**-Shareef Jacobs awaits the sound of the referee's whistle. "I love that wrestling is a one-on-one sport, only you control the outcome of winning or losing, so you really have to work hard."

Layin' Down The Law

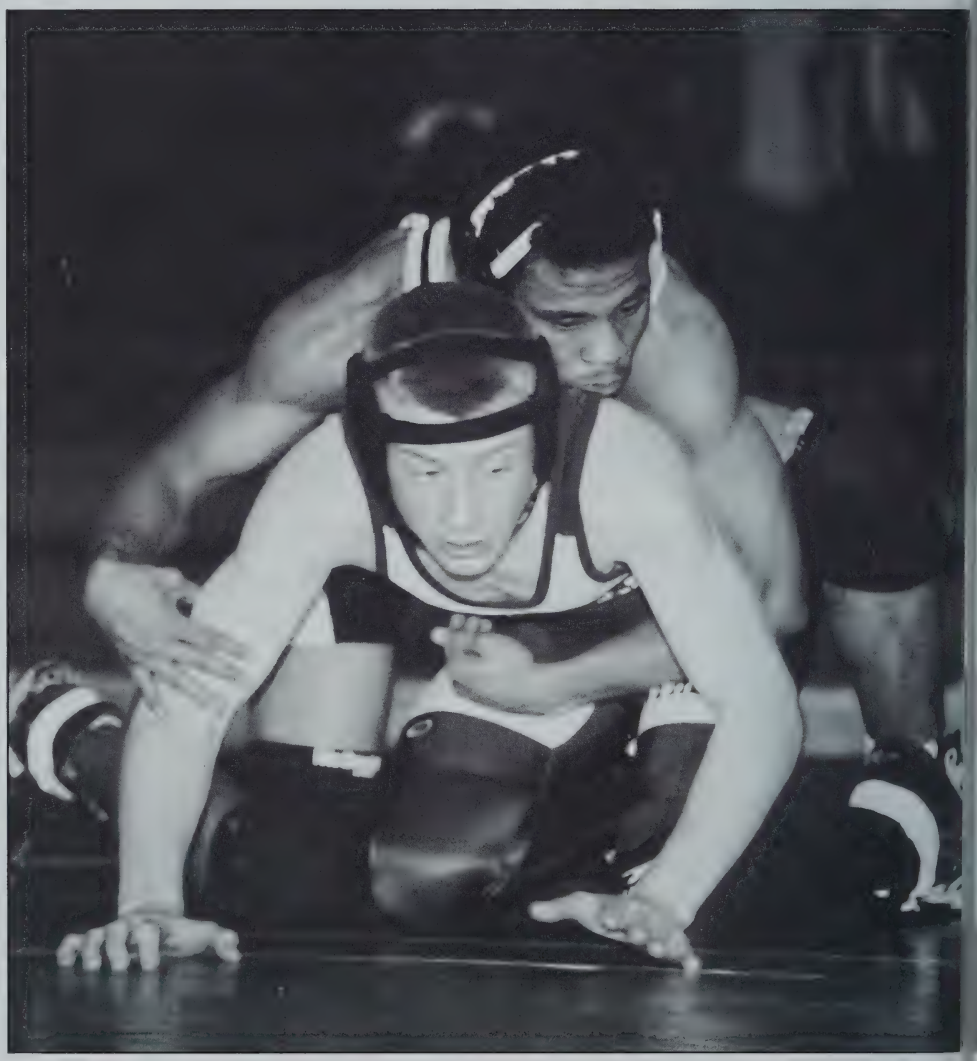
Being one of the most demanding sports, wrestling took endless hours of work and a lot of heart.

The greatest attribute a wrestler could have was determination. From whistle to whistle, a wrestling match was one of the most intense six minutes of all high school sports. It took a lot of dedication and endurance to be successful. All of the members of the team embodied these and strived for victory when it was their turn on the mat.

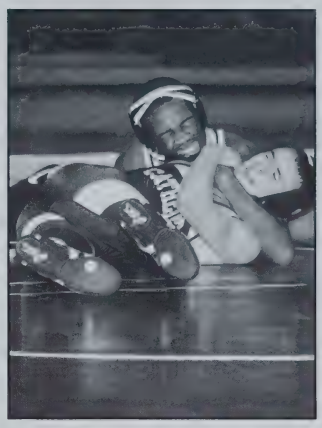
Preparation was key for one to be ready for a match. Tony Trimboli summed up his thoughts about being prepared, "Wrestling practice is the hardest thing I've ever had to go through, but it definitely pays off when it comes time for the meet." Many agreed that the practices were strenuous, but they were a big part of the team's success this year.

Every wrestler had one point of the season that they would always remember. "My favorite moment was when I came in second in my first tournament," said John Papadoulias. Whether funny or victorious, the memories were something that the wrestlers would cherish forever. The wrestling team proved that hard work results in a good season and lasting memories.

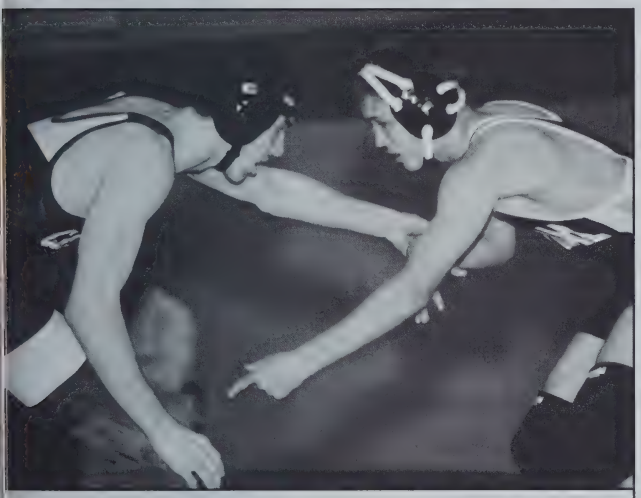
Dan Montagna



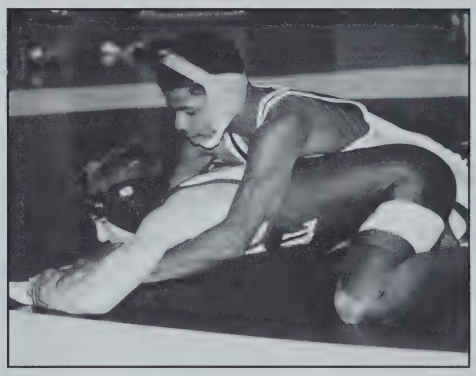
All Tied Up- Juan Hernandez puts his opponent in his match. "I wrestle because someday I want to go into the Marines so I want to be physically fit," commented Juan.



Left: Throwin' Down- Dennis Brown winces as he keeps a strong hold on his opponent. "I decided to wrestle because I like the challenge, and no one messes with me," Dennis commented. "I've learned to be a better wrestler and to be more aggresive on the mat." **Below: Huddled Up-** Before their match against Cathedral, the wrestling team gathers around the center of the mat. Being on a team created relationships that were helpful both on and off the mat.



Let's Get Ready to Rumble!- Junior Corey Strange shows his skill as he squares off against his opponent. "I've learned a lot of things from wrestling, like that you need the heart to become a good wrestler," he explained. "It taught me to never give up." Corey's efforts proved to be beneficial to both himself and the wrestling team as they made their way to many victories. Athletes learned many things from their sport besides the rules of the game. They found them to be both challenging and rewarding.



On the Line- Elijah Naylor puts a competitor in his place. "I started wrestling my sophomore year after my friends talked me into it, but they did not have to say much because I wanted to wrestle," commented Elijah. Many athletes found individual sports, such as wrestling, a way to try something new and different to express their interests.

SCOREBOARD

Cathedral 34-42	Longmeadow 52-18
E. Longmeadow 35-36	W. Springfield 43-23
Putnam 47-12	Ludlow 27-30
Sci-Tech 55-18	Agawam 39-21
Westfield 52-17	Montville 48-30
Amherst 58-9	Buckley 48-15
Minnechaug 67-3	

Outstanding Wrestler: Shareef Jacobs
Division 1 State Champion
All-State Champion
New England Runner-Up
Eagle Award

Most Improved: Dennis Brown
Student Athlete: John Papadoulias
Rookie of the Year: Micah Naylor

Overall Record: 10-3

Varsity Wrestling- Front Row- Elijah Naylor, Don Jones, Shareef Jacobs, Manny Robles, Kym Sturdivant, Danny Diaz. **Second Row-** Micah Naylor, Tony Trimboli, Dennis Brown, Juan Hernandez, Pedro Matos, Corey Strange, A.J. Efstratios. **Back Row:** Coach Franco, Alby Green, Eric Muddiman, Garvin Headley, David McBee, John Papadulias, Tony Figueroa, Coach Efstratios.

Nothin' But Net

With an All Star Senior line-up, the Boys Basketball team enjoyed sucessful season.

The boys' basketball team wasted no time in establishing themselves as a Western Mass powerhouse. They cruised through their first ten games undefeated and were the first team to qualify for the postseason tournament. "We came out ready to play this year, the whole team practiced during the summer, and we won the high school summer league. It all paid off when the season started," said Leon Simmons.

The team's excellence was apparent in their record, but this was a result of many hours of grueling practices everyday after school. "We practiced very hard every day, but it was worth it because other teams couldn't keep up with our speed," explained Adam Hall. The team's commitment to winning was evident in their intense practices, and it was their preparation before the buzzer that translated into their success come game time.

Another factor for the team's success was their depth. Every player that came off the bench contributed, and on this team there was no such thing as a bad substitution. "I tried to make the most of the playing time that I got this year, but I'm looking forward to next year," commented Seneca Slaughter.

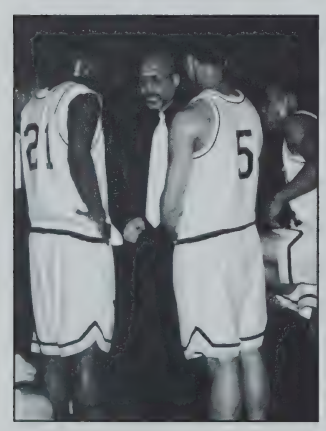
This year's team was very strong in all aspects of the game, and they proved to be too strong for nearly every other WMass team this season.

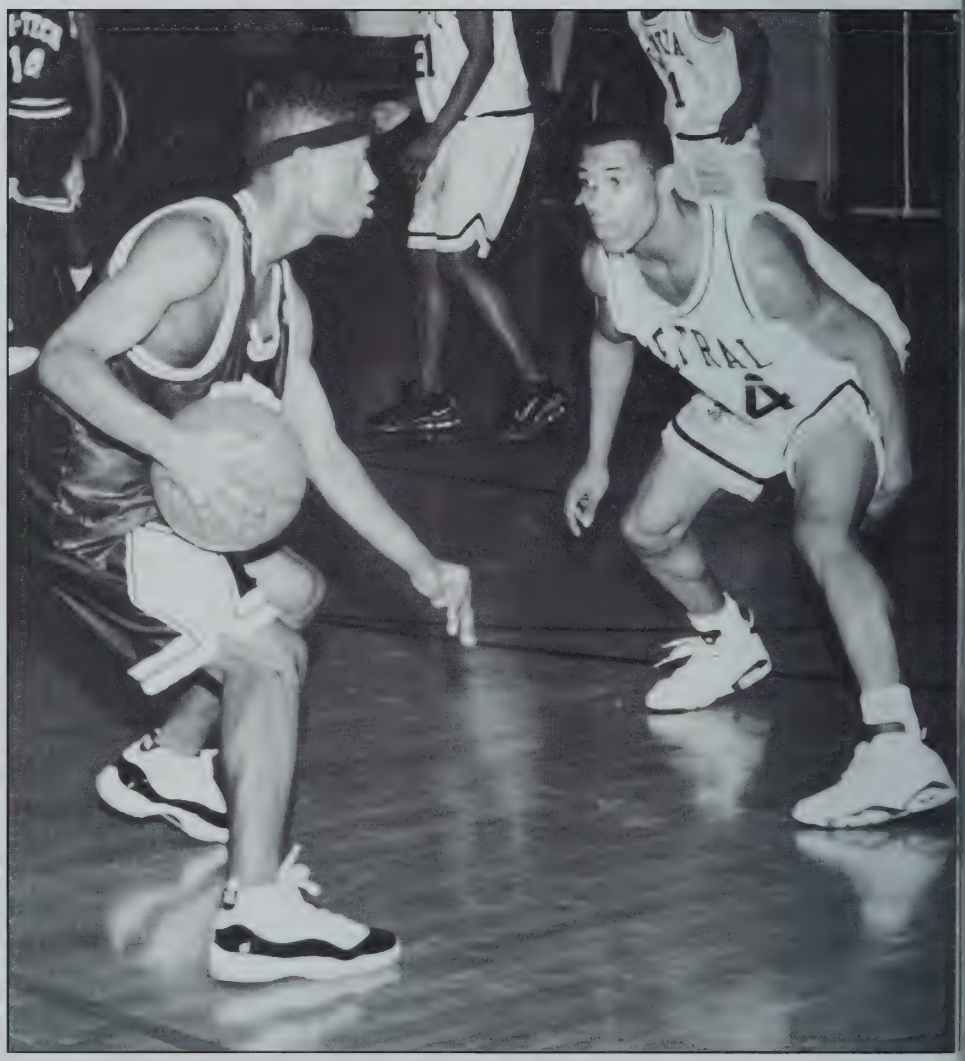
Mike Anderson

Who's Who?

"I think we started off good this season, but we fell off track. I think we can step it up to the top in the end though."
-James Carol

"I'd tell future players to work at their game all year round. Always work on your game."
-Vishay Davis





Right: Staying Strong- During a league game, Sam Thompson stays strong on defense. "I know that if we worked hard we could accomplish our goals and have an excellent season," Sam stated. **Above: Pep Talk-** After calling a time-out, the varsity basketball team listens carefully to Coach Sullivan as he gives instructions to secure a win.

aping to the Rescue - Will Pearson jumps to block a shot from the opponent. The team rked hard and learned many lessons from experiences on the court. "This season has been allenging. One thing that I'll never forget was our loss to Commerce. We could've won that me but we got over confident and blew it. I would advise any future players to be sure and ep their head on straight," said Will.

SCOREBOARD

Taconic 78-35	Commerce 57-78
Pittsfield 68-54	Cathedral 70-83
Greenfield 61-50	Holyoke 60-56
Ludlow 119-40	Sci-Tech 89-85
Chicopee Comp. 79-53	Commerce 56-63
E.Longmeadow 74-54	Cathedral 58-63
Longmeadow 78-60	Holyoke 76-66
Northampton 84-46	Agawam 60-53
Westfield 73-52	**WMass Tournament:**
Amherst 60-69	Chicopee Comp. 94-59
Chicopee 75-60	W. Springfield 56-48
Sci-Tech 76-58	Cathedral 70-86

Most Valuable Player: James Carroll

Most Improved: Richard Sorrell

Overall Record: 17-6

Boys Freshman Basketball- Front Row: Matthew Hall. **Row 2:** Jon Alvarez, Corey Streeter, Dakota Cotton, Malcolm Lowe, Jaren Smith, Gerald McCoy. **Back Row:** Nate Jette, Melvin Malave, Stephon Krouse, Sedale Williams, Omar Oliver, Emerson Vila, Andres Olivio, Coach Murphy.

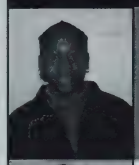
Boys J.V. Basketball- Front Row: Talon Elmore, Edwin Francis, Jamel Davis, Nerin Velasquez, Dion Barrow. **Back Row:** Coach Mitchell, Khasif Smith, Edwin Crichlow, Ronnie Sullivan, Ezra Ware, Jeff Sullivan, James Williams.

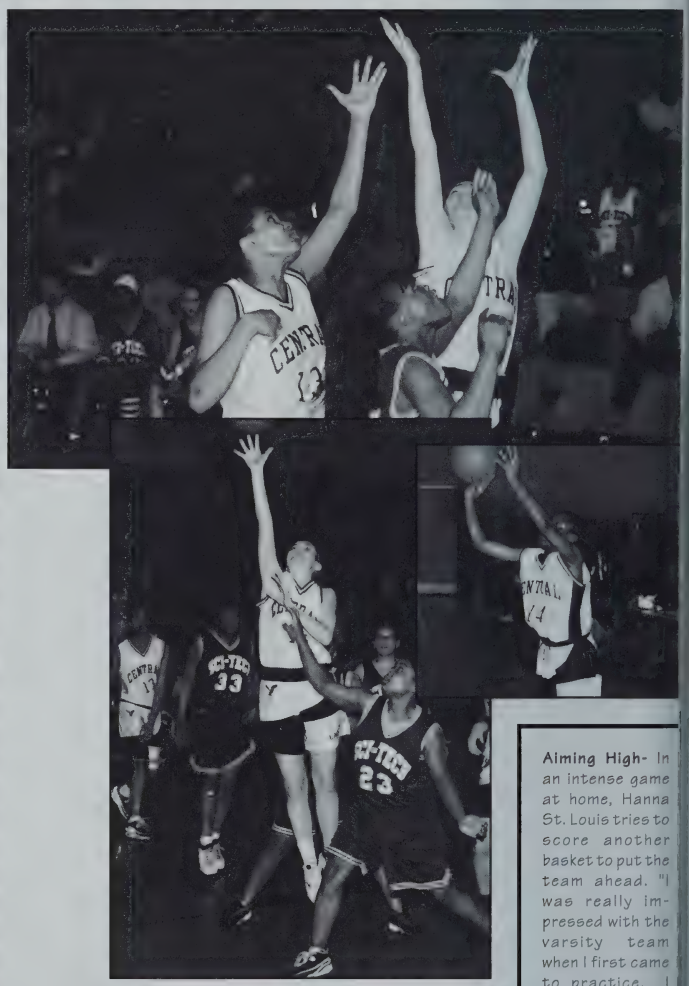
Boys Varsity Basketball- Front Row: William Pearson, Adam Hall, Vishay Davis, James Carroll, Tyron Austin. **Row 2:** Leon Simmons, Gregory Holmes, Samuel Thompson, Nate Walters. **Back Row:** Luis Olmeda, Terry Jones, Joao Franco, Richard Sorrell, Darrien Boone, Coach Sullivan.

Girls Varsity Basketball-Front Row: Michelle Cooley, Shannon McKellick, Christina Huff, Nora Clark. **Row 2:** Jovon Eldridge, Hanna St. Louis, Jennifer Torres. **Back Row:** Marquita Arnold, Shanita Wilcher, Kierra Pitters, Coach Ross.

Girls J.V. Basketball- Front Row: Samantha Lambert, Cassie Barnett, Dionna Barrow, Denise Taimango. **Row 2:** Gloria Mendoza, Kim Lockett, Stephanie Smith. **Back Row:** Coach Motley, Pam Williams, Aliana Taylor-Kendrick, Siabhan Wilson, Tianna Cook.

Girls Freshman Basketball- Front Row: Raela Cooper, Alonza Harrison, Vanessa Carden, Kedi Carter, Ashley Wilson. **Back Row:** Soreya Schartmen, Dawne Diaz, Mychael Barnett, Shere Painer, Amanda Reyes, Coach Reyes.

	Advice for Future Players	Favorite Memory
	"My advice to future players is to work hard and practice in the off season." -Christina Huff	"My most memorable moment was winning the league, because it had never been done."
	"My advice to future players is to never give up and always believe in yourself." -Jovon Eldridge	"My favorite thing about the season was being the first basketball team at our school to have a winning season."



Top: Hoop Dreams- This year all of Kierra Pitters' hard work and dedicaton paid off. The girls' varsity team held the best record in their league. "I'm very proud of our accomplishments and hope that next year's players work as hard." **Reaching For The Stars-** Captain Shannon McKellick jumps up to lay the ball in during a game against Sci-Tech. "Sci-Tech was a great game because I had a double-double. What made it even better was that it secured our title of league champions."

Aiming High- In an intense game at home, Hanna St. Louis tries to score another basket to put the team ahead. "I was really impressed with the varsity team when I first came to practice. I hope that I can look forward to such a season in the future." Hanna was one of the few underclassmen to be moved up onto Varsity.

All Fired Up

With their primarily veteran line-up, the Girls Basketball Team enjoyed their best season in school history.

Finishing 15-6 and making it to the Western Mass tournament yet again, the girls' varsity basketball team had a strong season. For most players, the highlight of the season was defeating number one ranked Amherst. Nearly all the girls agreed that it was the closeness of the team, both on and off the court, that led them to their many victories.

Coming everyday for practice and games was a large commitment, but the one thing that made it all worthwhile were the friends that the players made. "My favorite part about basketball is the other girls, my friends. It's a hard sport, but the team works well together. We have fun," Jovon Eldridge explained. The girls also spent time with each other off the court. Marquita Arnold said, "We go to the captain's house to eat. It's a good way to be together outside of practice. We're a close team."

Being part of such a tightly knit team gave players a feeling of satisfaction. Michelle Cooley stated,"Playing basketball with the team makes me feel good about myself. I walk off the court positive. It's an awesome feeling." Although it was a long season, the team managed to successfully pull through, with lasting friendships.

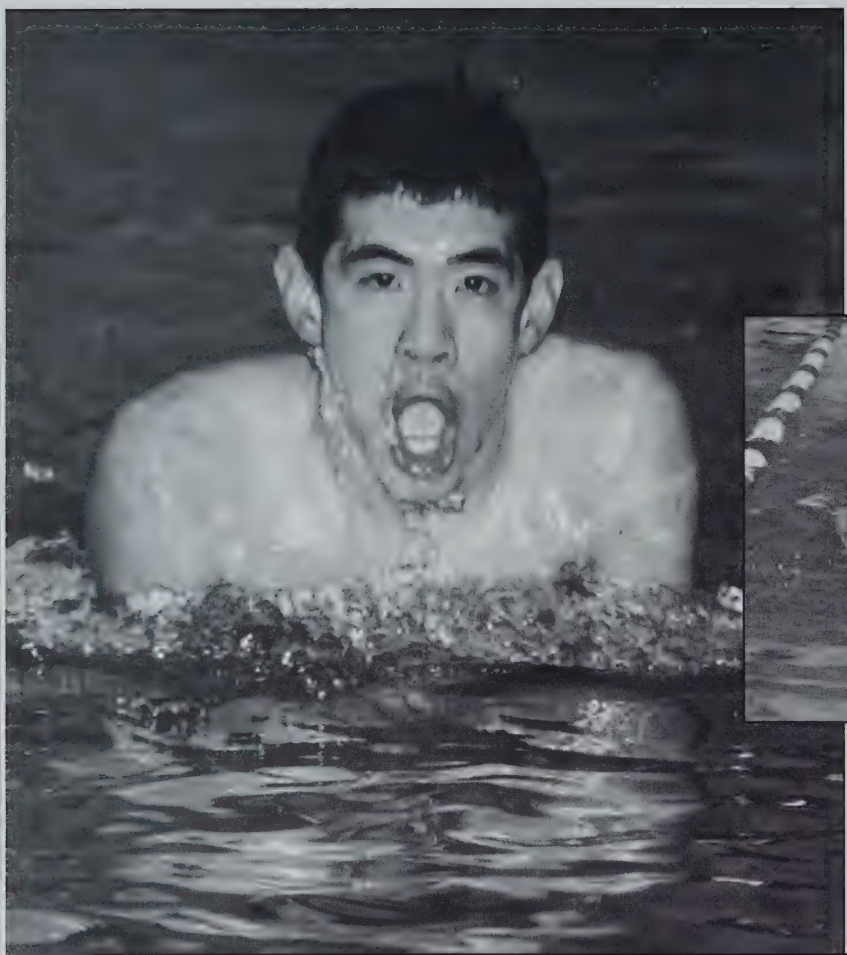
Rachel Radner

Scoreboard

Minnechaug 52-59
Taconic 54-49
Northampton 51-39
W. Springfield 56-31
Northampton 48-40
Westfield 53-60
E. Longmeadow 47-57
Longmeadow 36-41
Chicopee 55-34
Amherst 41-38
Agawam 48-34
Ludlow 42-46
Sci-Tech 61-44
Chicopee Comp. 48-41
Cathedral 48-47
Ludlow 47-37
Chicopee Comp. 39-35
Holyoke 37-32
Sci-Tech 42-26
Holyoke 40-32
WMass Tournament:
Westfield 29-31

Best All Around Player: Christina Huff
Leading Scorer: Jen Torres
Best Defensive Player: Shannon McKellick
Overall Record:
15-6

ckwise: **Nora Clark** attempts to drive by her opponent for the easy lay up in an important league game. **Coach Ross** gives ne words of wisdom and encouragement during a time out. **Jen Torres** desperately looks for an open player to pass the ball to.



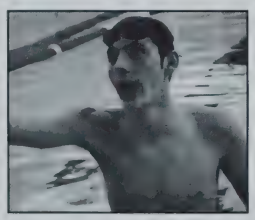
Leading the Way- Captain Justin Yong swims his leg of the 200 medley relay. "I worked extremely hard this year because I knew it was my last. The hard work definitely paid off because the team won the B division title and finished fourth in Western Mass," Justin explained. Besides swimming the 100 yard freestyle as his individual event, Justin swam in the medley, 200, and 400 yard relays which finished second, eighth, and fifth, respectively, at the Western Mass meet. **Batting the Butterfly-** Junior Kyle Cuffie-Scott fights his way through the water during his 100 butterfly race, "I was really embarrassed this year when I had to swim the butterfly alone," said Kyle. He started swimming his sophomore year, "I swim because it builds strength, endurance, and it's a fun sport, plus a lot of my friends do it too."

Splish

With a number of stars shining through, the Boys

One More Thing

"Along with training for Western Mass and States, I am also training for a meet in Rome this summer."
-Matt Jenkins



SCOREBOARD

Palmer 117-46	Westfield 79-97
Northampton 100-50	W. Springfield 102-69
Agawam 105.5-70.5	Chicopee 89-46
Cathedral 101-33	Minnechaug 101-78
Turners Falls 66-23	Sci-Tech 108-68
Easthampton 103-32	Belchertown 98-70

Most Improved: Adam O'Grady
Otto Wulff Leadership Award: Justin Yong
School Record: Mike Scibelli Breaststroke 1:03:25

Overall Record:
11-1

Boys Varsity Swimming: Front Row- Eric Levesque, Adam O'Grady, Justin Yong, Matt Jenkins, Tim Fitzgerald, Sean Kavanagh. **Back Row-** Mark Stierle, Coach Barnes, Alex Hamilton, Raul Perez, Kyle Cuffie-Scott, Mike Scibelli, Zach Jenkins.

Below: Solid Stare- Senior Jessica Santiago mentally prepares before a dive. "I started diving my junior year. I was really nervous at practice at first, whenever I made a mistake, but I learned that every dive can't be perfect and practice was made so I could get better," said Jessica. The diving team had a special bond, especially with their coach Courtney. 'I wish I would have started diving a long time ago. I really enjoy it and I wish it wouldn't have ended so soon,' she said.

Splash!

Above: Rarin' To Go- Johanna McCarthy zeroes in on her teammate before she gets ready to swim her leg of the 200 freestyle relay, "I try to stay focused and calm before a race. If I get too nervous, I'll jinx myself," Johanna commented. She went on to represent her team in the 200 and 400 free style relays at Western Mass.**Left: Close Call-** After a close finish, Tricia Montmeny checks the clock to see who won and what her time was. Tricia qualified for the Western Mass meet in two events and represented the team in the 200 and 400 freestyle relays. The relays both finished thirteenth at the meet.

and Girls Swim Teams enjoyed a sucessful season.

Girls Varsity Swimming- Front Row: Heather Lataille, Shira Simon, Jessica Santiago, Emily Devine, Nina Vanderlinden, Susie Ruff. **Row 2-** Heather Dearborn, Lucia Syrek, Brianna Clancy, Deyonne Doup, Kim Hunter, Mary Domenichelli, Mary-Kate Gilrein, Katie Gebski. **Back Row:** Coach Moore, Nicole Wroblewski, Patricia Montmeny, Johanna McCarthy, Rachel Radner, Elisabeth Budd, Ryan Kenney, Amanda Pellitier.

SCOREBOARD

Palmer 117-67	Westfield 72-114
Northampton 71-112	W. Springfield 95-88
Agawam 126-59	Chicopee 91-79
Cathedral 122-63	Minnechaug 65-121
Turners Falls 43-59	Sci-Tech 128-29
Easthampton 112-74	Belchertown 87-83

Most Valuable Player: Ryan Kenney
Milton Orcutt Leadership Award: Emily Devine
School Record: Ryan Kenney 500 Freestyle 5:37:11

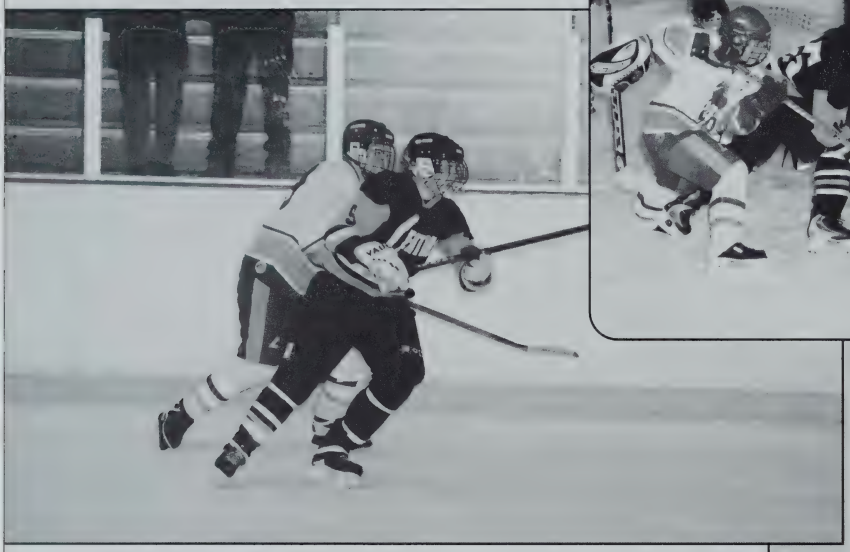
Overall Record:
8-4

One More Thing

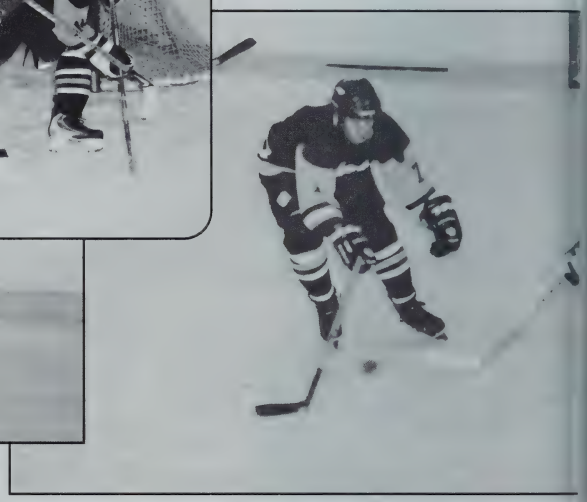
"The highlight of my season was taking a minute and a half of my 500 freestyle time. That made me feel really good."
-Emily Devine

Blades of

Right: Over Here- Josh Palantino waits for a pass to be made to him so he can attempt to score a goal. During this year's season, Josh reached his one hundred point scoring mark from his high school playing time. "It was really exciting finally accomplishing my goal I set out when I first started playing hockey. I was glad I reached it before I was a senoir," explained Josh. Josh was one of this year's captains and will continue to be one next year. **Bottom: Hitting Him Hard-** Defenseman Zach Croteau blocks the player on the other team while protecting our goal. "I really enjoy the bus rides to and from away games, they make the game more fun because we get pumped up. I disliked being suspended for two games for fighting this season," commented Zach. Though Zach was suspended, he was very helpful in making key plays during the games.



Get Out Of My Way- As Christain Dudley attempts to block the opponent from Chicopee Comp, he reaches out his stick to sweep the puck away. "I like playing hockey because its good exercise and the team is like a family to me. I really enjoy scoring goals, but dislike hitting or being hit," commented Christian. This year the hockey team had a decent season and Christian most remembers, "my first two goal game against South Hadley."



With a new coaching staff, the hockey team overcame

One More Thing

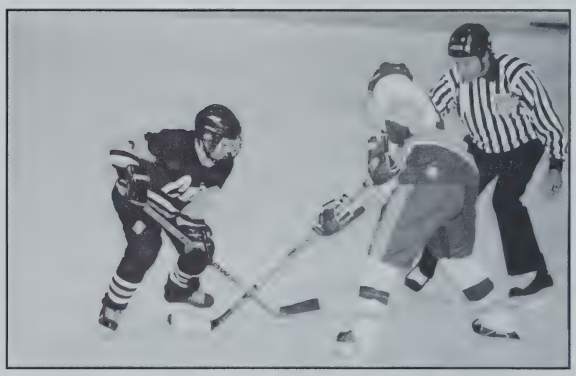
"We had a good season this year, but it could have been better. We prepared for some games more than others, like with Greenfield."
- Jared LaPalm

VarsityHockey- Front Row- Eric Paul, Heidi Krupa, Kevin Duquette, Josh Palatino, Mark Palatino, Scott Maleshesfski, Robert Anastist. **Back Row-** Tom Bonifilia, Kevin Rowley, Christian Dudley, Jared LaPalm, Brian Ward, Zach Croteau, Andrew Wurzst.

Steel!

Bring It On-Throughout Mark Palantino's four years playing hockey at school, he has made himself known as one of the best goalies around. "My best game this year was when I made 71 goal saves during the last game of the season," commented Mark. Though Mark played for school, hockey has been a part of his life since he was younger. **On the Move-** Playing on the school's hockey team for four years has made a great impact on senior Brian Ward. "I've learned a lot in the last couple years about companionship, competition, and most importantly, friendship," Brian exclaimed. Being on the team has made Brian feel as if he had a whole different type of family with the team. It was people who shared a common goal, and could relate to each other.

adversities and pulled through with a successful season.



Face Off!-Although only a freshman, Robbie Anastas had plenty of expierences while being on the team. "It was good that I had a decent amount of playing time, considering the amount of people there were on this year's team," said Robbie.

So Close, Yet So Far- Tom Bonafilia attempts to score at close range. According to Tom Bonafilia, one memory really stood out this year for him. "Being the first team to beat Greenfield, who was undefeated, was the best part of the season. It kicked up all of the players' confidence."

We Got The BEAT!

Faced with many challenges, the Cheerleaders triumphed with a successful season

BRRR-During a frigid home game, Alicia Green takes a second to warm up. "I really enjoyed cheerleading, especially with Ms. DeCarvalho the first year. She really helped the squad stay in order and taught them how to be good role models," commented Alicia.

Unlike many sports, cheerleading had a year-long season. It started over the summer and ran right up until March when try-outs rolled around again. Over summer vacation, practices were held three days a week with some carwashes on the weekends. Also during the summer vacation, the squad attended cheerleading camp at Western New England College and participated in the competitions held there. They walked away with a third place award in "Top Gun Stunts," the Spirit Stick, and the Most Improved Stunt Award.

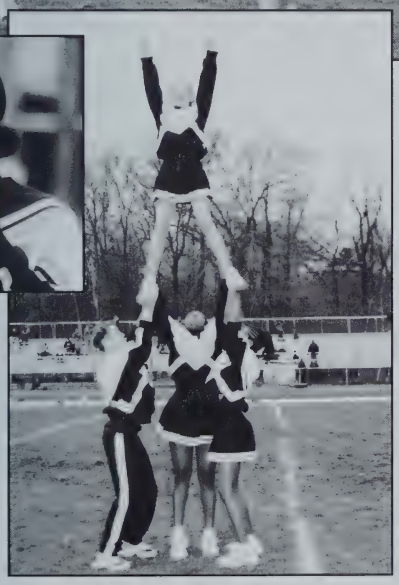
When football season ended, the squad lost some girls due and the J.V. squad was moved to varsity. "I missed everyone who quit, but we were all happy to become varsity," explained Tasia Marquardt. They continued to work hard under the effort of devoted captain, Grace O'Strander. "Not only have they progressed, but we all became so close," she commented about the squad.

There was another identifying trait to the 2000-2001 squad, it was co-ed. Members like Marco Maggie, Tanner Glantz, and David McBee added uniqueness to the squad. Although they had other sports commitments, they dedicated a lot of time and effort into cheerleading. "Having the guys helped a lot. They were our only tumblers. Stunts also improved significantly. I based with Marco, and I have to say our stunt group is really going to miss the boys next year!" Sara Osgood expressed.

Jaime Ericksberg

Clockwise from top left-Greta Torres, Roxanne LaFlamme, Alicia Drake, Heather Zguro, Lisa Botta, and Nagilia Greeves. **Row 1**- Satin Faulkner, Greta Torres, Marco Maggie, Grace O'Strander. **Row 2-** Nga Nguyen, Socorrow Johnson, Laura Cadieux, Melanie Secundino. **Captains-** Sara Osgood, Marco Maggie, and Grace O'Strander. **Line up-** Laura Cadieux, Shree Biggs, Socorrow Johnson, and Nga Nguyen.

Favorite Memory	Advice for Future Members
"When the squad placed first at the Pioneer Valley Regional competition. It was very exciting because my squad proved that we could do it."	"I think cheering takes comitment and a love for the sport. If someone wants to do it, they need to be ready for total dedication." -Nagilia Greeves.
"I loved attending practices. It was a lot of fun and a great learning experience."	"Cheerleading reqires a lot of cooperation and teamwork. It's a lot of fun but you need determination." -Nga Nguyen



Above: Hands up- Full of spirit, Tasia Marquardt and Melanie Secundino cheer on the football players with loud words of encouragement. "I used to cheer when I was younger, and now I see it is a good way to meet new people," commented Melanie. **To the beat-** During a football game Latoya Robinson clapped along to one of the cheers. She enjoyed being a new addition to the squad because she found it as a way to express her interests while also doing something she loved.

Frequent Flyer!- "I love stunting because it's not just cheering and I like the feeling that I'm flying!" exclaimed Roxanne LaFlamme. Her stunt group, which included Tanner Glantz, Theonnie Caldwell, and Nagilia Greeves, performed constantly on and off the field. "Cheering takes practice and dedication," Roxanne added. It was a very spirited year, in which the team grew closer and closer to one another while improving their cheers as well as their stunts.

Cheerleading-Front Row: Sara Osgood, Marco Maggi, Grace O'Strander. **Row 2:** Melanie Secundino, Nga Nguyen, Roxanne LaFlamme, Tasia Marquardt, Sacora Johnson. **Back Row:** Satin Faulkner, Shree Biggs, Greta Torres, Latoya Robinson, Laura Cadieux, Coach Duprat.

Friendly Faces- Tasia Marquardt, Elizabeth Sanchez, Nga Nguyen, and Dana Botta supported the Varsity squad from the stands. "When I first came to Central I was really shy and I was nervous in front of people, but cheerleading brought me out," explained Tasia. The four J.V. girls sang the cheers right along with the varsity squad during the game, and later, when some of them were advanced to the sidelines, they yelled the cheers louder than ever.

2001 Once in a Lifetime...

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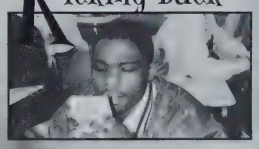

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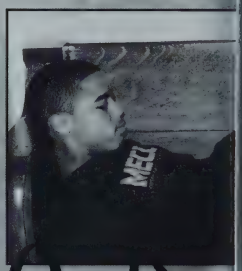

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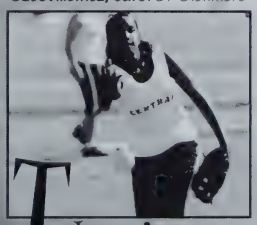

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Zinn, Andrew 111

COLOPHON

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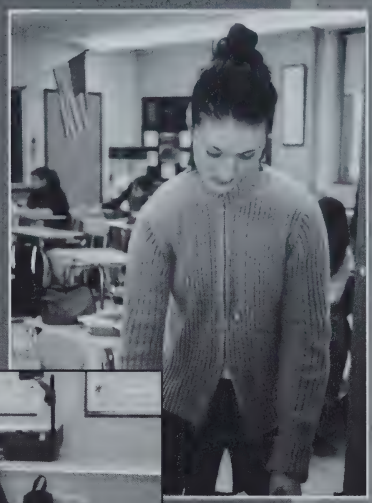
Cover: [illegible] White 478, Cyan P-700, Yellow P-800, Magenta P-800, Black 395, Metallic Gold 875. Spine text: Metallic [illegible]



Thank Yous

The Signature staff of 2001 would like to thank two of the most important people in the production of this book. Thank you Mrs. Sullivan and Mr. Dinnie! We would also like to thank the following people for their contributions of time, effort, and support. Thank you Kristi Cash, Matt Fenn, Rick Brooks, Jostens, Greniers, The Ruff Family, Gay Maiolo and Ben Baboval, AIC, and finally the Business staff. As Editor-in-Chief I'd like to extend a personal thank you to all of the editors who dedicated their afternoons, woke up before sunrise, and helped me cart the computer home on numerous occasions just to make this the best book ever. I'd also like to thank Mr. Dinnie for his patience with me, and all the errors and set backs we overcame this year. Thanks again!

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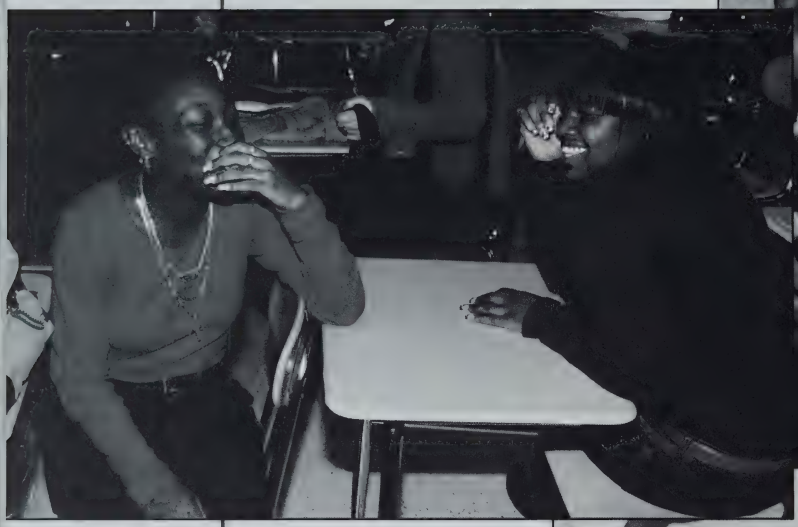
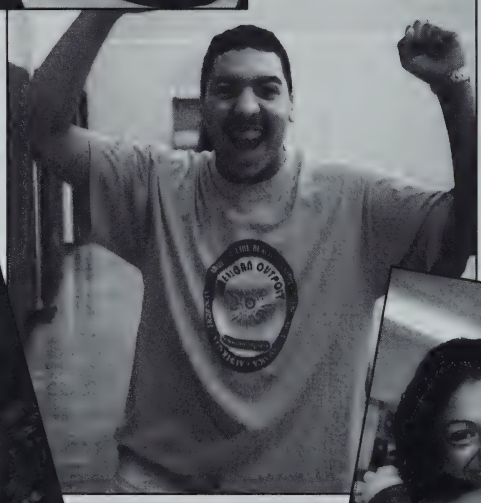
Below: The Ladie's Man- Over the year, Spanish class caused juniors Kathryn Rousseau, Dustin Hull, and Heather Lataille to grow a close friendship and they were able to create memories that they would never forget. "The three of us always work on class assignments and projects together," Dustin remarked. "Being able to chill with my friends made the class much more enjoyable."

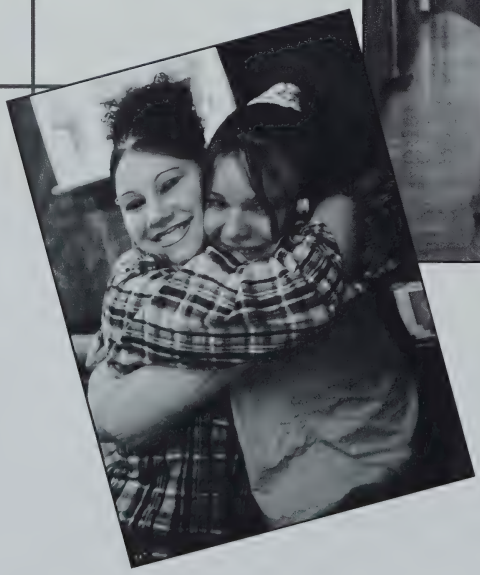
Below: Chit Chattin'- Tylia Grant and Ayana Downes chat about memories they experienced throughout the school year. "The school year went by so quickly, the first day of school seemed like the other day," stated Ayana. "I can't believe next year I'll be a senior, I can still remember the first day of ninth grade," commented Tylia.

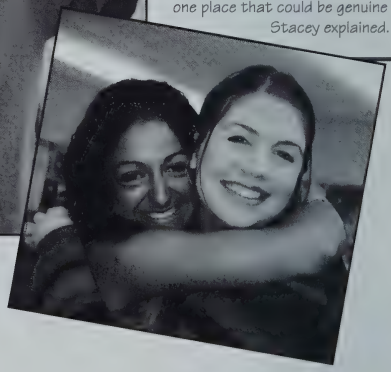


Below: Perfect Ending- Cosing the year on a good note, juniors Samantha Lamagdeleine and Ahmed Bracero, end the year off with a smile and a hug. "I look forward to spending time with Ahmed over the summer," Samantha said. "Next year is our last year of high school. After that, all we can hold onto our memories with are pictures," Ahmed commented.



Left: Hip Hip Hooray!- Arms in the air, shouting for joy, Hector Zavala expresses his excitement for his upcoming graduation. Although estatic to be graduating, Hector said he would miss Central but offered advice to future students. "Don't screw up in high school or you'll really regret it. You don't get a second chance, and if you mess it up, it will haunt you forever." **Below: Happy Hugs-** Seniors Stacey Mimoso and Jackie Roberts affectionately hug each other and reflect on their last days in high school. "I will never be able to meet so many people in one place that could be genuine friends," Stacey explained.





LETTER *from the* Editor

High school was never solely about learning how to read, write, and do arithmetic. It was about the memories and friendships that lasted a lifetime. It was about that someone that you got up and went to school for, about the great sense of accomplishment when you recieved that "A" you so rightly deserved, and more often, that feeling of dread on report card day. As we graduating seniors open a new chapter in our lives, daily adventures will often remind us of the days from when we were carefree freshmen entering a school with over 2,000 students, to when we shed our final tears over departing with not just a building, but the aura created by staff and students that was the heart and soul of Central. Our high school story happens just "Once in a Lifetime," but as long as the stories are passed on from generation to generation, the class of 2001 will forever live on.

Editor in Chief,

Anna Baboval

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13	

1.) Sarah Hobacia 2.) Nancy Lo 3.) Shira Simon 4.)Sergio Reyes 5.)Jessica Bass 6.)Melony Isaac 7.)Luis Saccamando 8.)Marcel Caron 9.)Aaron Abdelmaseh 10.)Liz Ouimette 11.)Craig Washington 12.)Andrea Ronghi 13.)Mike McCarthy

Train up A Child in the way he/she should go: and When he/she is old, he/she will Not depart From it Proverb 22.6

God shall wipe away all tears Revelation – 21.4

Thou shall see greater things – St. John 1.50,51.

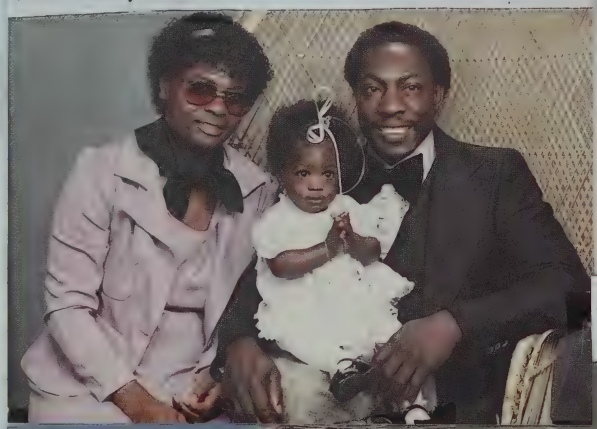
Fear thou Not For I am with thee – Isaiah.41.10
Fear Not little Flock – Luke.12.32

Chinary Baldwin

Chinary Baldwin

Congratulation baby we Knew you Could do it, For with God all things are Possible – St. Mark – 10.27 – Love Forever Daddy & mommy

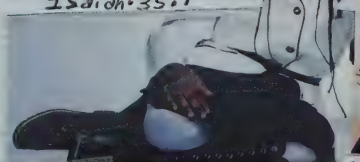
But thou, when thou Prayest – Matthew.6.5 to 13



ye are A chosen generation A royal priesthood... I. Peter.2.9

The desert shall rejoice, + blossom as the rose Isaiah.35.1

A good soldier of Jesus Christ. II. Timo.2.3



I will be glad + rejoice in the : Psalms.9.2

let Not your heart be troubled – St. John.14.1 to 4

Rejoice in the Lord o ye righteous: For Praise is comely for the upright... Psalms.33.1

For God loved the World that he gave his only begotten son, that whosoever believeth in him should Not perish, but have everlasting life... St. John.3.16

Emely Peña

CONGRATULATIONS!

Emely, you have always worked very hard and your dedication in all that you do has made us very proud of you. You're a wonderful daughter and may all your dreams come true.

Love,
Mom & Dad

Jonathan Frank Rueli

"The more you say, the less people remember, the fewer words, the greater the profit." (Fenelon)

I am proud that I put "effort" into being here almost everyday. I learned a lot from Ms. Fisher.

Ms. Garbin, you have been my best teacher.

Hey everybody, thanks.

Jessica Santiago

It was a long, tough road but you made it. Your dedication and hard work paid off. We are very proud of you. Best of luck in the future.

From Diapers to Diplomas

Love Always,
Mom, Angel, Jennifer, and Jayleen
Older sisters Brenda, Kathy and your brother Luis

Congratulations
Class of 2001!
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Mr. Gaughan
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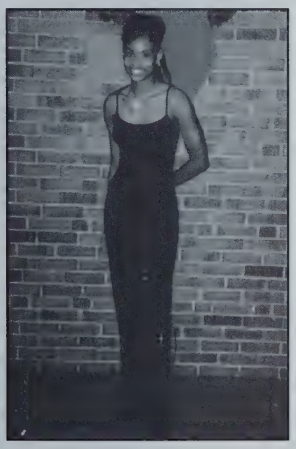
Nagilia Greaves

You are a mother's dream, as a baby you were a joy to behold.



We have always told you to reach for the stars and never settle for second best.

Love,
Mom and Dad

Susie,

We join in celebrating your achievements!

Love,
Mom, Dad,
Stephen, and
Alex

Neil B. Epstein, D.M.D.
Robert L. Matthews, D.M.D.
Pediatric Dentistry
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Springfield, MA 01103
(413) 737-2200

Congratulations class of 2001 from the staff at Shaker Bowl.

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Fax:413-525-0286

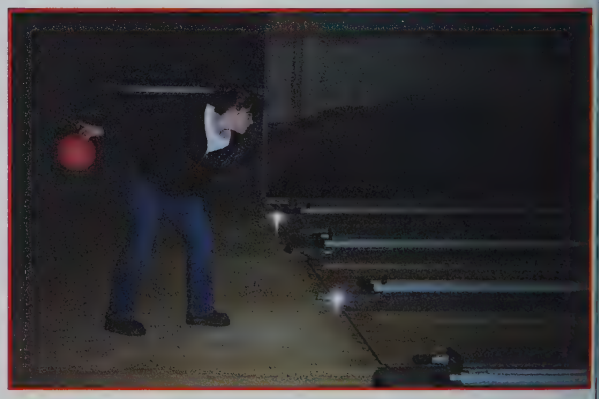
Nyia McLaurin

Nyia,

Congratulations on your graduation. We are all very proud of you as you finish this chapter of your life. We all stand behind you, as you take your first steps on the road to adulthood and success in your chosen career.

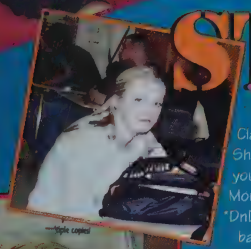
Our blessings go with you as you face new challenges and endeavors. Much love to you.

P.S. From your whole family, KNOCK EM OUT DA BOX GIRL!!!!!

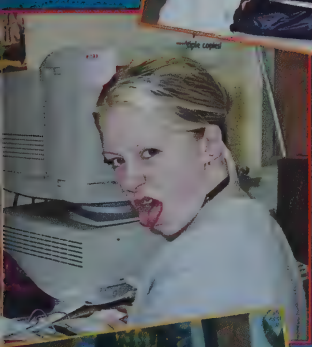


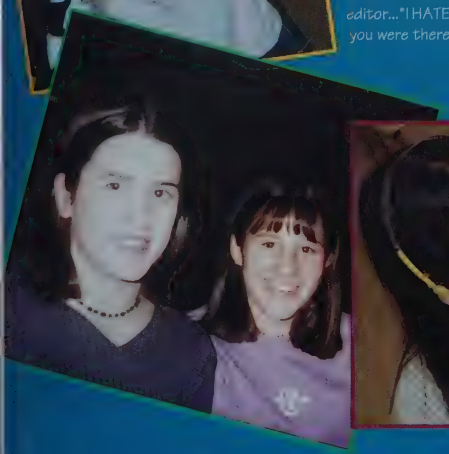
jostens
Matt Fenn
Jostens Representitive

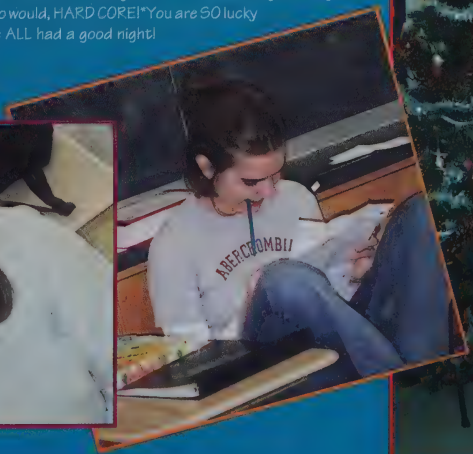
STAFF OF 2001

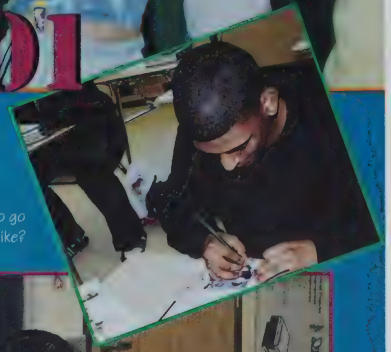


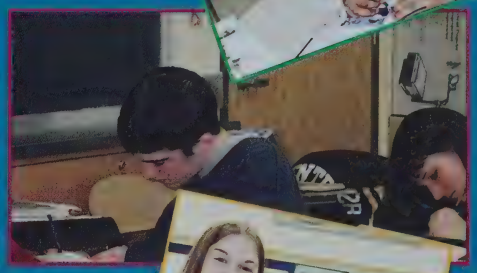
Class of 2001*Can I have a sip? No! P'lease, just one? I said Nooool*Way to step it up ShannPuppi*He's a mean one, Mr. Dinnie!*131 Water*Dan, how much do we have to pay you to eat a piece of chalk?*You guys those can goods are for the homeless!*Your Mom*SEXual Tension*Today is deadline lets go take pictures!*Yeah how'd that go? *DnD*7:25*Will you be my friend?*Yo baby nah-ahh!*When were those proofs supposed to go back?*I've lost my head!*It's a bear! Wait bears don't float!*Wait, what was he like? Paacchaaaaa!*I LIVE for Anderson!*You guys are out of control!*Mini Czar*You owe me $5,000*Dan, can I play with your present since you don't like it?*Nina, what happened with the film?*Highlite deletel*I can't believe you just fell down that hill and got up and sprinted to the car*Do you have a toothpick?*LIKE WHAT?*Shannon's canvas pattern!*Transocial Brush*Anderson...you are soooooo on the Sports Divider...NUDE!*I'm suing!*Oh...so sorry*Can I get you anything? Yeah Prozac*Why do I HATE his hair, Jean?!?*Why do I bother taking*Sarah is a top quality copy editor! USE HER!!*Why is the volleyball coach anti-social?*Julie can you do me the BIGGEST favor, the spring concert story. By the way, Matt Fenn is coming tomorrow!*Jen did you write that "story" yet?*Jaime and Anna have matching Jetboat! But the 3 hrs off!? HATE this class!*Nana do I have to kill you to get my pictures!*Why am I going to make my bed?*Jaime or Beaver?*Jaime I got bad word for you*HELLO*HEAT*No you can't know my dress WILL*These are my dress boots*The Yearbook Mission: The ALPHA Dog*Hey Susie keep it cool it's DUE!*Hi Amy I'm lying Matt Fenn is not walking in the door now!*Guy who's class is this?*They did WHAT to Spanish Class!?!?*Wait, what's it for? Sorry*Kimberlyanne I just want some ****Can can you crop this picture, then write the caption? I'm NOT on the staff!*Hey Nikki! I think you have something on your butt!*Eddie Yeager sings "Tank Kiss" in the Blue you Hot Team Jamboree!*Dreamtime Dinner!*attending What was I going to say? Well...NOTHING was an option!*I LOVE Rachel she does EVERYTHING!*I can't tell you who my Secret Santa is they're right here! What do you want? Will me that I know that Dougie has me!*Amber I'm not late!*Ostrich Mating Call*Megan, I'll tell her what's up!*Matt Fenn is what? SOOOO HOT!*You took my brother to Kelly's house? To do what?!?!*He sooo doesn't party!*Hey Tricia because you have a big mouth, I mean that in a good way...*Mike, can you crop this?*Amber will you braid my hair?*Pecked to death by ONE Pelican*Wrong going to the editor see ya!*We can find hands on the way down!*Wait, IT'S MY FAULT!*Don't bother running, you'll just die tired*Would you rather be killed by a crazy editor..."I HATE JUNIORS!*I would! I soooo would, HARD CORE!*You are SO lucky you were there Saturday night!*And we ALL had a good night!

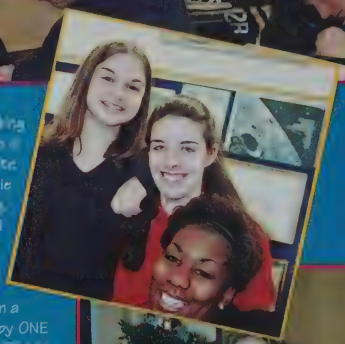












Latoya Monroe

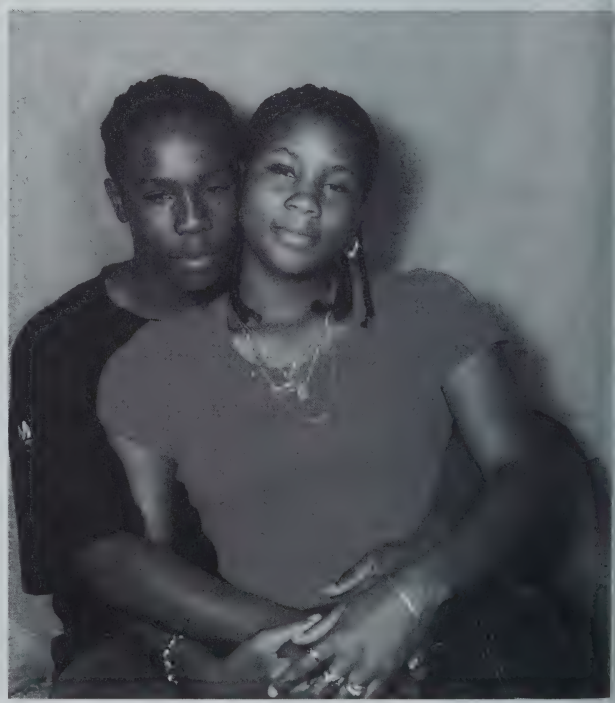
To my best friend, girlfriend, and the woman I love. Thanks for giving me the three best years of my life. Especially when nobody else was there. I enjoyed those years with you, and I pray that we can go on to enjoy many more years together. Congratulations on your success and remember that I will always love you.

Love,
Gregory Holmes
(boyfriend)

Latoya Faye Monroe

Congratulations to our beautiful daughter, sister, and friend. We are very proud of you and pray that you receive the best in everything you do. We love you and may God bless you.

Love,
Mom, Latonia, and Latasha



Congratulations

Caitlin Welz

Congatulations Caity! You've always made us proud!
Love,
Mom,Brendan, Dad and Annie

Best Wishes
From
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Liquors
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Street
Springfield

Congratulations Graduating Class of 2001

SOCCER

Jeff Constantinos
Joao Franco
Brian Moran
Geoff Ford
Tanner Glantz
Marco Maggi
Ralph Glaize
Mark Palantino

Shannon McKellick
Salwa Abdoo
Christina Huff
Ashley Collins
Jessica Santiago
Nichole Spiry
Elizabete Ferreria

Cammie Griffin

CONGRATULATIONS!

Cammie you are very special. Take pride in your gifts. Follow your dreams. God is blessing you.

Much love, your Mom

Our pride peaked as we watch you shine in life. We now simply glow as you achieve and go through life. Our hearts shout "Thats Our Cammie!!!"

The Family and Papa Slim

Sarah and Susie

Sweet Jesus*Okay God! Let me have it*Remember we went bowling and he fell, and then we went bowling again and he fell again*Flapping in the wind- For the Love of God-LET GO!!!!*Hi, I'm Constantinople, but you can call me Constantine* The invitation*"!!! what if he tries to talk to me"*Our guy- quite the guy he was*Sarah and the sunroof, it doesn't quite match up to the Revolutionary War Sar* Circle of Life, tear*The Lune*Stone Cold Stunner Susie Austin takes all (Womankind wasn't very happy)*Why do you build me up SUGAR PIE, or Buttercup*Shhh...there's a Rabbi*Umm the time Nate answered the door-YIKES!* The Russian in the Speedo*Holy Parabolas C-MAN*Can you get my pen?*Ohh, and we were going to make you queen of the Ice Parade. Really? No*So I guess it goes from God to Jerry to you to the cleaners*BARN ALERT*Hot Tamale*You could get addicted*Mr. Hot Dog*My Love*The Lune running us out of the house*Chester*When I woke up in the morning in the sky...*Situation: Kosovo*Automatic Orange*The Ling*Trolls*My father, God...*GIMME Taco Bell*Running around with Little Giants*The Nut*Jesus Christ Super Star*The waiter at the Chinese Restaurant*The Otis neighbors*The Geezers vs.The Whippersnappers*They had to break out the big ball and big bat*That sailing disaster*Where's the Roadrunner?*Monkey Man*Now let me prance around like a little girlie man*Hula Guy, superglued to the Aires* Wierd movies-Dr.T and Magnolia, what was up with those?*Rider Strong and Devon Salwa*S.O.P*Keds and D.A.R.E shirts*Late night dance contests*EMB-MY MAN*Poppa K singing in the car*The regular customer*"I'll have the chimmichanga"*All of the Simpson quotes*The broken window*Cough cough, clearing the throat*Heart and Soul and Charades early in the morning*"So then this one time...magic elves..."*France, the castastorphe under the Eiffel Tower*The Confrontation* AHHHHHH*What are you doing?*You can build me up Buttercup, ANYTIME* This is Ruff Dog and SarBear signing off...*

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the way you should go; I will counsel you
with my eye upon you."
PSALM 32:8

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Colebrook

Alicia Rose
Wallace

You are our pride and joy. We could not ask for a better daughter! May your future be happy, healthy, and prosperous. We love you!

Love,
Mom and Dad

Alicia Green
CONGRATULATIONS!

When I look at these pictures and look at you I realize just how much my baby girl has grown. God really smiled on me when he gave me a "Kookie." I am too proud!! You are everything a Mom could want in a daughter and I am so glad you are mine. I'll stand behind you forever.

Love,
Mommy

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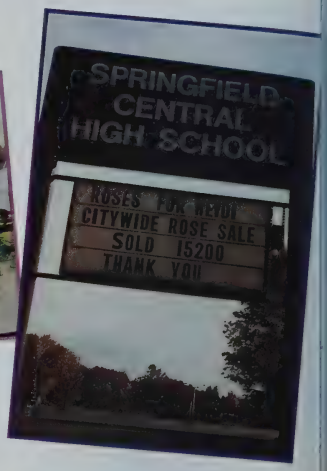

Congratulations Class of 2001

Congratulations!

Ahriel Burston

Ahriel,

Daughter, niece, cousin. We are very proud of you. God Bless and keep you in all that you do. We will always love and be here for you. Love, Mom, Aunty Pam, Uncle Orlando, Tony, Ot, Llz and Thalia

Ahriel the star that was handed to us with God's holy hand. May you reach out each day, hold tight to that hand that will guide you always. Have faith.

Love, Grandma

Ahriel, keep God close to your heart and may He richly bless you in all your endeavors. Through trials and tribulations we will always be there to comfort and hold you, to let you know we care.

Love always, Aunty, Uncle Tommy, Mica, T, and Tam

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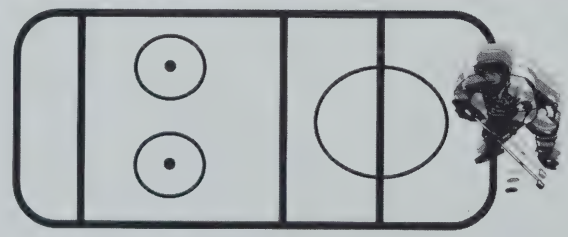

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CONGRATULATIONS
CLASS OF 2001

Ads 177

Shalonda M. Edwards

Congratulations!

Have fun at college because you can't come back home. Congratulations and remember, what doesn't kill you, only makes you stronger.

Love Always.
Mom & Dad

Congratulations to the yearbook staff
on a job well done!
Love,
Momma Dukes

Congratulations seniors from the
English Department

Congratulations to the Class of 2001 from the AFJROTC

Congratulations!

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Buena Suerte
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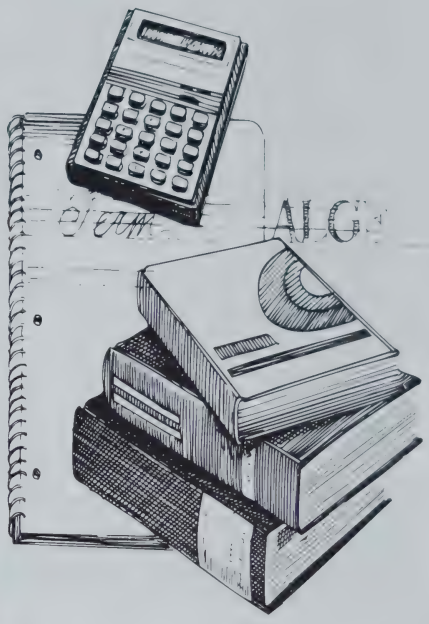
CONGRATULATIONS from the

Math Department



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Through out the many years we have spent together, there have been some memories that we would much rather forget, and then there were those, that everyday helps us to remember the many reasons we are the greatest of friends. Just to be the next to be with you (that whole era)* Heather* Socks (just a little bigger)* Richies's fashion and beauty tips* Our little fashion shoes* Hearing the little girl in the cemetery* Shaving cream and Ramon Noodles fight* Photo booth at Hampton Beach* Green floors of Central Academy* yes we are twins* Blueberry Hill* "Amy, stop vacuuming the Christmas tree!"* Hey bud* Olive Oil, Mimi* Goofy Ruthy* crash* * No seeds please, we want our money's worth* Amy's wack to Ruthie's head for no reason* Ruth's lines, lines, lines* falling on the invisible ice* Amy's adventure with drinking rusty water* wicked* "Well I am tired of writing to you, good-bye you non-hugging or even touching boyfriend until 4 months, right?* Club Bounce"* Kid following Ruth, ALL NIGHT* Amy's a hypocrite* My god Amy, get with James already* the lamp* *That's not sarcasm** The attic and our "bud"* A bottle of Bcrcardi* Broken shot glass + Amy's pinkie* Breast and Abercrombie* "We're not drunk I swear"* Laser butts* "Ahh, the 40 year old wants Amy!!"* Amy's red tank-top* "Who's got the hooch"* "Ice, ice, baby"* Amy's smelly feet* Rui* Yah think* "boombastic"* Live* Flaming buca* buca, buca, buca* Upside down Corona bottle* Ruthy's flaming hair do* Glenwood, the place to be* Ruthy's chin on the curb* Our famous movies, staring Marcos* "Look out for the grapes!!"* The egg on Ruthy's head* Pitt parties* Duddd Dh (skiing)* Don't break my shirt* Sorry what?* "A lot of people forget their kites"* My stomach hurts* Gram crackers -N- milk* can't call your own rummy* I can't feel my legs* I thought she was a bug* Dave's comfy shoe* Sex, five times a day* Pull the rip cord* Ruth, hold your glasses* dip* the room is spinning* I think I have a concussion* I think we should wear helmets* getting off the chair lift* I'm not going down that!* Kev's wrong hole* say what?* Top, bottom, or sides* nipples* I can tell (pop)* OH, Kev!!* Dad's bananas to get Kev's banana* Moholes* Marcos the headless jogger* dance recitals on Amy's back porch* that why I love you. For days gone by and many more to come.

Nicole Craddock

Nicole

To my first born
Who one day soon will be torn
From beneath my wing, but not my heart
To make a new start
In a world so new
To become a whole different you.

I am sure
That you will endure
Whatever the Lord has in store
Behind you life's door.

I have always been so proud of you
Accomplishing whatever you set out to do.

I know that God is in your soul
And through his strength you'll achieve your goal
And the world will see
That Nicole has become all that she can be.

I love you
And God Bless

Mom

Congratulations!

Teneille Chofooklun

Congratulations Teneille. You've finally made it. I still can't believe you are grown up. Remember, when your life lies before you, mistakes will be made, but you have to learn from them. Be independent and reach for your goals. Anything you set your heart on, you can achieve it, just never stop dreaming. Always put God first, ask him to guide you through your life, and he will always be there for you. We love you and we are very proud of you.

Love Always,
Mom, Dad, Granny,
Jay, & Brandon

Congratulations!

Brendan James Kavanagh

May God bless and keep you always, may your wishes all come true.
May you always do for others and let others do for you.
May you build a ladder to the stars and climb on every rung.
May you stay forever young.

May you grow up to be righteous, may you grow to be true.
May you always know the truth and see the light surrounding you.
May you always be courageous, stand upright and be strong.
May you stay forever young.

May your hands always be busy, may your feet always be swift.
May you have a strong foundation when the winds are changing
shift.
May your heart always be joyful, may your song always be sung.
May you stay forever young. (Bob Dylan)

Love,
Mom

"We never know how high we are till we are called to rise; and then, if we are true to plan our statures touch the skies."

-Emily Dickinson

Anna,

High school graduation closes one door behind you, and deposits you on the threshold of a new and exciting one. Know that we will always be there for you with love and guidance. Congratulations!

Love,
Mom, Grammie, David,
Ben & Aaron

c o n g r a t u l a t i o n s !

JULIE MATHIS

We are so proud of you. You have turned into a beautiful , talented young woman. Keep following your dreams and reach for the stars.
Congratulations!
Love,
Mom, Dad and Ben

Melanie Armstong
CONGRATULATIONS!

It hardly seems real, you're graduating! From the moment you arrived in this world, you have given us countless happy memories which we will never forget. You have grown into a beautiful woman, inside and out and we are VERY proud of you. As you go onto college and your future, take with you our love and support.

All our Love,
Mom and Dad

Congratulations Rookie

When I think of all the time we spent together, it is hard to think of just one thing. Many come to mind like, lobbing Sambuca over fence * night at the dam * holding mitch * Van Horn * Diary and poems * killdeer * Sniffy & Snuffy * night cruisin' in the rex * getting along at the wedding * Jackie Chan has nothing on angles * Robinhood * broken NSYNC cd * Churchill T-shirt * the pillow * I have a playstation and you don't * 3 am * Billabong * Hampton Beach * Symphony Hall * bridge jumping * dirt trails * grassy fields/wine * Pride gas station * telling my cousin I'm hot * humping elephants * the wooden castle * wonderwall * Far & A way * phone conversation with mom from jail * and Aberbella. I have fond memories of the past and I plan on having even better memories of the future. Good luck in the future in achieving your goals.

Love Always, James

Shannon M.McKellick
CONGRATULATIONS!

SHE'S THE BABY, GOTTA LOVE HER!

MOM& DAD

Kim Curran

Congratulations Kim!
We are so proud of all that you have accomplished and of the beautiful, caring young woman you've grown up to be.
We wish you sucess and happiness in the jouney of life that's yet to come.
We love you & God bless.
Mom & Dad

Elizabeth Ouimette

Words cannot express the feelings we have towards you. We are so proud of you. Now it is time to spread your wings and fly. But always know where home is, and where to find the ones who will always love you.
Love You,
Mom, Dad, & Matt

Nicole Perkins
CONGRATULATIONS!

Bit of Heaven was sent one day. A little bit so special, she took our breath away. That little bit's grown up now, a star in her own right. Our little bit of Heaven, a bright and shinning light.
Love,
Mom, Dad Jason, Kamah, Mark, and Melissa

Jessica Bobrowski

Congratulations!

The years have flown by, but you still have that same determination. We're so proud of you, and know that as long as you continue on life's road, that steadfastness will see you through.
Love Always,
Dad & Linda

Congratulations!

Shamika and Alana Murray

From the first time I saw your beautiful tiny faces, I was proud of you. Always will be. Remember you can reach the stars. The future is yours!!
Love, Mom

Kiana M. Harris

To accomplish great things we must not only act, but also dream, not only plan, but also believe. -Anatole France

Be what you are and become what you are capable of becoming.
-Robert Louis Stevenson

Love Always, Mommy

Congratulations!

Lenny Underwood

"Train up my child in the way he should go: and when he is old, he will not depart from it." (Proverb 22:6)
My Lenny, look how much you have grown! It seems like a short time ago you were that friendly, beautiful baby in my arms. Now, I watch you enter manhood with poise and intellect, ready for success that awaits you.
We are very proud of you Lenny!
Love Always, Mommy, Carla, Lynette, and Grammy

Lee-Ann Daigneault

Lee-Ann,
Congratulations! We are very proud of you, and we love you!!

Love,
Dad, Mom, and
Michael

Adrianne Elise Crossfield

Congratulations Adrianne! Our first born. We have watched you grow from our previous baby into a beautiful young lady. Keep God at the center of your life and everything else will fall into place.

Love, Mom & Dad

Shannon & Stephanie

Best friends we've been for 8 years,
Happy thoughts, memories, when each other is near.
You've been there, listened, and understood,
Especially when nothing in the world was going good.
Nothing comes between us, nothing ever will,
Unlike most, our friendship always conquers the chill.
We've gone through the fights, and seen it all,
But it never got between us we overcame the falls.
You're my forever best friend, that will never change,
Forever and ever no matter what age.

Sarah Klenakis

Sarah,

You have spent the past twelve years working, striving, and excelling and we are all very proud of you. May all your dreams come true!

Love, Mom, Dad, Chrissy, and Memere.

Jessica Rivers

We've watched you grow from an adorable little girl to a lovely young lady. As you embark on your next journey always remember that we love you and are so proud of who you have become.

Love,
Mom, Dad, and Jason

Congatulations!

Alicia Wallace Class President

Our sister, granddaughter, cousin..

Best wishes for a happy, healthy, and prosperous future. You are the best! We love you!

Ma and Gan	Amia	Tony
Grandma	Shelley	Mishan
Maya	Shante	Akil
Keesha	Melissa	Chade

"Come to the cliff," she said.
They said, "We are afraid."
"Come to the edge," she said.
They came.
She pushed them.
And they flew.
-Old French Poem
Do your best,
Dr. Maryann Jennings

Nicole Marotte

Congratulations to our smart, talented, funny, beautiful, and savvy daughter. You make us proud.
Love,
Mom & Dad

Jim Hutchinson

Congratulations!!!
You've made us very proud!
Don't ever loose that smile!

Love,
Mom, Dad, Rick & Kevin

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Liz N' Di
Best Buds Forever

It has been great. I hope we stay close as we go on in our future plans. Thanks for all the memories. Good Luck. I wish you crazy success.

Love always and forever, Your best bud **Liz**

Jayson M. Sanchez

As you begin a new chapter in your life, remember that we love you very much and that we are very proud of what you've accomplished so far. You've been a wonderful son. Remember that we will always be there for you. We wish you the very best in your upcoming future. God Bless You.

Love always, Mom, Dad, Misael, Jenny, and Vilmare

Jessica and Nick

Jess,
I am so glad that I met you,because you mean everything to me. I know that you will never forget that. Love is all that matters. We will always be together.
Love, Nick

Nick,
Through thick and thin we have always been there for each other, and I hope that never changes. Thanks for always being there for me. Beaker-n- Fb .
Love, Jess

My Best Friend

Thank you for always being there. It means the world to me.

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Nisheka Rucker - Takeysha Guadeloupe

It all began sophomore year from good times to bad.
I've got your back and you've got mine.
We will always be bestfriends when one was in trouble who was by their side.
When people got jealous the stakes were high.
But through all this one thing remains
We will always be bestfriends until we die.

Niki (La-La)

Takeysha (Po)

Keyowma Wilson

Congratulations Princess!
Love,
Mom and Wayne

Vanessa Aviles

The moment I saw you I realized the Lord had blessed you with the ability to set goals and finish them. This is one of many and GOD knows I'm proud of you. Whatever your choices may be for the future, don't ever settle for less, knowing that you deserve the best.
Congratulations!
Love Always,
Angel

Melony Olayinka Isaac

It brings us, her parents, such comfort and renewal of spirit to look at our daughter and see a young lady who is a caring, dedicated, dependable, responsible, trustworthy, witty, and sensitive to others.
She is at ease with herself and will be able to utilize her gifts to fulfil her purpose in life. We wish you all the best.
Congratualtions!
~Sam and Lorna Isaac~

Ahriel Bursten & Nicole Craddock

Best Friends Forever

Dear Ahriel,
A friend cannot be defined by mere words or simple terms
It is not a person's backround, but whether they have your backround or not
It is not measured in their achievements or success but it's their understanding and caring that makes them
the "best"
Thank you for being the best friend I've ever known.
Love,
Nicole

Dear Nicole,
Best Friend of mine
Your laugh mine
Your tears mine
Cartrapletes, true blue
We'll always be unmatched
This duo, me and you
Love Your Best Friend,
Ahriel

Congratulations!

Michelle Brown

Michelle,

Follow your dreams and be the best you can be. We love you. You make us proud.

Love,
Mom, Dad, Adrienne, Bill, Grandma, & Grandpa

Congratulations
Class of 2001!

Congratulations!

Nicole Marotte

"Nick,"

Hello my sis, congratulations to you. I'm very proud of you, and can't wait to live it up in the college life with you! Mmmm, I can almost taste those Ramen Noodles now!

Love,
Adam

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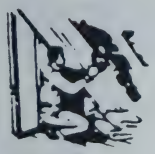

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Congratulations Seniors!
Good luck in the Future!
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